

Individual Meet Results

ÍRB Langsundsmót 50 Nov 2012 24-nóv-12 [Ageup: 31.12.2012] LC Meters - FINA Points
Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
Berglind Björk Aðalsteinsdóttir (10) W					
NS	F # 1	Women 400 Free	IRB	---	---
Erna Rós Agnarsdóttir (10) W					
NS	F # 1	Women 400 Free	IRB	---	---
Gabriel Snær Andrason (11) M					
8:22.84L 84	F # 2	Men 400 Free	IRB	5	---
	52.64	1:58.69 3:04.01	4:08.47	5:15.09 6:20.14	7:23.99 8:22.84
	(52.64)	(1:06.05) (1:05.32)	(1:04.46)	(1:06.62) (1:05.05)	(1:03.85) (58.85)
4:08.47L 69	F # 2002	Men 200 Free	IRB	---	-6.72
Karen Mist Arngeldsdóttir (12) W					
22:08.45L 357	F # 5	Women 1500 Free	IRB	14	---
	37.90	1:20.61 2:05.21	2:49.86	3:34.67 4:19.39	5:03.89 5:48.30
	(37.90)	(42.71) (44.60)	(44.65) (44.81)	(44.72) (44.50)	(44.41) (44.41)
	6:33.21	7:18.06 8:02.79	8:46.68	9:31.85 10:16.39	11:01.32 11:45.80
	(44.91)	(44.85) (44.73)	(43.89) (45.17)	(44.54) (44.93)	(44.48) (44.48)
	12:31.01	13:16.47 14:01.81	14:47.10	15:31.50 16:16.20	17:01.05 17:45.99
	(45.21)	(45.46) (45.34)	(45.29) (44.40)	(44.70) (44.85)	(44.94) (44.94)
	18:30.82	19:15.20 19:59.12	20:42.93	21:25.98 22:08.45	
	(44.83)	(44.38) (43.92)	(43.81) (43.05)	(42.47)	
Dórunn Kolbrún Árnadóttir (10) W					
8:00.32L 123	F # 1	Women 400 Free	IRB	---	---
Gunnhildur Björg Baldursdóttir (12) W					
21:01.00L 418	F # 5	Women 1500 Free	IRB	10	---
	38.18	1:20.79 2:03.87	2:46.16	3:29.00 4:11.88	4:53.94 5:36.44
	(38.18)	(42.61) (43.08)	(42.29) (42.84)	(42.88) (42.06)	(42.50) (42.50)
	6:18.74	7:00.82 7:43.03	8:25.23	9:07.99 9:48.62	10:31.00 11:11.57
	(42.30)	(42.08) (42.21)	(42.20) (42.76)	(40.63) (42.38)	(40.57) (40.57)
	11:53.15	12:35.16 13:17.51	13:59.53	14:42.31 15:24.96	16:07.18 16:49.63
	(41.58)	(42.01) (42.35)	(42.02) (42.78)	(42.65) (42.22)	(42.45) (42.45)
	17:32.99	18:15.37 18:58.51	19:40.43	20:22.05 21:01.00	
	(43.36)	(42.38) (43.14)	(41.92) (41.62)	(38.95)	
1:20.79L 268	F # 1005	Women 100 Free	IRB	---	-3.08
2:46.16L 314	F # 2005	Women 200 Free	IRB	---	-3.56
5:36.44L 359	F # 4005	Women 400 Free	IRB	---	-13.07
11:11.57L 398	F # 8005	Women 800 Free	IRB	---	-34.31
Eiríkur Beck (12) M					
NS	F # 2	Men 400 Free	IRB	---	---
Pröstur Bjarnason (15) M					
17:09.70L 613	F # 6	Men 1500 Free	IRB	1	---
	29.80	1:02.34 1:35.75	2:09.58	2:43.84 3:18.51	3:53.11 4:27.47
	(29.80)	(32.54) (33.41)	(33.83) (34.26)	(34.67) (34.60)	(34.36) (34.36)
