

Results summary

Men, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
Arnar Milos Arnbjörnsson	26/01/2008		260108-2390			
	50 Freestyle		40.63 104% PB	200 Freestyle	19	3:02.09 102% PB
	100 Freestyle		1:26.93 101% PB			
Stefán Elías Davíðsson	08/10/2003		081003-4080			
	50 Freestyle		33.05 145% PB	50 Breaststroke		41.27 151% PB
	50 Freestyle		32.20 153% PB	50 Breaststroke		38.84 171% PB
	100 Freestyle		1:10.69 158% PB	100 Breaststroke		1:28.68 150% PB
	100 Freestyle	28	1:07.93 171% PB	100 Breaststroke	15	1:23.86 168% PB
	200 Freestyle	25	2:30.25 176% PB	200 Breaststroke	14	3:08.93 PB
	50 Backstroke		37.54 PB	50 Butterfly		38.27 206% PB
	100 Backstroke	19	1:19.69 PB	200 Medley	18	2:52.69 PB
Ómar Magni Egilsson	26/11/2006		261106-2640			
	50 Freestyle		40.84 83%	200 Freestyle	17	2:58.82 100%
	50 Freestyle		37.53 99%	400 Freestyle		6:08.75 104% PB
	50 Freestyle		40.44 85%	800 Freestyle	6	12:20.30 108% PB
	100 Freestyle		1:27.22 83%	50 Backstroke		44.18 97%
	100 Freestyle	14	1:20.43 98%	100 Backstroke	9	1:31.31 102% PB
	100 Freestyle		1:25.34 87%	100 Backstroke		1:39.45 86%
	200 Freestyle		3:00.14 98%	200 Backstroke	11	3:23.27 89%
Daði Rafn Fálsson	10/09/2008		100908-4090			
	50 Freestyle		39.63 100% PB	50 Breaststroke		50.22 103% PB
	50 Freestyle		38.93 104% PB	100 Breaststroke		1:48.97 97%
	100 Freestyle	16	1:22.25 102% PB	100 Breaststroke	10	1:46.34 102% PB
	100 Freestyle		1:24.94 95%	200 Breaststroke	6	3:45.61 112% PB
	200 Freestyle		2:59.31 107% PB	50 Butterfly		49.92 89%
	400 Freestyle	13	6:06.41 110% PB	100 Medley	12	1:40.02 92%
	50 Breaststroke		52.00 97%	200 Medley	7	3:22.57 106% PB
Kári Snær Halldórsson	13/01/2004		130104-3470			
	50 Freestyle		32.20 112% PB	100 Breaststroke	3	1:17.11 115% PB
	100 Freestyle	18	1:07.33 113% PB	200 Breaststroke	4	2:48.23 108% PB
	50 Backstroke		36.56 105% PB	50 Butterfly		35.68 112% PB
	100 Backstroke	9	1:14.90 112% PB	100 Butterfly		1:22.77 115% PB
	50 Breaststroke		38.49 103% PB	100 Butterfly	9	1:17.57 131% PB
	50 Breaststroke		36.05 117% PB	400 Medley	7	5:34.21 135% PB
	100 Breaststroke		1:21.95 102% PB			
Fannar Snævar Hauksson	07/09/2004		070904-3140			
	50 Freestyle		29.61 82%	50 Backstroke		32.29 84%
	50 Freestyle		27.28 96%	100 Backstroke		1:08.63 91%
	50 Freestyle		27.28 96%	100 Backstroke	1	1:02.85 108% PB
	100 Freestyle		1:03.02 90%	200 Backstroke	1	2:22.01 105% PB
	100 Freestyle	2	56.81 111% PB	50 Butterfly		29.14 105% PB
	200 Freestyle		2:13.70 103% PB	50 Butterfly		32.72 83%
	400 Freestyle	1	4:35.37 117% PB	100 Butterfly		1:10.52 89%
	50 Backstroke		29.93 98%	100 Butterfly	1	1:03.31 110% PB
	50 Backstroke		29.78 99%	200 Butterfly	2	2:31.94 110% PB
Clifford Dean Helgason	05/09/2004		050904-3180			
	50 Freestyle		32.94 99%	200 Freestyle		2:32.96 94%
	50 Freestyle		33.28 97%	200 Freestyle		2:30.00 97%
	50 Freestyle		32.09 104% PB	200 Freestyle	16	2:29.61 98%
	50 Freestyle		33.97 93%	400 Freestyle	15	5:09.29 109% PB
	100 Freestyle		1:11.01 92%	400 Freestyle		5:14.36 106% PB
	100 Freestyle		1:10.82 92%	800 Freestyle	10	10:35.08 107% PB
	100 Freestyle		1:12.56 88%	50 Backstroke		36.30 105% PB
	100 Freestyle	17	1:07.20 102% PB	100 Backstroke	10	1:15.71 104% PB

Alexander Logi Jónsson	17/11/2004	171104-3270					
