

Results summary

Men, Long Course (50m)

	Distance,Stroke	Pl.	Time Round		Distance,Stroke	Pl.	Time Round
Davíð Hildiberg Aðalsteinsson	29/08/1990		290890-2259				
	50 Freestyle		27.72		200 Freestyle	3	1:59.68
	100 Freestyle		58.45		50 Butterfly	1	25.61
Pröstur Bjarnason	02/09/1997		020997-3119				
	50 Freestyle		28.17		50 Butterfly		28.96
	100 Freestyle		59.33		50 Butterfly	5	27.38
	200 Freestyle	1	1:57.07		100 Butterfly	1	1:00.36
Már Gunnarsson	19/11/1999		191199-2869				
	50 Freestyle	13	31.31		100 Breaststroke	13	1:32.35 PB
	50 Freestyle		32.30		50 Butterfly		35.81
	100 Freestyle	7	1:07.32 PB		100 Butterfly	10	1:19.48 PB
	50 Breaststroke		43.83 PB				
Kári Snær Halldórsson	13/01/2004		130104-3470				
	50 Freestyle		37.93		200 Backstroke	2	3:02.70
	50 Freestyle		36.45		50 Breaststroke		41.18
	100 Freestyle	12	1:16.85 PB		50 Breaststroke		41.35
	100 Freestyle		1:20.06		100 Breaststroke	2	1:26.44 PB
	200 Freestyle		2:47.35 PB		100 Breaststroke		1:29.74
	400 Freestyle	7	5:39.37 PB		200 Breaststroke	2	3:03.50 PB
	50 Backstroke		43.73		50 Butterfly		40.11 PB
	100 Backstroke		1:29.83		200 Medley	7	2:56.11 PB
Fannar Snævar Hauksson	07/09/2004		070904-3140				
	50 Freestyle		31.45		50 Backstroke		37.57
	50 Freestyle		32.77		50 Backstroke		35.08
	100 Freestyle		1:07.88		100 Backstroke		1:18.96
	100 Freestyle		1:09.28		100 Backstroke	2	1:14.49
	200 Freestyle	1	2:23.60		200 Backstroke	1	2:41.82
	200 Freestyle		2:27.92		50 Butterfly		33.48
	400 Freestyle	1	5:04.37 PB		200 Medley	3	2:42.22 PB
	50 Backstroke	1	33.85 PB				
Björgvin Theodór Hilmarsson	06/07/1998		060798-2659				
	50 Freestyle	5	26.97		100 Backstroke	1	1:07.71 PB
	50 Backstroke		32.29				
Alexander Logi Jónsson	17/11/2004		171104-270				
	50 Freestyle	9	42.20 PB		200 Backstroke	7	3:40.60 PB
	50 Backstroke		52.68		50 Breaststroke		51.28 PB
	50 Backstroke		49.17		50 Breaststroke	4	50.86 PB
	100 Backstroke		1:49.38 PB		100 Breaststroke	11	1:47.23 PB
	100 Backstroke	17	1:41.15 PB				
Aron Fannar Kristínarson	14/06/2003		140603-3330				
	50 Freestyle	1	30.66		50 Butterfly		35.62
	50 Backstroke		35.39 PB		100 Butterfly		1:21.92
	100 Backstroke	1	1:13.36 PB		100 Butterfly		1:17.39 PB
	50 Breaststroke		42.60 PB		200 Butterfly	1	2:51.72 PB
	100 Breaststroke	6	1:31.24 PB		200 Medley	2	2:40.24 PB
	50 Butterfly		37.34		400 Medley	1	5:37.72
Ingi Þór Ólafsson	05/01/1999		050199-3399				
	50 Backstroke		33.44		50 Butterfly	9	29.33
	100 Backstroke	2	1:09.25		100 Butterfly	4	1:04.60
	50 Butterfly		29.84				
Flosi Ómarsson	04/09/2003		040903-2240				
	50 Freestyle		36.58		50 Butterfly		38.07
	50 Freestyle		35.03		100 Butterfly		1:30.62 PB
	100 Freestyle		1:18.78		100 Butterfly	7	1:27.23 PB
	100 Freestyle	10	1:16.16 PB		400 Medley	2	6:10.50 PB
	200 Freestyle	5	2:42.59				
Daniel Patrick Riley	20/07/2003		200703-2780				
	50 Freestyle		34.27		100 Breaststroke	3	1:30.62 PB
	100 Freestyle	4	1:10.90 PB		50 Butterfly	2	34.03
	50 Breaststroke		43.18				