	5:02.12	5:36.57 6:11.75	6:46.07	7:20.85 7:55.15	8:30.06 9:04.23
	(34.65)	(34.45) (35.18)	(34.32) (34.78)	(34.30) (34.91)	(34.17) (34.17)
	9:38.86	10:13.44 10:48.44	11:23.40	11:58.31 12:32.70	13:07.42 13:42.40
	(34.63)	(34.58) (35.00)	(34.96) (34.91)	(34.39) (34.72)	(34.98) (34.98)
	14:17.39	14:51.70 15:26.62	16:01.31	16:35.60 17:09.70	
	(34.99)	(34.31) (34.92)	(34.69) (34.29)	(34.10)	
4:27.47L 557	F # 4006	Men 400 Free	IRB	---	-1.14
9:04.23L 573	F # 8006	Men 800 Free	IRB	---	-12.27

Individual Meet Results

ÍRB Langsundsmót 50 Nov 2012 24-nóv-12 [Ageup: 31.12.2012] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
Berglind Björgvinsdóttir (15) W					
19:45.29L 503	F # 5	Women 1500 Free	IRB	6	---
34.38	1:12.84	1:51.97	2:30.74	3:10.64	3:49.98
(34.38)	(38.46)	(39.13)	(38.77)	(39.90)	(39.34)
5:49.57	6:29.58	7:09.48	7:49.26	8:29.01	9:09.30
(40.34)	(40.01)	(39.90)	(39.78)	(39.75)	(40.29)
11:09.63	11:49.28	12:30.00	13:09.68	13:49.40	14:29.08
(40.22)	(39.65)	(40.72)	(39.68)	(39.72)	(39.68)
16:29.55	17:08.44	17:48.63	18:27.76	19:07.27	19:45.29
(40.34)	(38.89)	(40.19)	(39.13)	(39.51)	(38.02)
10:29.41L 484	F # 8005	Women 800 Free	IRB	---	-8.53
Ólöf Edda Eðvarðsdóttir (15) W					
5:04.05L 487	F # 1	Women 400 Free	IRB	1	---
34.04	1:11.80	1:51.34	2:30.66	3:08.93	3:48.36
(34.04)	(37.76)	(39.54)	(39.32)	(38.27)	(39.43)
Jóna Halla Egilsdóttir (13) W					
21:06.75L 412	F # 5	Women 1500 Free	IRB	11	---
38.64	1:20.69	2:03.34	2:45.02	3:27.92	4:10.37
(38.64)	(42.05)	(42.65)	(41.68)	(42.90)	(42.45)
6:16.77	6:58.83	7:40.65	8:22.80	9:05.11	9:47.18
(41.21)	(42.06)	(41.82)	(42.15)	(42.31)	(42.07)
11:55.61	12:37.46	13:20.90	14:03.40	14:46.52	15:29.00
(43.07)	(41.85)	(43.44)	(42.50)	(43.12)	(42.48)
17:37.28	18:19.29	19:02.46	19:44.85	20:27.08	21:06.75
(42.30)	(42.01)	(43.17)	(42.39)	(42.23)	(39.67)
5:35.56L 362	F # 4005	Women 400 Free	IRB	---	-0.39
11:12.54L 397	F # 8005	Women 800 Free	IRB	---	-8.80
Ágústa Marý Einarsdóttir (11) W					
7:34.92L 145	F # 1	Women 400 Free	IRB	6	---
51.04	1:47.76	2:45.66	3:44.58	4:42.68	5:43.14
(51.04)	(56.72)	(57.90)	(58.92)	(58.10)	(1:00.46)
Sandra Ósk Elíasdóttir (13) W					
23:33.25L 297	F # 5	Women 1500 Free	IRB	18	---
39.97	1:24.24	2:10.45	2:57.03	3:44.53	4:31.17
(39.97)	(44.27)	(46.21)	(46.58)	(47.50)	(46.64)
6:53.20	7:40.88	8:29.16	9:17.19	10:05.84	10:54.40
(47.58)	(47.68)	(48.28)	(48.03)	(48.65)	(48.56)