50 Freestyle		36.59	104% PB	100 Backstroke		1:20.23	120% PB
50 Freestyle		35.47	110% PB	200 Backstroke	8	2:42.42	171% PB
100 Freestyle		1:16.23	104% PB	50 Breaststroke		40.14	115% PB
100 Freestyle		1:14.72	108% PB	50 Breaststroke		40.98	111% PB
200 Freestyle		2:34.59	108% PB	100 Breaststroke		1:26.42	107% PB
200 Freestyle		2:37.06	104% PB	100 Breaststroke	5	1:23.33	115% PB
400 Freestyle	16	5:09.32	113% PB	200 Breaststroke	6	2:59.49	125% PB
400 Freestyle		5:19.25	106% PB	100 Butterfly		1:23.44	125% PB
800 Freestyle	11	10:45.41	105% PB	400 Medley	9	5:46.09	153% PB
50 Backstroke		38.78	125% PB				
Denas Kazulis	13/01/2008	130108-2880					
50 Freestyle		37.84	86%	800 Freestyle	5	11:46.83	103% PB
50 Freestyle		40.63	75%	50 Backstroke		41.96	108% PB
100 Freestyle		1:19.95	95%	100 Backstroke	7	1:26.62	104% PB
100 Freestyle		1:26.19	82%	50 Breaststroke		47.54	98%
200 Freestyle		2:58.23	82%	100 Breaststroke	6	1:38.51	103% PB
200 Freestyle		2:45.32	95%	50 Butterfly		44.71	89%
400 Freestyle	9	5:33.79	119% PB	100 Butterfly	7	1:35.04	95%
400 Freestyle		6:01.49	101% PB	100 Medley	8	1:24.36	105% PB
Aron Fannar Kristínarson	14/06/2003	140603-3330					
50 Freestyle		29.35	90%	200 Freestyle		2:12.26	95%
50 Freestyle		29.89	87%	400 Freestyle	7	4:32.22	103% PB
50 Freestyle		28.15	98%	400 Freestyle		4:37.16	99%
50 Freestyle		30.66	83%	800 Freestyle	5	9:23.03	110% PB
50 Freestyle		28.17	98%	50 Backstroke		31.51	97%
100 Freestyle		1:03.15	89%	50 Backstroke		33.92	84%
100 Freestyle		1:02.05	93%	50 Backstroke		31.94	95%
100 Freestyle	11	59.04	102% PB	100 Backstroke		1:10.54	89%
100 Freestyle		1:04.87	85%	100 Backstroke	4	1:06.15	101% PB
200 Freestyle		2:14.67	92%	200 Backstroke	5	2:23.69	99%
200 Freestyle	6	2:07.92	101% PB				
Flosi Ómarsson	04/09/2003	040903-2240					
50 Backstroke		32.29	113% PB	100 Breaststroke		1:20.74	98%
50 Backstroke		34.59	99%	100 Breaststroke	12	1:19.08	103% PB
100 Backstroke	8	1:06.99	119% PB	200 Breaststroke	8	2:47.38	100% PB
100 Backstroke		1:11.97	103% PB	50 Butterfly		31.75	105% PB
200 Backstroke	6	2:27.05	115% PB	100 Butterfly		1:14.36	115% PB
50 Breaststroke		37.71	97%	200 Medley	9	2:29.70	115% PB
50 Breaststroke		37.47	98%	400 Medley	5	5:15.82	113% PB
Guðmundur Leo Rafnsson	16/08/2006	160806-3540					
50 Freestyle		36.92	94%	100 Backstroke	4	1:24.77	98%
100 Freestyle		1:18.36	99%	100 Backstroke		1:25.29	97%
200 Freestyle	10	2:40.95	107% PB	200 Backstroke	5	2:54.68	99%
50 Backstroke		40.57	102% PB	50 Butterfly		44.51	91%
50 Backstroke		40.95	100% PB	200 Medley	6	3:20.14	91%
Bjarni Ívar Ragnarsson	13/05/2008	130508-2350					
50 Freestyle		39.22	97%	100 Backstroke	10	1:31.79	106% PB
50 Freestyle		38.72	99%	100 Backstroke		1:31.75	106% PB
100 Freestyle	15	1:21.37	104% PB	200 Backstroke	7	3:07.27	113% PB
100 Freestyle		1:21.98	102% PB	50 Butterfly		46.43	106% PB
200 Freestyle	13	2:46.93	120% PB	100 Butterfly	8	1:40.40	113% PB
50 Backstroke		45.01	105% PB	100 Medley	11	1:32.54	107% PB
50 Backstroke		45.03	104% PB				
Daniel Patrick Riley	20/07/2003	200703-2780					
50 Breaststroke		39.95	88%	50 Butterfly		34.11	92%
50 Breaststroke		36.71	104% PB	100 Butterfly	12	1:10.64	103% PB
100 Breaststroke		1:24.81	88%	100 Butterfly		1:12.38	98%
100 Breaststroke	11	1:17.54	105% PB	100 Butterfly		1:13.02	96%
