

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
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**Flugfiskar Akurskóla**

Alexander Ivan Róbertsson	15/03/2009		150309-2120			
50 Freestyle		7	54.36 143% PB	100 Freestyle	31	2:02.82 150% PB

**Framtíðarhópur**

Daði Rafn Falsson	10/09/2008		100908-4090			
50 Freestyle			36.98 92%	100 Breaststroke		1:41.99 94%
100 Freestyle	3		1:16.64 106% PB	200 Breaststroke	2	3:29.17 116% PB
50 Backstroke			46.77 91%	50 Butterfly		45.57 94%
100 Backstroke			1:36.48 96%	50 Butterfly		45.08 96%
200 Backstroke	2		3:12.83 97%	100 Butterfly	6	1:38.62 134% PB
50 Breaststroke			48.29 92%	200 Medley	5	3:08.34 98%

Denas Kazulis	13/01/2008		130108-2880			
50 Freestyle			32.88 94%	200 Breaststroke	1	3:20.90 108% PB
100 Freestyle	2		1:09.86 114% PB	50 Butterfly		43.26 87%
50 Backstroke			43.92 81%	50 Butterfly		42.23 91%
100 Backstroke			1:29.62 91%	100 Butterfly	3	1:31.57 102% PB
200 Backstroke	1		2:57.92 97%	100 Medley	1	1:23.83 101% PB
50 Breaststroke			46.70 96%	200 Medley	3	2:58.26 100% PB
100 Breaststroke			1:38.23 101% PB			

Bjarni Ívar Ragnarsson	13/05/2008		130508-2350			
50 Freestyle			36.85 96%	50 Butterfly		45.28 84%
100 Freestyle	4		1:16.75 101% PB	50 Butterfly		43.15 93%
50 Backstroke			43.11 96%	100 Butterfly	4	1:34.43 113% PB
100 Backstroke	3		1:27.90 107% PB	100 Medley	2	1:30.13 100% PB
50 Breaststroke			49.25 98%	200 Medley	4	3:07.66 105% PB
100 Breaststroke	2		1:44.12 103% PB			

**Sverðfiskar Akurskóla**

Fannberg Einar Þórarinnsson	22/01/2010		220110-2140			
50 Freestyle			1:22.90 91%	50 Breaststroke		1:45.82 PB
50 Freestyle	12		1:17.03 105% PB	50 Breaststroke	7	1:40.26 PB
100 Freestyle	37		2:56.80 120% PB	100 Breaststroke	23	3:29.83 PB

**Sprettfiskar Heiðarskóla**

Aron Óðinn Björnsson	06/11/2011		061111-2550			
50 Freestyle		17	1:35.95 PB			

Einar Steinn Einarsson	09/05/2012		090512-3740			
50 Freestyle		14	1:24.90 PB			

Julian Jarnutowski	01/04/2010		010410-2820			
50 Freestyle			1:05.36 123% PB	100 Freestyle	35	2:25.13 PB
50 Freestyle	10		1:01.02 141% PB	50 Backstroke	5	1:01.61 PB

Darius Cosmin Sgubea	07/05/2009		070509-4580			
50 Freestyle		11	1:08.47 144% PB	50 Backstroke	9	1:16.24 175% PB

## Flugfiskar Heiðarskóla

Víktor Bergmann Arnarsson	11/05/2010	110510-4540					
50 Freestyle		1:01.22	89%	50 Breaststroke	6	1:21.08	PB
100 Freestyle	32	2:14.53	PB	100 Breaststroke	22	3:01.25	PB
Svavar Þór Guðbjörnsson	15/01/2008	150108-3060					
50 Freestyle		1:13.90	153% PB	50 Backstroke		1:25.15	82%
100 Freestyle	36	2:42.66	PB	100 Backstroke	25	3:00.75	PB