Baldvin Sigmarsson	18/08/1997	180897-3139				
	50 Breaststroke	32.59		50 Butterfly	28.96	
	50 Breaststroke	2 31.85		50 Butterfly	6 28.09	
	100 Breaststroke	2 1:10.78		100 Butterfly	2 1:02.53	
Kristófer Sigurðsson	20/11/1995	201195-3149				
	50 Freestyle	27.07		100 Freestyle	56.72	
	50 Freestyle	1 24.57		200 Freestyle	2 1:58.81	
Gabríel Þór Sigurmundsson	22/06/2003	220603-2370				
	50 Backstroke	44.48 PB		50 Breaststroke	52.02	
	50 Backstroke	42.55 PB		100 Breaststroke	15 1:52.73	
	100 Backstroke	1:33.46 PB		50 Butterfly	46.50 PB	
	100 Backstroke	10 1:28.59 PB		200 Medley	13 3:16.15 PB	
	200 Backstroke	3 3:10.02 PB				
Snævar Ingi Sveinsson	07/12/2004	071204-3670				
	50 Freestyle	56.61 PB		100 Freestyle	17 2:00.21 PB	
	50 Freestyle	11 53.31 PB		50 Backstroke	4 59.49 PB	
Tristan Þór K Wium	13/05/2002	130502-2960				
	50 Butterfly	34.80		200 Butterfly	2 2:43.46 PB	
	50 Butterfly	34.15		200 Medley	6 2:40.14 PB	
	100 Butterfly	1:16.27				

Total 119 individual results, average performance: 99.5%
 0 new record(s), 48 new personal best(s)
 Biggest improvement: Daniel Patrick Riley, 100 Breaststroke 1:30.62

Results summary

Women, Long Course (50m)

	Distance,Stroke	Pl.	Time Round		Distance,Stroke	Pl.	Time Round
Þórdís M Aðalsteinsdóttir	15/12/2003		151203-2050				
	50 Freestyle		36.78		50 Backstroke		42.90
	50 Freestyle		34.74		100 Backstroke		1:29.16
	100 Freestyle		1:16.71		200 Backstroke	3	3:02.00 PB
	100 Freestyle	10	1:11.23 PB		50 Butterfly		37.82
	200 Freestyle		2:38.64		50 Butterfly	5	38.06
	400 Freestyle		5:24.16		100 Butterfly	6	1:21.75
800 Freestyle	2	10:48.63 PB					
Þórunn Kolbrún Árnadóttir	23/04/2002		230402-3530				
	50 Freestyle		36.63		100 Backstroke	3	1:25.46 PB
	50 Freestyle		34.89		50 Butterfly		37.01
	100 Freestyle		1:17.57		50 Butterfly	8	35.13 PB
	100 Freestyle	9	1:12.93 PB		50 Butterfly		36.57
	200 Freestyle	6	2:37.92		100 Butterfly	5	1:21.32 PB
50 Backstroke		42.11		200 Medley	6	3:00.56	
Karen Mist Arngesdóttir	09/02/2000		090200-2320				
	50 Breaststroke		37.45		100 Breaststroke		1:19.32
	50 Breaststroke		35.19		100 Breaststroke	1	1:15.27
50 Breaststroke	1	34.69		200 Breaststroke	2	2:41.83	
Sólveig María Baldursdóttir	04/01/2004		040104-2160				
	50 Freestyle	3	32.02 PB		50 Breaststroke		43.37 PB
	50 Backstroke		42.62		50 Breaststroke	2	41.05 PB
	50 Backstroke		40.86		100 Breaststroke	2	1:29.42 PB
	100 Backstroke		1:29.72 PB		50 Butterfly		36.71
	100 Backstroke	9	1:24.07 PB		100 Butterfly		1:18.37
200 Backstroke	2	3:00.32 PB		200 Butterfly	1	2:44.85	
Gunnhildur Björg Baldursdóttir	02/11/2000		021100-3310				
	50 Backstroke		37.45		50 Butterfly	6	31.99
	100 Backstroke		1:19.30		50 Butterfly		31.60
	200 Backstroke	1	2:44.18		100 Butterfly	2	1:09.77
	50 Breaststroke		41.09		100 Butterfly		1:07.59
	100 Breaststroke	4	1:28.06		200 Butterfly	1	2:24.51
50 Butterfly		32.46					
Ástrós Elísa Eypórsdóttir	11/06/2002		110602-3320				
	50 Freestyle	5	30.96 PB		200 Backstroke	2	2:54.04 PB
	50 Backstroke		42.54 PB		50 Butterfly		36.81
100 Backstroke		1:26.28 PB		200 Medley	4	2:50.13	
Guðný Birna Falsdóttir	04/02/2003		040203-2810				
	50 Freestyle		35.17		50 Breaststroke	3	43.66
	50 Freestyle		34.68		100 Breaststroke		1:35.15
	100 Freestyle		1:12.64		200 Breaststroke	2	3:13.37
	100 Freestyle	6	1:10.13 PB		50 Butterfly	4	36.27 PB
	200 Freestyle	5	2:27.42 PB		100 Butterfly		1:25.17 PB
50 Breaststroke		45.55		400 Medley	1	5:50.27 PB	
Birna Hilmarsdóttir	27/09/2002		270902-3240				
	50 Freestyle	4	30.10 PB		200 Freestyle		2:25.94
	50 Freestyle		33.89		400 Freestyle	3	4:55.02
	100 Freestyle		1:10.78		400 Freestyle		4:58.65
	100 Freestyle		1:10.80		800 Freestyle	1	10:00.95
200 Freestyle		2:26.41		50 Backstroke	3	35.30 PB	
Íris Ósk Hilmarsdóttir	06/07/1998		060798-2579				
	50 Backstroke	1	32.01		200 Medley	4	2:34.80
50 Butterfly		34.03					
Diljá Rún Ívarsdóttir	01/04/2002		010402-2470				
	50 Freestyle	6	31.21		100 Backstroke	1	1:17.61
50 Backstroke		38.13		50 Butterfly	5	31.98 PB	
Eydís Ósk Kolbeinsdóttir	12/10/2000		121000-2960				
	50 Freestyle		31.35		200 Freestyle	2	2:12.82
	100 Freestyle		1:05.00		200 Freestyle		2:17.39
100 Freestyle		1:06.36		400 Freestyle	2	4:46.18	