200 Breaststroke	12	2:55.86	111% PB	200 Butterfly	11	2:50.77	87%
50 Butterfly		32.49	101% PB	200 Medley	11	2:38.36	99%
50 Butterfly		32.59	101% PB	400 Medley	7	5:30.81	156% PB
Baltasar Óðinn Sigurmundarson	16/09/2007	160907-2820					
50 Freestyle		42.05	96%	100 Freestyle		1:30.74	97%
50 Freestyle		43.02	92%	200 Freestyle	20	3:07.46	96%
100 Freestyle	17	1:29.22	101% PB				

Sigmundur Þór Sigurmundarson		30/08/2005	300805-2050					
	50 Freestyle		38.10	122% PB	200 Freestyle		2:51.63	128% PB
	50 Freestyle		37.12	129% PB	400 Freestyle	25	5:50.38	PB
	100 Freestyle		1:21.35	131% PB	50 Backstroke		47.96	128% PB
	100 Freestyle		1:20.73	133% PB	100 Backstroke	16	1:39.63	131% PB
	200 Freestyle	25	2:48.60	133% PB				
Gabriel Þór Sigurmundsson		22/06/2003	220603-2370					
	50 Freestyle		33.97	100%	200 Freestyle		2:36.62	95%
	50 Freestyle		35.49	92%	200 Freestyle		2:34.73	97%
	50 Freestyle		34.83	95%	200 Freestyle	22	2:27.46	107% PB
	50 Freestyle		33.19	105% PB	400 Freestyle		5:26.23	104% PB
	100 Freestyle		1:13.94	89%	400 Freestyle	25	5:20.92	107% PB
	100 Freestyle		1:10.93	97%	800 Freestyle	13	11:11.27	102% PB
	100 Freestyle	29	1:08.78	103% PB	50 Butterfly		37.33	120% PB
	100 Freestyle		1:13.98	89%	200 Medley	15	2:48.08	118% PB
Gabriel Ari Tryggvarson		07/04/2003	070403-2770					
	50 Freestyle		29.95	PB	200 Freestyle		2:20.87	PB
	50 Freestyle		31.55	PB	400 Freestyle	18	4:55.09	PB
	50 Freestyle		31.27	PB	50 Backstroke		35.81	PB
	100 Freestyle	20	1:03.00	PB	50 Backstroke		35.58	PB
	100 Freestyle		1:06.82	PB	100 Backstroke	16	1:12.64	PB
	100 Freestyle		1:06.36	PB	100 Backstroke		1:15.83	PB
	200 Freestyle	18	2:18.20	PB	200 Backstroke	11	2:37.85	PB
Tristan Þór K Wium		13/05/2002	130502-2960					
	50 Freestyle		31.43	85%	200 Freestyle		2:19.28	90%
	50 Freestyle		32.10	82%	200 Freestyle	12	2:12.64	100%
	50 Freestyle		33.05	77%	400 Freestyle		4:58.27	89%
	50 Freestyle		29.72	95%	400 Freestyle	14	4:42.14	99%
	100 Freestyle		1:07.15	84%	800 Freestyle	10	10:00.66	102% PB
	100 Freestyle		1:04.91	89%	50 Butterfly		34.56	90%
	100 Freestyle	17	1:01.52	100%	100 Butterfly		1:14.73	86%
	100 Freestyle		1:09.58	78%	200 Butterfly	6	2:38.06	99%
	200 Freestyle		2:25.28	83%				
4 x 50 Freestyle	:	Guðmundur Leo Rafnsson	06	Ómar Magni Egilsson	06	4	2:26.57	
		Daði Rafn Falsson	08	Denas Kazulis	08			
4 x 100 Freestyle	:	Aron Fannar Kristínarson	03	Fannar Snævar Hauksson	04	4	4:02.41	
		Tristan Þór K Wium	02	Flosi Ómarsson	03			
		Fannar Snævar Hauksson	04	Alexander Logi Jónsson	04	3	4:21.05	
		Clifford Dean Helgason	04	Kári Snær Halldórsson	04			
4 x 50 Medley	:	Bjarni Ívar Ragnarsson	08	Guðmundur Leo Rafnsson	06	3	2:47.55	
		Daði Rafn Falsson	08	Denas Kazulis	08			
4 x 100 Medley	:	Aron Fannar Kristínarson	03	Fannar Snævar Hauksson	04	3	4:29.11	
		Kári Snær Halldórsson	04	Tristan Þór K Wium	02			
		Fannar Snævar Hauksson	04	Alexander Logi Jónsson	04	2	4:43.90	
		Kári Snær Halldórsson	04	Clifford Dean Helgason	04			

Total 260 individual results, average performance: 104.4%

0 new record(s), 152 new personal best(s)

Biggest improvement: Stefán Elías Davíðsson, 50 Butterfly 38.27

Results summary

Women, Short Course (25m)

	Distance,Stroke	Pl.	Time RoundDiff.	Distance,Stroke	Pl.	Time RoundDiff.