## Háhyrningar

Arnar Milos Arnbjörnsson	26/01/2008	260108-2390					
50 Freestyle		38.04	93%	50 Breaststroke		53.85	98%
100 Freestyle	7	1:20.71	103% PB	100 Breaststroke		1:55.28	95%
50 Backstroke		47.41	90%	200 Breaststroke	9	4:01.04	138% PB
100 Backstroke		1:40.20	107% PB	100 Medley	3	1:39.24	99%
200 Backstroke	3	3:24.03	109% PB				
Gabriel Ingi Derti	23/11/2008	231108-3860					
50 Freestyle		39.07	101% PB	50 Butterfly		50.18	82%
200 Freestyle	5	3:15.61	94%	50 Butterfly		48.64	87%
200 Backstroke	5	3:47.95	107% PB	100 Butterfly	9	1:46.64	113% PB
50 Breaststroke		54.41	97%	100 Medley	4	1:41.14	98%
100 Breaststroke	8	1:54.75	98%	200 Medley	9	3:38.50	106% PB
Bergur Snær Einarsson	29/12/2008	291208-2230					
50 Freestyle		47.39	109% PB	200 Backstroke	7	3:52.90	110% PB
50 Freestyle		47.58	108% PB	50 Breaststroke		1:07.28	95%
100 Freestyle		1:41.62	108% PB	100 Breaststroke		2:17.66	100%
100 Freestyle	26	1:41.11	109% PB	200 Breaststroke	10	4:38.87	145% PB
200 Freestyle	8	3:30.03	108% PB	100 Medley	13	2:01.27	97%
50 Backstroke		57.24	98%	200 Medley	14	4:04.00	108% PB
100 Backstroke		1:57.00	105% PB				
Elmar Hrafn Gestsson	25/09/2008	250908-2290					
50 Freestyle		47.46	82%	100 Breaststroke		1:52.99	104% PB
50 Freestyle		42.73	102% PB	100 Breaststroke	5	1:51.20	108% PB
100 Freestyle		1:39.53	103% PB	200 Breaststroke	6	3:46.70	117% PB
100 Freestyle	16	1:32.91	118% PB	50 Butterfly		59.28	92%
200 Freestyle	6	3:19.25	118% PB	100 Medley	10	1:50.10	96%
50 Breaststroke		55.94	96%	200 Medley	13	3:50.30	115% PB
50 Breaststroke		54.46	102% PB				
Nikolai Leo Jónsson	22/07/2008	220708-3730					
50 Freestyle		41.05	109% PB	200 Breaststroke	8	3:55.99	183% PB
100 Freestyle	12	1:27.82	123% PB	50 Butterfly		53.50	96%
50 Backstroke		50.73	112% PB	100 Butterfly	12	1:51.37	PB
100 Backstroke	6	1:40.43	133% PB	100 Medley	7	1:43.84	105% PB
50 Breaststroke		54.34	98%	200 Medley	10	3:38.65	112% PB
100 Breaststroke		1:56.05	93%				
Árni Þór Pálmason	06/04/2009	060409-3150					
50 Freestyle		42.91	108% PB	100 Backstroke		1:43.67	118% PB
50 Freestyle	1	39.97	124% PB	200 Backstroke	4	3:30.78	126% PB
100 Freestyle		1:33.36	103% PB	50 Breaststroke	1	55.75	106% PB
200 Freestyle	4	3:15.49	100% PB	100 Medley	1	1:43.53	106% PB
50 Backstroke		50.33	104% PB				

## Sverðfiskar Vatnaveröld

Helgi Matthías Guðjónsson	25/09/2008	2509083770					
50 Freestyle		47.88	124% PB	100 Breaststroke		2:21.07	100% PB
100 Freestyle		1:46.26	120% PB	100 Breaststroke	17	2:18.42	104% PB
100 Freestyle	25	1:39.87	136% PB	200 Breaststroke	11	4:47.49	PB
200 Freestyle	11	3:45.04	122% PB	50 Butterfly		1:04.53	PB
50 Breaststroke		1:09.02	94%	100 Medley	12	1:59.15	PB
50 Breaststroke		1:06.51	101% PB	200 Medley	17	4:15.49	PB