Nesrine Malek Medaguine	18/08/2003	180803-3780					
	50 Freestyle	41.71	PB	200 Freestyle	21	3:49.54	PB
	100 Freestyle	1:40.34	PB				
Birta Líf Ólafsdóttir	05/04/2002	050402-3390					
	50 Freestyle	35.04		50 Butterfly	10	36.42	
	100 Freestyle	1:13.17	PB	50 Butterfly		36.57	
	50 Breaststroke	46.63		100 Butterfly	4	1:21.27	
	100 Breaststroke	1:38.28		200 Medley	5	2:58.10	
50 Butterfly	37.91						
Kolbrún Eva Pálmadóttir	27/04/2002	270402-3480					
	50 Backstroke	41.45		50 Breaststroke	4	44.29	
	100 Backstroke	1:24.86		100 Breaststroke	6	1:37.53	
50 Breaststroke	45.28						
Hafdís Eva Pálsdóttir	03/03/2004	030304-2760					
	50 Freestyle	32.16		50 Backstroke		38.40	
	50 Freestyle	35.59		100 Backstroke		1:21.81	
	50 Freestyle	33.36		200 Backstroke	1	2:50.59	
	100 Freestyle	1:15.66		50 Breaststroke		43.04	
	100 Freestyle	1:10.97	PB	100 Breaststroke	3	1:31.62	PB
	200 Freestyle	2:38.45		50 Butterfly		35.24	
400 Freestyle	5:27.29	PB	200 Medley	4	2:48.06	PB	
Sunneva Dögg Robertson	19/09/1999	190999-3789					
	50 Freestyle	33.94		400 Freestyle		4:43.79	
	50 Freestyle	29.09		400 Freestyle		4:45.79	
	50 Freestyle	32.58		800 Freestyle	1	9:33.86	
	100 Freestyle	1:10.45		800 Freestyle		9:39.32	
	100 Freestyle	1:00.17		1500 Freestyle	1	18:14.11	
	100 Freestyle	1:07.82		50 Butterfly		30.96	
	200 Freestyle	2:20.45		200 Medley	1	2:27.14	
200 Freestyle	2:20.17						
Sylwia Sienkiewicz	13/06/1999	130699-3089					
	50 Backstroke	35.55		50 Butterfly	3	31.57	
	50 Backstroke	34.20		50 Butterfly		32.45	
100 Backstroke	1:13.46		200 Medley	6	2:40.69		
Ásta Kamilla Sigurðardóttir	23/02/2004	230204-2760					
	50 Freestyle	33.56		100 Breaststroke	5	1:37.16	PB
	100 Freestyle	1:10.34		50 Butterfly		36.71	PB
	50 Backstroke	40.32		50 Butterfly		36.03	PB
	100 Backstroke	1:22.26	PB	100 Butterfly	4	1:19.32	PB
50 Breaststroke	47.19		200 Medley	9	2:54.58	PB	
Stefanía Sigurbórsdóttir	31/01/2001	310101-3460					
	50 Freestyle	29.16		200 Breaststroke	3	2:54.26	
	50 Breaststroke	39.04		50 Butterfly	3	31.67	PB
	50 Breaststroke	39.12		50 Butterfly		33.04	
	100 Breaststroke	1:23.86		200 Medley	2	2:34.48	
100 Breaststroke	1:21.38	PB					

Total 166 individual results, average performance: 96.3%

0 new record(s), 42 new personal best(s)

Biggest improvement: Sólveig María Baldursdóttir, 200 Backstroke 3:00.32