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Pórdís M Aðalsteinsdóttir	15/12/2003		151203-2050			
50 Freestyle			33.60 95%	200 Freestyle		2:26.38 100%
50 Freestyle			33.43 96%	400 Freestyle		5:08.56 90%
50 Freestyle			33.88 93%	400 Freestyle	13	4:56.83 97%
50 Freestyle			35.45 85%	800 Freestyle	12	10:16.87 96%
100 Freestyle			1:10.81 94%	50 Butterfly		36.65 100% PB
100 Freestyle			1:10.22 95%	50 Butterfly		37.11 98%
100 Freestyle			1:13.62 87%	100 Butterfly		1:19.73 97%
100 Freestyle	32		1:09.55 97%	100 Butterfly	15	1:18.42 101% PB
200 Freestyle			2:31.49 93%	200 Butterfly	7	2:48.20 101% PB
200 Freestyle	16		2:23.31 104% PB			
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Pórunn Kolbrún Árnadóttir	23/04/2002		230402-3530			
50 Freestyle			32.38 94%	200 Freestyle		2:24.00 101% PB
50 Freestyle			32.60 93%	200 Freestyle	13	2:19.65 107% PB
50 Freestyle			33.09 90%	400 Freestyle	7	4:53.22 111% PB
50 Freestyle			34.06 85%	400 Freestyle		5:02.20 105% PB
100 Freestyle			1:09.52 97%	800 Freestyle	11	10:07.75 114% PB
100 Freestyle			1:07.99 102% PB	50 Backstroke		37.55 105% PB
100 Freestyle			1:11.85 91%	100 Backstroke	16	1:17.55 112% PB
100 Freestyle	22		1:07.54 103% PB	50 Butterfly		34.29 106% PB
200 Freestyle			2:28.29 95%	100 Butterfly	10	1:14.84 127% PB
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Bergþóra Sif Árnadóttir	24/08/2005		240805-3750			
50 Freestyle			34.58 94%	100 Backstroke		1:23.57 92%
50 Freestyle			35.33 90%	200 Backstroke	8	2:48.22 109% PB
100 Freestyle	21		1:09.98 97%	50 Butterfly		37.64 100%
100 Freestyle			1:14.04 87%	50 Butterfly		41.18 83%
200 Freestyle	12		2:28.60 104% PB	100 Butterfly	9	1:20.77 102% PB
50 Backstroke			40.46 91%	100 Butterfly		1:28.53 85%
50 Backstroke			40.42 91%	200 Butterfly	5	3:01.17 PB
100 Backstroke	19		1:22.18 95%			
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Rebekka Marín Arngeirsdóttir	22/09/2005		220905-2840			
50 Freestyle			34.22 107% PB	50 Breaststroke		44.69 96%
100 Freestyle	31		1:12.39 107% PB	50 Breaststroke		42.06 108% PB
50 Backstroke			38.51 109% PB	100 Breaststroke		1:34.92 96%
50 Backstroke			38.78 107% PB	100 Breaststroke	13	1:29.80 107% PB
100 Backstroke	9		1:18.67 115% PB	200 Breaststroke	12	3:15.82 107% PB
100 Backstroke			1:21.36 107% PB	100 Butterfly		1:31.52 93%
200 Backstroke	6		2:46.98 111% PB	400 Medley	10	6:17.83 197% PB
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Pórey Una Arnlaugsdóttir	11/09/2006		110906-4040			
50 Freestyle			38.04 92%	50 Backstroke		41.31 95%
50 Freestyle			38.04 92%	50 Backstroke		41.21 95%
100 Freestyle			1:19.59 96%	100 Backstroke	5	1:24.66 106% PB
100 Freestyle			1:19.55 97%	100 Backstroke		1:25.82 103% PB
200 Freestyle			2:47.74 92%	200 Backstroke	5	2:54.70 99%
200 Freestyle	8		2:40.87 100%	50 Butterfly		41.33 100%
400 Freestyle			5:42.91 105% PB	100 Butterfly	5	1:29.67 102% PB
800 Freestyle	5		11:24.63 109% PB			
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Sunneva Bergmann Ásbjörnsdóttir	13/01/2007		130107-3030			