13:19.04	14:06.90	14:55.48	15:43.49	16:31.64	17:19.70
(48.05)	(47.86)	(48.58)	(48.01)	(48.15)	(48.06)
19:43.94	20:30.92	21:16.80	22:02.79	22:48.37	23:33.25
(47.50)	(46.98)	(45.88)	(45.99)	(45.58)	(44.88)
Birta María Falsdóttir (14) W					
18:29.42L 613	F # 5	Women 1500 Free	IRB	1	---
33.13	1:08.88	1:45.79	2:23.28	3:00.06	3:37.40
(33.13)	(35.75)	(36.91)	(37.49)	(36.78)	(37.34)
5:29.67	6:07.09	6:44.32	7:21.83	7:59.42	8:36.60
(37.50)	(37.42)	(37.23)	(37.51)	(37.59)	(37.18)
10:28.17	11:05.54	11:42.98	12:20.39	12:57.63	13:34.95
(37.29)	(37.37)	(37.44)	(37.41)	(37.24)	(37.32)
15:27.23	16:04.53	16:41.62	17:18.23	17:54.56	18:29.42
(37.56)	(37.30)	(37.09)	(36.61)	(36.33)	(34.86)

Individual Meet Results

ÍRB Langsundsmót 50 Nov 2012 24-nóv-12 [Ageup: 31.12.2012] LC Meters - FINA Points
Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv				
Thelma Rakel Helgadóttir (11) W									
27:05.22L 195	F # 5	Women 1500 Free	IRB	28	---				
45.82	1:35.75	2:28.03	3:21.02	4:14.20	5:07.67	6:00.92	6:53.91	---	---
(45.82)	(49.93)	(52.28)	(52.99)	(53.18)	(53.47)	(53.25)	(52.99)		
7:47.17	8:41.47	9:35.34	10:29.34	11:23.95	12:19.77	13:13.86	14:08.71		
(53.26)	(54.30)	(53.87)	(54.00)	(54.61)	(55.82)	(54.09)	(54.85)		
15:04.15	15:59.56	16:55.30	17:52.39	18:47.73	19:45.54	20:40.80	21:36.78		
(55.44)	(55.41)	(55.74)	(57.09)	(55.34)	(57.81)	(55.26)	(55.98)		
22:31.52	23:28.00	24:24.33	25:18.85	26:11.62	27:05.22				
(54.74)	(56.48)	(56.33)	(54.52)	(52.77)	(53.60)				
6:53.91L 193	F # 4005	Women 400 Free	IRB			---			-7.10
14:08.71L 197	F # 8005	Women 800 Free	IRB			---			-7.14
Benedikt Már Helgason (10) M									
NS	F # 2	Men 400 Free	IRB	---	---				---
Birna Hilmarsdóttir (10) W									
23:47.81L 288	F # 5	Women 1500 Free	IRB	19	---				---
45.31	1:33.22	2:20.79	3:08.94	3:58.13	4:46.86	5:36.14	6:25.28		
(45.31)	(47.91)	(47.57)	(48.15)	(49.19)	(48.73)	(49.28)	(49.14)		
7:13.64	8:03.70	8:51.89	9:40.72	10:29.41	11:18.40	12:06.26	12:54.91		
(48.36)	(50.06)	(48.19)	(48.83)	(48.69)	(48.99)	(47.86)	(48.65)		
13:43.03	14:31.06	15:18.19	16:05.66	16:52.37	17:39.48	18:26.72	19:14.59		
(48.12)	(48.03)	(47.13)	(47.47)	(46.71)	(47.11)	(47.24)	(47.87)		
20:01.34	20:48.47	21:34.90	22:21.30	23:06.62	23:47.81				
(46.75)	(47.13)	(46.43)	(46.40)	(45.32)	(41.19)				
3:08.94L 214	F # 2005	Women 200 Free	IRB			---			-0.28
6:25.28L 239	F # 4005	Women 400 Free	IRB			---			-20.71