Aron Logi Halldórsson		20/04/2010	200410-3510					
50 Freestyle			45.19	106% PB	100 Backstroke	18	1:57.68	126% PB
100 Freestyle	17	1:36.03	125% PB		50 Breaststroke	2	1:00.36	99%
50 Backstroke		57.82	97%		50 Butterfly	4	57.61	116% PB
50 Backstroke	1	55.14	106% PB		100 Medley	4	1:58.15	105% PB

  

Kacper Paulukanis		09/11/2008	091108-2320					
50 Freestyle			46.43	110% PB	100 Backstroke	19	2:02.98	91%
50 Freestyle			43.85	123% PB	50 Butterfly		1:01.07	PB
100 Freestyle	19	1:36.97	130% PB		100 Medley	11	1:57.32	PB
200 Freestyle	7	3:29.19	150% PB		200 Medley	15	4:05.37	PB
50 Backstroke		59.73	73%					

### Sprettfiskar Njarðvíkurskóla

Aron Logi Guðlaugsson		01/03/2010	010310-2960					
50 Freestyle			1:55.16	82%	100 Freestyle	38	3:47.28	82%
50 Freestyle	15	1:28.74	139% PB					

Jón Fannar Haraldsson		06/09/2010	060910-2780					
50 Freestyle	13	1:18.62	125% PB					

4 x 50 Freestyle	:	Bergur Snær Einarsson	08	Nikolai Leo Jónsson	08	2	2:53.42		
		Elmar Hrafn Gestsson	08	Gabriel Ingi Derti	08				
4 x 50 Freestyle	:	Bjarni Ívar Ragnarsson	08	Denas Kazulis	08	1	2:23.81		
		Daði Rafn Falsson	08	Arnar Milos Arnbjörnsson	08				
		Árni Þór Pálmason	09	Julian Jarnutowski	10			2	3:34.09
		Viktor Bergmann Arnarsson	10	Aron Logi Halldórsson	10				
4 x 50 Medley	:	Bergur Snær Einarsson	08	Nikolai Leo Jónsson	08	4	3:12.48		
		Elmar Hrafn Gestsson	08	Gabriel Ingi Derti	08				
4 x 50 Medley	:	Bjarni Ívar Ragnarsson	08	Denas Kazulis	08	2	2:43.59		
		Daði Rafn Falsson	08	Arnar Milos Arnbjörnsson	08				
		Julian Jarnutowski	10	Árni Þór Pálmason	09			2	3:44.25
		Aron Logi Halldórsson	10	Viktor Bergmann Arnarsson	10				

Total 158 individual results, average performance: 106.3%

0 new record(s), 105 new personal best(s)