50 Freestyle			38.18 106% PB	200 Backstroke	15	3:08.73 117% PB
50 Freestyle			39.50 99%	50 Breaststroke		48.01 105% PB
100 Freestyle	13		1:19.85 109% PB	50 Breaststroke		48.08 105% PB
100 Freestyle			1:23.30 101% PB	100 Breaststroke		1:42.44 104% PB
200 Freestyle	16		2:49.80 107% PB	100 Breaststroke	20	1:42.05 105% PB
50 Backstroke			45.27 112% PB	200 Breaststroke	14	3:32.85 113% PB
100 Backstroke			1:34.45 109% PB	100 Medley	15	1:30.75 110% PB

Katlá María Brynjarsdóttir	15/04/2007	150407-2650				
	50 Freestyle	36.10	98%	200 Freestyle	2:37.65	99%
	50 Freestyle	35.99	99%	400 Freestyle	4 5:25.70	98%
	50 Freestyle	36.57	96%	400 Freestyle	5:21.84	100% PB
	50 Freestyle	36.08	99%	800 Freestyle	2 10:48.93	111% PB
	100 Freestyle	7 1:14.53	102% PB	50 Backstroke	39.58	107% PB
	100 Freestyle	1:16.58	96%	100 Backstroke	1:22.77	105% PB
	100 Freestyle	1:16.31	97%	200 Backstroke	4 2:50.47	121% PB
	100 Freestyle	1:15.68	99%	50 Butterfly	43.37	93%
	200 Freestyle	2:39.79	97%	100 Butterfly	11 1:37.42	92%
	200 Freestyle	2 2:34.72	103% PB			
Natalía Dögg Brynjarsdóttir	13/12/2007	131207-3280				
	50 Backstroke	44.65	99%	100 Breaststroke	1:43.94	114% PB
	50 Backstroke	44.49	99%	100 Breaststroke	27 1:48.58	105% PB
	100 Backstroke	10 1:30.63	99%	200 Breaststroke	15 3:32.96	116% PB
	100 Backstroke	1:32.28	95%	50 Butterfly	41.61	119% PB
	200 Backstroke	12 3:05.56	107% PB	100 Medley	17 1:31.18	97%
	50 Breaststroke	49.59	114% PB	200 Medley	9 3:06.12	122% PB
	50 Breaststroke	51.42	106% PB			
Amelía Björk Davíðsdóttir	26/09/2003	260903-3220				
	50 Breaststroke	45.70	PB	200 Breaststroke	16 3:22.35	PB
	50 Breaststroke	45.53	PB	50 Butterfly	44.47	PB
	100 Breaststroke	1:36.58	PB	200 Medley	30 3:18.43	PB
100 Breaststroke	21 1:36.61	PB				
Thelma Lind Einarsdóttir	26/01/2005	260105-3450				
	50 Freestyle	32.01	96%	100 Backstroke	1:17.66	97%
	50 Freestyle	33.82	86%	200 Backstroke	2 2:38.57	108% PB
	100 Freestyle	6 1:05.97	101% PB	50 Butterfly	37.06	92%
	100 Freestyle	1:09.78	90%	100 Butterfly	1:18.47	116% PB
	200 Freestyle	5 2:21.77	102% PB	100 Butterfly	1:19.68	112% PB
	50 Backstroke	36.95	95%	200 Butterfly	3 2:47.10	117% PB
	50 Backstroke	37.84	91%	400 Medley	2 5:26.46	PB
	100 Backstroke	3 1:15.32	103% PB			
Ástrós Elísa Eyþórsdóttir	11/06/2002	110602-3320				
	50 Freestyle	32.29	93%	100 Breaststroke	6 1:21.04	102% PB
	100 Freestyle	18 1:06.18	99%	200 Breaststroke	7 2:57.02	95%
	50 Breaststroke	39.97	93%	50 Butterfly	34.97	98%
	50 Breaststroke	38.43	101% PB	200 Medley	13 2:41.75	97%
100 Breaststroke	1:24.99	92%				
Eva Margrét Falsdóttir	05/06/2005	050605-3020				
	50 Freestyle	33.01	79%	50 Breaststroke	37.82	91%
	50 Freestyle	33.95	75%	100 Breaststroke	1:21.56	94%
	100 Freestyle	1:10.38	91%	100 Breaststroke	1 1:17.42	104% PB
	100 Freestyle	1:08.18	97%	200 Breaststroke	1 2:50.25	100%
	200 Freestyle	2:22.02	103% PB	50 Butterfly	35.68	91%
	200 Freestyle	2:24.53	99%	100 Butterfly	1:15.33	100%
	400 Freestyle	4:54.43	102% PB	100 Butterfly	1:16.42	97%