12:54.91L 259	F # 8005	Women 800 Free	IRB			---			-1.11
Íris Ósk Hilmarsdóttir (14) W									
19:29.37L 524	F # 5	Women 1500 Free	IRB	4	---				-19.12
34.44	1:12.34	1:50.67	2:29.69	3:08.55	3:48.07	4:27.86	5:07.98		
(34.44)	(37.90)	(38.33)	(39.02)	(38.86)	(39.52)	(39.79)	(40.12)		
5:46.89	6:26.47	7:05.39	7:45.29	8:24.82	9:04.62	9:44.21	10:24.31		
(38.91)	(39.58)	(38.92)	(39.90)	(39.53)	(39.80)	(39.59)	(40.10)		
11:04.51	11:43.88	12:23.12	13:02.60	13:40.14	14:19.65	14:58.80	15:38.28		
(40.20)	(39.37)	(39.24)	(39.48)	(37.54)	(39.51)	(39.15)	(39.48)		
16:17.65	16:58.21	17:37.05	18:16.28	18:53.11	19:29.37				
(39.37)	(40.56)	(38.84)	(39.23)	(36.83)	(36.26)				
5:07.98L 468	F # 4005	Women 400 Free	IRB			---			-0.32
10:24.31L 496	F # 8005	Women 800 Free	IRB			---			-3.62
Björgvin Theodór Hilmarsson (14) M									
19:38.26L 409	F # 6	Men 1500 Free	IRB	7	---				-4.64
35.04	1:13.13	1:51.59	2:30.43	3:09.70	3:49.49	4:29.03	5:08.23		
(35.04)	(38.09)	(38.46)	(38.84)	(39.27)	(39.79)	(39.54)	(39.20)		
5:47.95	6:26.92	7:06.60	7:45.63	8:25.14	9:04.96	9:44.12	10:23.95		
(39.72)	(38.97)	(39.68)	(39.03)	(39.51)	(39.82)	(39.16)	(39.83)		
11:03.36	11:42.39	12:22.31	13:02.10	13:40.80	14:20.04	15:00.25	15:40.16		
(39.41)	(39.03)	(39.92)	(39.79)	(38.70)	(39.24)	(40.21)	(39.91)		
16:20.05	17:00.23	17:39.66	18:19.74	18:59.80	19:38.26				
(39.89)	(40.18)	(39.43)	(40.08)	(40.06)	(38.46)				
10:23.95L 380	F # 8006	Men 800 Free	IRB			---			-7.05

Individual Meet Results

ÍRB Langsundsmót 50 Nov 2012 24-nóv-12 [Ageup: 31.12.2012] LC Meters - FINA Points
Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv		
Diljá Rún Ívarsdóttir (10) W							
23:50.09L 286	F # 5	Women 1500 Free	IRB 21	---	-242.29		
41.90	1:28.87	2:16.92	3:04.74	3:54.27	4:42.85	5:32.91	6:21.45
(41.90)	(46.97)	(48.05)	(47.82)	(49.53)	(48.58)	(50.06)	(48.54)
7:10.70	7:59.48	8:48.22	9:38.17	10:27.13	11:16.50	12:04.90	12:53.14
(49.25)	(48.78)	(48.74)	(49.95)	(48.96)	(49.37)	(48.40)	(48.24)
13:41.72	14:29.14	15:16.90	16:04.31	16:51.83	17:38.11	18:25.73	19:13.60
(48.58)	(47.42)	(47.76)	(47.41)	(47.52)	(46.28)	(47.62)	(47.87)
20:00.03	20:47.50	21:34.14	22:20.99	23:06.29	23:50.09		
(46.43)	(47.47)	(46.64)	(46.85)	(45.30)	(43.80)		
1:28.87L 201	F # 1005	Women 100 Free	IRB	---	-4.53		
3:04.74L 229	F # 2005	Women 200 Free	IRB	---	-7.98		