Biggest improvement: Nikolai Leo Jónsson, 200 Breaststroke 3:55.99

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
<b>Flugfiskar Akurskóla</b>						
Freyja Líf Árnadóttir	03/05/2012	030512-2510				
50 Freestyle	33	1:19.63	119% PB	50 Backstroke	22	1:18.13 202% PB
Hera Björg Árnadóttir	03/11/2010	031101-3000				
50 Freestyle		1:07.38	130% PB	50 Backstroke	20	1:13.14 118% PB
50 Freestyle	22	1:05.89	136% PB	50 Breaststroke		1:25.72 142% PB
100 Freestyle	37	2:22.00	152% PB	100 Breaststroke	37	2:55.74 PB
Alexandra Dís Gunnarsdóttir	28/01/2011	280111-2360				
50 Backstroke	24	1:18.66	112% PB	50 Breaststroke	16	1:33.22 216% PB
<b>Framtíðarhópur</b>						
Sunneva Bergmann Ásbjörnsdóttir	13/01/2007	130107-3030				
50 Freestyle		35.99	108% PB	100 Breaststroke	2	1:36.63 112% PB
100 Freestyle	4	1:14.90	109% PB	50 Butterfly		43.94 106% PB
50 Backstroke		44.80	93%	100 Medley	7	1:29.52 99%
100 Backstroke	5	1:29.28	112% PB	200 Medley	7	3:06.50 104% PB
50 Breaststroke		46.58	106% PB			
Katla María Brynjarsdóttir	15/04/2007	150407-2650				
50 Freestyle		33.29	107% PB	100 Breaststroke	5	1:40.78 108% PB
100 Freestyle	1	1:10.26	107% PB	50 Butterfly		40.08 102% PB
50 Backstroke		38.60	98%	50 Butterfly		38.96 108% PB
100 Backstroke		1:19.86	99%	100 Butterfly	2	1:25.40 119% PB
200 Backstroke	1	2:42.34	109% PB	200 Medley	1	2:54.43 102% PB
50 Breaststroke		47.01	107% PB			
Natalía Dögg Brynjarsdóttir	13/12/2007	131207-3280				
50 Freestyle		36.58	105% PB	100 Breaststroke	7	1:45.69 94%
100 Freestyle	7	1:15.85	109% PB	50 Butterfly		41.52 100% PB
50 Backstroke		42.94	104% PB	50 Butterfly		42.48 96%
100 Backstroke		1:27.78	105% PB	100 Butterfly	3	1:28.43 114% PB
200 Backstroke	2	2:54.88	113% PB	200 Medley	4	3:01.96 105% PB
50 Breaststroke		51.64	89%			
Rebekka Rós Magnadóttir	26/05/2007	260507-2650				
50 Freestyle		35.43	103% PB	50 Butterfly		41.50 95%
100 Freestyle		1:14.84	108% PB	100 Butterfly		1:31.08 110% PB
200 Freestyle	2	2:35.26	108% PB	200 Butterfly	2	3:12.00 PB
50 Breaststroke		51.19	105% PB	100 Medley	4	1:26.37 119% PB
100 Breaststroke	8	1:45.94	134% PB			
Jana Guðlaug Ómarsdóttir	04/08/2007	040807-2760				
50 Freestyle		36.62	110% PB	50 Butterfly		48.26 97%
100 Freestyle	13	1:20.00	104% PB	50 Butterfly		46.37 106% PB
50 Backstroke		45.92	83%	100 Butterfly	9	1:43.36 PB
100 Backstroke	8	1:35.02	93%	100 Medley	11	1:39.26 91%
50 Breaststroke		50.29	100% PB	200 Medley	8	3:17.94 109% PB
100 Breaststroke	12	1:47.45	103% PB			
Athena Líf Þrastardóttir	24/07/2007	240707-2410				
50 Freestyle		35.14	93%	100 Breaststroke	3	1:36.87 106% PB
100 Freestyle		1:13.53	92%	50 Butterfly		39.78 88%
200 Freestyle	1	2:32.44	104% PB	100 Butterfly		1:27.03 92%
50 Backstroke		38.14	100%	200 Butterfly	1	3:04.09 119% PB
100 Backstroke	1	1:17.40	107% PB	100 Medley	2	1:21.58 105% PB
50 Breaststroke		46.31	102% PB			
Fjóla Margrét Viðarsdóttir	16/01/2007	160107-3910				
50 Freestyle		35.65	108% PB	50 Butterfly		43.05 109% PB
100 Freestyle	5	1:15.03	109% PB	50 Butterfly		43.96 104% PB
50 Backstroke		40.91	98%	100 Butterfly	7	1:35.52 103% PB
100 Backstroke	3	1:24.37	107% PB	100 Medley	9	1:31.80 95%
50 Breaststroke		50.93	101% PB	200 Medley	5	3:03.76 105% PB
100 Breaststroke	9	1:46.03	104% PB			

### Sprettfiskar Akurskóla

Íris Freyja Atladóttir	12/09/2013	120913-2200
50 Backstroke	25	1:25.24 PB

### Sverðfiskar Akurskóla

Eydís Jóhannesdóttir	12/04/2011	120411-3490			
50 Freestyle		1:11.52 113% PB	50 Breaststroke		1:13.81 100%
50 Freestyle	26	1:09.64 119% PB	50 Breaststroke	12	1:15.04 96%
100 Freestyle	39	2:30.17 PB	100 Breaststroke	33	2:31.07 100%
50 Backstroke	19	1:13.07 111% PB	100 Medley	15	2:44.67 85%