	400 Freestyle	2 4:47.66	106% PB	200 Butterfly	2 2:44.02	109% PB
	800 Freestyle	2 9:54.42	106% PB	400 Medley	1 5:18.25	113% PB
	50 Breaststroke	36.38	99%			
Guðný Birna Falsdóttir	04/02/2003	040203-2810				
	50 Freestyle	34.81	86%	100 Breaststroke	12 1:27.53	99%
	100 Freestyle	1:12.89	92%	200 Breaststroke	10 3:03.58	95%
	200 Freestyle	2:30.96	93%	50 Butterfly	37.04	100% PB
	400 Freestyle	17 5:06.20	92%	100 Butterfly	1:23.70	91%
	50 Breaststroke	42.59	95%	100 Butterfly	1:21.79	95%
	50 Breaststroke	41.96	98%	200 Butterfly	10 2:52.13	127% PB
	100 Breaststroke	1:29.13	95%	400 Medley	15 5:44.75	96%
Jóhanna Arna Gunnarsdóttir	02/03/2006	020306-2620				
	50 Freestyle	35.05	104% PB	100 Backstroke	1:21.74	95%
	50 Freestyle	37.53	90%	200 Backstroke	1 2:46.81	112% PB
	100 Freestyle	3 1:12.11	110% PB	50 Breaststroke	45.39	106% PB
	100 Freestyle	1:19.01	92%	50 Breaststroke	45.19	107% PB
	200 Freestyle	7 2:40.71	99%	100 Breaststroke	1:36.04	104% PB
	50 Backstroke	37.75	107% PB	100 Breaststroke	6 1:34.06	108% PB
	50 Backstroke	38.96	101% PB	200 Breaststroke	5 3:15.39	109% PB
	100 Backstroke	1 1:16.94	108% PB			

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Stefanía Ósk Halldórsdóttir	18/11/2006	181106-2710					
50 Freestyle		35.91	100% PB	400 Freestyle	5:22.97	104% PB	
50 Freestyle		37.13	94%	800 Freestyle	3 10:56.41	102% PB	
50 Freestyle		35.83	101% PB	50 Breaststroke	43.74	98%	
100 Freestyle		1:18.34	92%	50 Breaststroke	41.95	106% PB	
100 Freestyle		1:15.72	99%	100 Breaststroke	1:33.85	93%	
100 Freestyle		1:16.12	97%	100 Breaststroke	4 1:28.16	106% PB	
200 Freestyle		2:41.56	93%	200 Breaststroke	4 3:14.33	94%	
200 Freestyle	3	2:34.75	102% PB	50 Butterfly	39.62	102% PB	
200 Freestyle		2:37.67	98%	200 Medley	4 2:52.91	101% PB	
400 Freestyle	5	5:26.63	102% PB				
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Birna Hilmarisdóttir	27/09/2002	270902-3240					
50 Freestyle		31.45	85%	200 Freestyle	2:16.23	95%	
50 Freestyle		29.99	94%	200 Freestyle	9 2:14.70	97%	
50 Freestyle		31.34	86%	400 Freestyle	4:38.39	99%	
50 Freestyle		31.84	83%	400 Freestyle	2 4:35.82	101% PB	
100 Freestyle		1:05.42	90%	800 Freestyle	2 9:19.77	102% PB	
100 Freestyle		1:05.64	89%	50 Butterfly	33.64	98%	
100 Freestyle		1:06.57	87%	100 Butterfly	1:18.19	90%	
100 Freestyle	5	1:02.56	98%	100 Butterfly	8 1:14.05	101% PB	
200 Freestyle		2:17.19	94%	400 Medley	5 5:23.66	111% PB	
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Jóhanna Bára Holm	03/03/2007	030307-3130					
50 Freestyle		41.65	104% PB	200 Freestyle	30 3:12.96	102% PB	
50 Freestyle		41.74	104% PB	50 Backstroke	52.79	111% PB	
100 Freestyle	30	1:28.95	104% PB	100 Backstroke	19 1:49.45	109% PB	
100 Freestyle		1:29.94	102% PB				
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Diljá Rún Ívarsdóttir	01/04/2002	010402-2470					
50 Backstroke		36.47	90%	50 Butterfly	33.70	88%	
50 Backstroke		36.11	91%	100 Butterfly	1:11.52	95%	
100 Backstroke	11	1:14.83	91%	100 Butterfly	4 1:09.82	100%	
100 Backstroke		1:14.79	92%	100 Butterfly	1:13.25	91%	