6:21.45L 246	F # 4005	Women 400 Free	IRB	---	-16.93		
12:53.14L 261	F # 8005	Women 800 Free	IRB	---	-30.01		
Einar Þór Ívarsson (16) M							
4:43.75L 467	F # 2	Men 400 Free	IRB 2	---	20.04		
30.70	1:04.45	1:39.61	2:15.80	2:52.73	3:30.16	4:07.44	4:43.75
(30.70)	(33.75)	(35.16)	(36.19)	(36.93)	(37.43)	(37.28)	(36.31)
Jakub Cezary Jaks (11) M							
7:11.51L 133	F # 2	Men 400 Free	IRB 4	---	---		
43.56	1:37.44	2:33.96	3:28.61	---	5:25.24	6:23.46	7:11.51
(43.56)	(53.88)	(56.52)	(54.65)	---	(5:25.24)	(58.22)	(48.05)
1:37.44L 112	F # 1002	Men 100 Free	IRB	---	-5.95		
3:28.61L 117	F # 2002	Men 200 Free	IRB	---	---		
43.56L 111	F # 502	Men 50 Free	IRB	---	-2.86		
Jóhanna Matthea Jóhannesdóttir (11) W							
22:09.23L 357	F # 5	Women 1500 Free	IRB 15	---	-137.20		
38.72	1:21.62	2:04.99	2:49.50	3:34.10	4:18.35	5:02.93	5:47.69
(38.72)	(42.90)	(43.37)	(44.51)	(44.60)	(44.25)	(44.58)	(44.76)
6:32.49	7:17.57	8:02.39	8:47.64	9:33.03	10:17.01	11:02.22	11:46.01
(44.80)	(45.08)	(44.82)	(45.25)	(45.39)	(43.98)	(45.21)	(43.79)
12:31.27	13:16.35	14:01.61	14:46.32	15:30.07	16:15.16	16:59.31	17:45.06
(45.26)	(45.08)	(45.26)	(44.71)	(43.75)	(45.09)	(44.15)	(45.75)
18:30.53	19:15.52	20:00.60	20:44.40	21:27.91	22:09.23		
(45.47)	(44.99)	(45.08)	(43.80)	(43.51)	(41.32)		
1:21.62L 260	F # 1005	Women 100 Free	IRB	---	-2.39		
2:49.50L 296	F # 2005	Women 200 Free	IRB	---	-3.68		
5:47.69L 325	F # 4005	Women 400 Free	IRB	---	-20.42		
38.72L 230	F # 505	Women 50 Free	IRB	---	-0.40		
11:46.01L 343	F # 8005	Women 800 Free	IRB	---	-33.79		

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ÍRB Langsundsmót 50 Nov 2012 24-nóv-12 [Ageup: 31.12.2012] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
Agata Jóhannsdóttir (14) W					
26:00.34L 220	F # 5	Women 1500 Free	IRB 25	---	---
2:21.29	1:29.83	---	3:12.47	4:05.82	4:59.57
(2:21.29)	(51.46)	---	(3:12.47)	(53.35)	(53.75)
7:38.85	8:31.20	9:25.16	10:16.91	11:10.38	12:03.88
(53.87)	(52.35)	(53.96)	(51.75)	(53.47)	(53.50)
14:44.00	15:35.91	16:29.47	17:22.59	18:14.02	19:06.46
(54.09)	(51.91)	(53.56)	(53.12)	(51.43)	(52.44)
21:44.01	22:35.39	23:28.64	24:20.39	25:10.20	26:00.34
(51.88)	(51.38)	(53.25)	(51.75)	(49.81)	(50.14)
1:29.83L 195	F # 1005	Women 100 Free	IRB	---	---
3:12.47L 202	F # 2005	Women 200 Free	IRB	---	---
6:44.98L 206	F # 4005	Women 400 Free	IRB	---	---
2:21.29L 5	F # 505	Women 50 Free	IRB	---	---