### Sprettfiskar Heiðarskóla

Elija Apanskaite	23/04/2009	230409-2500			
50 Freestyle		59.04 128% PB	50 Backstroke	15	1:05.78 92%
50 Freestyle	14	56.38 140% PB	100 Medley	14	2:31.97 PB
100 Freestyle	36	2:15.42 161% PB			

### Flugfiskar Heiðarskóla

Sylvía Rún Tryggvadóttir	15/08/2009	150809-2310			
50 Freestyle		1:06.87 114% PB	50 Breaststroke		1:08.70 95%
50 Freestyle	17	1:01.72 133% PB	50 Breaststroke	7	1:09.03 94%
100 Freestyle	38	2:26.64 157% PB	100 Breaststroke	31	2:25.73 PB
50 Backstroke	12	1:03.85 125% PB	100 Medley	13	2:28.88 99%

### Háhyrningar

Elísabet Arnoddsdóttir	12/02/2009	120209-2990			
50 Freestyle		40.50 99%	100 Backstroke		1:33.82 124% PB
50 Freestyle	1	38.54 109% PB	200 Backstroke	4	3:15.57 122% PB
100 Freestyle		1:30.24 105% PB	50 Breaststroke	1	54.63 105% PB
200 Freestyle	5	3:07.27 110% PB	50 Butterfly		46.81 99%
50 Backstroke	1	44.09 117% PB	100 Butterfly	10	1:48.28 PB

Freydís Lilja Bergþórsdóttir	30/07/2009	300709-2140			
50 Freestyle	2	40.13 111% PB	50 Butterfly		49.72 108% PB
50 Backstroke	2	45.83 102% PB	50 Butterfly	1	47.39 119% PB
50 Breaststroke	2	57.50 104% PB	200 Medley	12	3:25.84 113% PB

Adriana Agnes Derti	26/09/2010	260910-3370			
50 Freestyle	3	42.19 105% PB	50 Breaststroke	3	1:00.51 107% PB
50 Backstroke		52.35 98%	50 Butterfly	2	50.97 102% PB
50 Backstroke	3	53.14 95%	100 Medley	1	1:46.64 113% PB
100 Backstroke	17	1:46.99 116% PB			

Ástrós Lovísa Hauksdóttir	07/10/2008	071008-2230			
50 Freestyle		40.41 114% PB	200 Backstroke	5	3:21.26 140% PB
100 Freestyle		1:29.51 116% PB	50 Breaststroke		59.31 103% PB
200 Freestyle	8	3:09.51 116% PB	100 Breaststroke	24	2:04.05 107% PB
50 Backstroke		46.38 116% PB	50 Butterfly		50.13 97%
100 Backstroke		1:39.28 118% PB	200 Medley	19	3:35.83 108% PB

Gabija Marija Savickaitė	21/05/2008	210508-3250			
50 Freestyle		42.61 109% PB	50 Breaststroke		49.89 109% PB
50 Freestyle	1	40.53 121% PB	50 Breaststroke	1	50.45 107% PB
100 Freestyle		1:33.85 106% PB	100 Breaststroke		2:42.37 47%
200 Freestyle	9	3:18.00 113% PB	200 Breaststroke	4	3:39.39 PB
50 Backstroke		52.29 99%	50 Butterfly		52.01 117% PB
100 Backstroke		1:50.16 132% PB	200 Medley	18	3:35.24 120% PB
200 Backstroke	7	3:44.97 136% PB			