200 Backstroke	6	2:33.92	98%	200 Butterfly	3 2:34.72	97%	
50 Butterfly		32.02	98%	200 Medley	6 2:34.41	99%	
50 Butterfly		32.79	93%	400 Medley	4 5:22.30	100% PB	
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Elísabet Jóhannesdóttir	12/12/2006	121206-3070					
50 Freestyle		35.09	96%	100 Backstroke	1:22.25	98%	
100 Freestyle		1:13.71	99%	200 Backstroke	3 2:49.56	99%	
200 Freestyle		2:34.01	98%	50 Butterfly	37.41	94%	
400 Freestyle	2	5:15.46	100%	50 Butterfly	35.83	102% PB	
50 Backstroke		38.29	97%	100 Butterfly	1 1:19.24	99%	
50 Backstroke		39.51	91%	100 Medley	2 1:18.80	103% PB	
100 Backstroke	2	1:19.57	105% PB	200 Medley	2 2:46.38	106% PB	
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Rebekka Rós Magnadóttir	26/05/2007	260507-2650					
50 Freestyle		39.35	95%	100 Backstroke	11 1:31.12	109% PB	
50 Freestyle		39.33	95%	100 Backstroke	1:32.22	106% PB	
100 Freestyle		1:23.43	99%	200 Backstroke	11 3:05.22	112% PB	
100 Freestyle		1:21.87	103% PB	50 Butterfly	44.25	97%	
200 Freestyle	15	2:49.09	104% PB	50 Butterfly	42.17	106% PB	
200 Freestyle		2:48.62	104% PB	100 Butterfly	8 1:35.55	112% PB	
400 Freestyle	8	5:42.21	155% PB	200 Medley	11 3:08.29	107% PB	
50 Backstroke		44.59	102% PB				
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Birta Líf Ólafsdóttir	05/04/2002	050402-3390					
50 Freestyle		35.14	92%	100 Butterfly	20 1:21.39	93%	
100 Freestyle	41	1:12.34	97%	100 Butterfly	1:20.70	94%	
50 Butterfly		37.02	96%	200 Butterfly	12 2:54.80	96%	
50 Butterfly		36.90	96%	200 Medley	24 2:53.88	99%	
50 Butterfly		37.25	94%	400 Medley	16 6:09.97	91%	
100 Butterfly		1:24.28	86%				
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Jana Guðlaug Ómarsdóttir	04/08/2007	040807-2760					
50 Freestyle		41.49	95%	200 Freestyle	24 3:04.57	103% PB	
100 Freestyle		1:29.05	94%	100 Medley	25 1:34.83	107% PB	
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Embla Önnudóttir	02/12/2006	021206-2880					
50 Backstroke		45.40	110% PB	50 Breaststroke	53.51	114% PB	
100 Backstroke		1:34.89	103% PB	100 Breaststroke	29 1:54.38	109% PB	
200 Backstroke	16	3:11.98	103% PB				

<b>Hafdís Eva Pálsdóttir</b>							
		03/03/2004	030304-2760				
	50 Freestyle		31.40	96%	200 Backstroke	1	2:36.69 99%
	50 Freestyle		31.93	93%	50 Breaststroke		41.26 95%
	100 Freestyle	8	1:06.09	101% PB	50 Breaststroke		39.39 105% PB
	50 Backstroke		36.56	86%	100 Breaststroke		1:25.96 99%
	50 Backstroke		35.65	90%	100 Breaststroke	5	1:22.78 107% PB
	50 Backstroke		35.18	93%	200 Breaststroke	5	2:58.86 105% PB
	100 Backstroke		1:16.14	89%	50 Butterfly		33.92 101% PB
	100 Backstroke	1	1:13.46	95%	100 Butterfly	4	1:16.13 110% PB
<b>Ásta Kamilla Sigurðardóttir</b>							
		23/02/2004	230204-2760				
	50 Freestyle		31.99	88%	200 Freestyle	2	2:19.48 105% PB
	50 Freestyle		30.83	95%	200 Freestyle		2:25.83 96%
	50 Freestyle		34.07	78%	400 Freestyle	3	4:52.26 109% PB
	50 Freestyle		34.12	78%	400 Freestyle		4:58.73 105% PB
	100 Freestyle	3	1:04.67	102% PB	800 Freestyle	4	10:03.19 108% PB