13:49.91L 211	F # 8005	Women 800 Free	IRB	---	---
Erna Guðrún Jónsdóttir (11) W					
6:58.51L 187	F # 1	Women 400 Free	IRB 3	---	---
44.67	1:34.71	2:29.65	3:24.92	4:18.51	5:13.65
(44.67)	(50.04)	(54.94)	(55.27)	(53.59)	(55.14)
1:34.71L 166	F # 1001	Women 100 Free	IRB	---	---
3:24.92L 168	F # 2001	Women 200 Free	IRB	---	---
44.67L 150	F # 501	Women 50 Free	IRB	---	-5.89
Guðrún Eir Jónsdóttir (14) W					
19:50.85L 496	F # 5	Women 1500 Free	IRB 8	---	-85.69
35.04	1:13.32	1:52.99	2:32.27	3:11.82	3:51.20
(35.04)	(38.28)	(39.67)	(39.28)	(39.55)	(39.38)
5:49.78	6:29.06	7:09.13	7:49.26	8:29.62	9:09.09
(39.77)	(39.28)	(40.07)	(40.13)	(40.36)	(39.47)
11:09.39	11:49.09	12:29.29	13:09.39	13:50.21	14:29.18
(40.29)	(39.70)	(40.20)	(40.10)	(40.82)	(38.97)
16:31.27	17:11.78	17:52.67	18:32.94	19:12.56	19:50.85
(40.74)	(40.51)	(40.89)	(40.27)	(39.62)	(38.29)
Heiðrún Katla Jónsdóttir (12) W					
24:28.36L 264	F # 5	Women 1500 Free	IRB 23	---	-200.56
43.60	1:31.21	2:19.60	3:07.58	3:57.10	4:46.29
(43.60)	(47.61)	(48.39)	(47.98)	(49.52)	(49.19)
7:14.50	8:03.95	8:53.62	9:42.89	10:31.89	11:20.73
(48.93)	(49.45)	(49.67)	(49.27)	(49.00)	(48.84)
13:48.77	14:38.11	15:27.56	16:18.23	17:07.12	17:56.92
(49.30)	(49.34)	(49.45)	(50.67)	(48.89)	(49.80)
20:26.24	21:16.00	22:05.82	22:54.87	23:42.35	24:28.36
(50.37)	(49.76)	(49.82)	(49.05)	(47.48)	(46.01)
1:31.21L 186	F # 1005	Women 100 Free	IRB	---	-1.44
3:07.58L 218	F # 2005	Women 200 Free	IRB	---	-0.65
6:25.57L 239	F # 4005	Women 400 Free	IRB	---	-15.59
12:59.47L 255	F # 8005	Women 800 Free	IRB	---	-105.19

Individual Meet Results

ÍRB Langsundsmót 50 Nov 2012 24-nóv-12 [Ageup: 31.12.2012] LC Meters - FINA Points
Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
Laufey Jóna Jónsdóttir (14) W					
19:47.33L 500	F # 5	Women 1500 Free	IRB	7	---
					-58.95
34.36	1:11.98	1:50.46	2:29.92	3:09.73	3:49.86
					4:29.74
					5:09.44
(34.36)	(37.62)	(38.48)	(39.46)	(39.81)	(40.13)
					(39.88)
					(39.70)
5:49.18	6:28.53	7:08.09	7:48.05	8:27.79	9:07.18
					9:47.38
					10:27.08
(39.74)	(39.35)	(39.56)	(39.96)	(39.74)	(39.39)
					(40.20)
					(39.70)
11:07.12	11:47.09	12:27.31	13:06.80	13:46.95	14:27.44
					15:07.55
					15:47.36
(40.04)	(39.97)	(40.22)	(39.49)	(40.15)	(40.49)
					(40.11)
					(39.81)
16:27.62	17:07.86	17:47.86	18:28.04	19:08.36	19:47.33
(40.26)	(40.24)	(40.00)	(40.18)	(40.32)	(38.97)