### Sverðfiskar Vatnaveröld

Sandra Mjöll Brynjarsdóttir	28/12/2010	281210-2540						
50 Freestyle	15	57.12	122% PB	50 Breaststroke	13	1:16.40	131% PB	
50 Backstroke	10	1:02.44	176% PB	100 Breaststroke	36	2:40.82	134% PB	
50 Breaststroke		1:17.78	126% PB	50 Butterfly	8	1:15.69		PB
Steinunn Jónína Jónsdóttir	17/07/2009	170709-4030						
50 Freestyle		57.38	98%	50 Backstroke	11	1:03.03	100%	
50 Freestyle	10	53.84	112% PB	50 Breaststroke	14	1:19.97	119% PB	
100 Freestyle	33	2:02.37	116% PB	100 Medley	10	2:20.84	83%	
Þorgerður Tinna Kristinsdóttir	18/03/2009	180309-3650						
50 Freestyle	13	55.28	109% PB	100 Backstroke	30	2:11.41	94%	
50 Backstroke		1:03.93	89%	50 Breaststroke	8	1:09.61	103% PB	
50 Backstroke	9	1:02.07	95%	100 Medley	12	2:21.62	90%	
Nada Medaquine	22/05/2008	220508-4710						
50 Freestyle		54.84	123% PB	100 Backstroke	29	2:09.83	126% PB	
50 Freestyle	3	1:02.21	96%	50 Breaststroke		59.86	134% PB	
100 Freestyle	34	2:03.63	129% PB	50 Breaststroke	2	58.28	142% PB	
50 Backstroke		1:02.01	123% PB	100 Breaststroke	26	2:08.06	120% PB	
Greta Björg Rafnsdóttir	13/12/2010	131210-2800						
50 Freestyle		56.26	85%	50 Breaststroke	9	1:09.62		PB
50 Freestyle	5	48.27	115% PB	100 Breaststroke	34	2:32.17	150% PB	
100 Freestyle	30	1:56.62	119% PB	100 Medley	5	2:01.52	135% PB	
50 Breaststroke		1:13.78						PB

### Sprettfiskar Njarðvíkurskóla

Sigríður Þóra Gabrielsdóttir	28/11/2010	281110-2680						
50 Freestyle	25	1:08.03	127% PB	50 Backstroke	13	1:04.34		PB
100 Freestyle	40	2:33.53						PB
Hanna Steinunn Guðnadóttir	02/03/2011	020311-3120						
50 Freestyle	35	1:26.01	145% PB	50 Backstroke	28	1:33.00		PB
Erika Diljá Hafsteinsdóttir	11/06/2011	110611-3070						
50 Freestyle	36	1:34.51						PB
Elísabet Fjóra Sveinsdóttir	17/11/2010	171110-2540						
50 Freestyle	31	1:18.21		50 Backstroke	23	1:18.40		PB
Julia Maja Walczak	12/07/2011	120711-2100						
50 Freestyle	28	1:15.31	128% PB	50 Backstroke	21	1:13.46	150% PB	
4 x 50 Freestyle	:	Fjóra Margrét Viðarsdóttir	07	Natalía Dögg Brynjarsdóttir	07	3	2:28.40	
		Jana Guðlaug Ómarsdóttir	07	Ástrós Lovísa Hauksdóttir	08			
4 x 50 Freestyle	:	Katla María Brynjarsdóttir	07	Athena Líf Þrastardóttir	07	1	2:15.96	
		Sunneva Bergmann Ásbjörnsdóttir	07	Rebekka Rós Magnadóttir	07			
		Greta Björg Rafnsdóttir	10	Elísabet Arnoddsdóttir	09	1	2:55.20	
		Adriana Agnes Derti	10	Freydís Lilja Bergþórsdóttir	09			
4 x 50 Medley	:	Fjóra Margrét Viðarsdóttir	07	Natalía Dögg Brynjarsdóttir	07	2	2:42.81	
		Jana Guðlaug Ómarsdóttir	07	Ástrós Lovísa Hauksdóttir	08			
4 x 50 Medley	:	Greta Björg Rafnsdóttir	10	Elísabet Arnoddsdóttir	09	1	3:16.00	
		Adriana Agnes Derti	10	Freydís Lilja Bergþórsdóttir	09			

Total 194 individual results, average performance: 110.5%

0 new record(s), 151 new personal best(s)

Biggest improvement: Alexandra Dís Gunnarsdóttir, 50 Breaststroke 1:33.22