	100 Freestyle		1:10.52	86%	50 Breaststroke		41.18 112% PB
	100 Freestyle		1:11.19	84%	100 Breaststroke	10	1:28.81 106% PB
	100 Freestyle		1:07.82	93%	50 Butterfly		32.49 115% PB
	200 Freestyle		2:26.26	95%	100 Butterfly	2	1:12.47 113% PB
<b>Stefanía Sigurþórsdóttir</b>							
		31/01/2001	310101-3460				
	50 Freestyle		32.89	74%	400 Freestyle	4	4:41.65 93%
	50 Freestyle		31.01	83%	800 Freestyle	5	9:40.52 92%
	50 Freestyle		29.80	90%	50 Backstroke		34.35 83%
	50 Freestyle		31.44	81%	50 Backstroke		33.24 89%
	100 Freestyle		1:04.95	86%	50 Backstroke		33.15 90%
	100 Freestyle		1:09.13	76%	100 Backstroke		1:11.16 86%
	100 Freestyle		1:05.34	85%	100 Backstroke	2	1:07.55 96%
	200 Freestyle	6	2:14.35	91%	200 Backstroke	1	2:26.17 94%
	200 Freestyle		2:15.93	89%	50 Butterfly		33.35 91%
	200 Freestyle		2:22.88	81%	200 Medley	3	2:28.40 94%
	400 Freestyle		4:51.79	87%			
<b>Þórhildur Ósk Þ Snædal</b>							
		04/02/2005	040205-2920				
	50 Freestyle		33.82	122% PB	200 Freestyle		2:47.21 100% PB
	50 Freestyle		36.51	105% PB	400 Freestyle	21	5:43.00 107% PB
	50 Freestyle		37.57	99%	50 Backstroke		39.52 113% PB
	100 Freestyle	24	1:10.55	123% PB	50 Backstroke		41.48 103% PB
	100 Freestyle		1:16.20	105% PB	100 Backstroke	17	1:21.40 118% PB
	100 Freestyle		1:19.12	98%	100 Backstroke		1:26.27 105% PB
	200 Freestyle	20	2:36.14	115% PB	200 Backstroke	16	2:54.59 130% PB
<b>Athena Líf Þrastardóttir</b>							
		24/07/2007	240707-2410				
	50 Freestyle		37.08	87%	200 Backstroke	2	2:48.76 120% PB
	100 Freestyle		1:18.71	91%	50 Butterfly		39.33 103% PB
	200 Freestyle	9	2:41.94	103% PB	50 Butterfly		38.14 110% PB
	50 Backstroke		39.89	103% PB	100 Butterfly	3	1:24.82 103% PB
	50 Backstroke		39.62	104% PB	100 Medley	7	1:25.14 98%
	100 Backstroke	4	1:20.98	103% PB	200 Medley	6	2:55.48 114% PB
	100 Backstroke		1:22.90	98%			
<b>Fjöla Margrét Viðarsdóttir</b>							
		16/01/2007	160107-3910				
	50 Freestyle		39.92	98%	200 Freestyle		2:58.81 101% PB
	50 Freestyle		40.01	98%	400 Freestyle	15	6:01.71 160% PB
	50 Freestyle		39.08	102% PB	50 Backstroke		46.14 96%
	100 Freestyle	18	1:21.86	111% PB	50 Backstroke		45.10 100%
	100 Freestyle		1:25.44	102% PB	100 Backstroke	14	1:33.78 93%
	100 Freestyle		1:24.12	105% PB	100 Backstroke		1:34.65 91%
	200 Freestyle	18	2:51.82	109% PB	200 Backstroke	17	3:12.57 97%
4 x 100 Freestyle	:	Stefanía Sigurþórsdóttir	01	Ásta Kamilla Sigurðardóttir	04	3	4:11.50
		Birna Hilmarsdóttir	02	Diljá Rún Ívarsdóttir	02		
		Hafdís Eva Pálsdóttir	04	Thelma Lind Einarsdóttir	05	1	4:20.38
		Ásta Kamilla Sigurðardóttir	04	Eva Margrét Falsdóttir	05		
4 x 50 Medley	:	Jóhanna Arna Gunnarsdóttir	06	Elísabet Jóhannesdóttir	06	1	2:26.36
		Stefanía Ósk Halldórsdóttir	06	Katla María Brynjarsdóttir	07		
4 x 100 Medley	:	Stefanía Sigurþórsdóttir	01	Diljá Rún Ívarsdóttir	02	1	4:35.11
		Eva Margrét Falsdóttir	05	Birna Hilmarsdóttir	02		
		Hafdís Eva Pálsdóttir	04	Ásta Kamilla Sigurðardóttir	04	1	4:49.04
		Eva Margrét Falsdóttir	05	Thelma Lind Einarsdóttir	05		