Aníka Mjöll Júlíusdóttir (11) W					
22:27.46L 342	F # 5	Women 1500 Free	IRB	16	---
					-199.12
38.17	1:22.84	2:07.98	2:54.41	3:40.28	4:26.00
					5:11.38
					5:57.53
(38.17)	(44.67)	(45.14)	(46.43)	(45.87)	(45.72)
					(45.38)
					(46.15)
6:44.12	7:30.48	8:17.38	9:02.40	9:48.21	10:33.28
					11:19.85
					12:05.01
(46.59)	(46.36)	(46.90)	(45.02)	(45.81)	(45.07)
					(46.57)
					(45.16)
12:50.60	13:36.34	14:17.06	15:05.33	15:49.83	16:34.79
					17:19.57
					18:05.09
(45.59)	(45.74)	(40.72)	(48.27)	(44.50)	(44.96)
					(44.78)
					(45.52)
18:49.65	19:33.38	20:18.57	21:03.63	21:47.00	22:27.46
(44.56)	(43.73)	(45.19)	(45.06)	(43.37)	(40.46)
2:54.41L 272	F # 2005	Women 200 Free	IRB		---
					-5.10
5:57.53L 299	F # 4005	Women 400 Free	IRB		---
					-7.46
12:05.01L 317	F # 8005	Women 800 Free	IRB		---
					-9.54
Ingunn Eva Júlíusdóttir (13) W					
22:35.30L 336	F # 5	Women 1500 Free	IRB	17	---

39.48	1:23.45	2:08.28	2:54.66	3:39.97	4:25.26
					5:10.98
					5:56.92
(39.48)	(43.97)	(44.83)	(46.38)	(45.31)	(45.29)
					(45.72)
					(45.94)
6:42.82	7:29.40	8:14.90	9:01.28	9:47.25	10:32.47
					11:18.13
					12:03.64
(45.90)	(46.58)	(45.50)	(46.38)	(45.97)	(45.22)
					(45.66)
					(45.51)
12:49.45	13:34.78	14:20.72	15:05.87	15:51.32	16:36.62
					17:22.15
					18:07.27
(45.81)	(45.33)	(45.94)	(45.15)	(45.45)	(45.30)
					(45.53)
					(45.12)
18:52.63	19:37.89	20:23.06	21:08.44	21:52.62	22:35.30
(45.36)	(45.26)	(45.17)	(45.38)	(44.18)	(42.68)
5:56.92L 301	F # 4005	Women 400 Free	IRB		---
					-4.21
12:03.64L 318	F # 8005	Women 800 Free	IRB		---
					-3.49
Eydís Ósk Kolbeinsdóttir (12) W					
19:39.32L 511	F # 5	Women 1500 Free	IRB	5	---
					-127.54
36.04	1:16.38	1:56.64	2:36.57	3:17.18	3:57.67
					4:37.71
					5:17.37
(36.04)	(40.34)	(40.26)	(39.93)	(40.61)	(40.49)
					(40.04)
					(39.66)
5:57.61	6:37.77	7:17.48	7:57.08	8:37.08	9:16.48
					9:55.90
					10:35.75
(40.24)	(40.16)	(39.71)	(39.60)	(40.00)	(39.40)
					(39.42)
					(39.85)
11:15.39	11:54.27	12:33.93	13:13.03	13:52.08	14:31.47
					15:10.73
					15:50.20
(39.64)	(38.88)	(39.66)	(39.10)	(39.05)	(39.39)
					(39.26)
					(39.47)
16:28.70	17:07.22	17:45.72	18:24.61	19:02.87	19:39.32
(38.50)	(38.52)	(38.50)	(38.89)	(38.26)	(36.45)
5:17.37L 428	F # 4005	Women 400 Free	IRB		---
					-2.38
10:35.75L 469	F # 8005	Women 800 Free	IRB		---
					-11.54

Individual Meet Results

ÍRB Langsundsmót 50 Nov 2012 24-nóv-12 [Ageup: 31.12.2012] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv		
Klaudia Malesa (11) W							
23:48.54L 287	F # 5	Women 1500 Free	IRB 20	---	---		
42.05	1:28.11	2:15.41	3:03.24	3:51.37	4:39.23	5:26.75	6:15.75
(42.05)	(46.06)	(47.30)	(47.83)	(48.13)	(47.86)	(47.52)	(49.00)
7:04.98	7:54.30	8:42.74	9:31.46	10:19.81	11:08.92	11:57.83	12:46.49
(49.23)	(49.32)	(48.44)	(48.72)	(48.35)	(49.11)	(48.91)	(48.66)
13:34.99	14:25.03	15:13.57	16:02.42	16:49.70	17:37.05	18:23.63	19:10.00
(48.50)	(50.04)	(48.54)	(48.85)	(47.28)	(47.35)	(46.58)	(46.37)
19:57.37	20:45.03	21:32.13	22:19.15	23:04.22	23:48.54		
(47.37)	(47.66)	(47.10)	(47.02)	(45.07)	(44.32)		
6:15.75L 258	F # 4005	Women 400 Free	IRB	---	-15.92		
12:46.49L 268	F # 8005	Women 800 Free	IRB	---	-20.65		
Rakel Ýr Ottósdóttir (12) W							
26:23.96L 211	F # 5	Women 1500 Free	IRB 26	---	---		
43.50	1:34.51	2:26.41	3:18.37	4:11.06	5:03.93	5:57.22	6:50.45
(43.50)	(51.01)	(51.90)	(51.96)	(52.69)	(52.87)	(53.29)	(53.23)
7:43.77	8:36.42	9:30.07	10:23.55	11:17.58	12:10.86	13:04.75	13:58.34
(53.32)	(52.65)	(53.65)	(53.48)	(54.03)	(53.28)	(53.89)	(53.59)
14:52.75	15:46.79	16:40.88	17:34.36	18:28.57	19:22.10	20:16.21	21:10.15
(54.41)	(54.04)	(54.09)	(53.48)	(54.21)	(53.53)	(54.11)	(53.94)
22:04.61	22:58.89	23:52.67	24:44.88	25:35.60	26:23.96		
(54.46)	(54.28)	(53.78)	(52.21)	(50.72)	(48.36)		
1:34.51L 167	F # 1005	Women 100 Free	IRB	---	---		
3:18.37L 185	F # 2005	Women 200 Free	IRB	---	---		
6:50.45L 198	F # 4005	Women 400 Free	IRB	---	---		
43.50L 162	F # 505	Women 50 Free	IRB	---	---		
13:58.34L 205	F # 8005	Women 800 Free	IRB	---	---		
Birta Líf Ólafsdóttir (10) W							
7:12.49L 169	F # 1	Women 400 Free	IRB 4	---	---		
48.49	1:42.74	2:38.38	3:33.25	4:30.42	5:25.39	6:22.31	7:12.49
(48.49)	(54.25)	(55.64)	(54.87)	(57.17)	(54.97)	(56.92)	(50.18)
1:42.74L 130	F # 1001	Women 100 Free	IRB	---	-6.44		
3:33.25L 149	F # 2001	Women 200 Free	IRB	---	-24.65		
48.49L 117	F # 501	Women 50 Free	IRB	---	-0.50		
Eiríkur Ingi Ólafsson (13) M							
19:11.38L 438	F # 6	Men 1500 Free	IRB 4	---	-33.85		
34.70	1:12.53	1:51.07	2:29.55	3:07.78	3:45.89	4:25.00	5:03.34
(34.70)	(37.83)	(38.54)	(38.48)	(38.23)	(38.11)	(39.11)	(38.34)
5:42.27	6:20.88	6:59.76	7:38.58	8:16.91	8:55.56	9:33.98	10:12.40
(38.93)	(38.61)	(38.88)	(38.82)	(38.33)	(38.65)	(38.42)	(38.42)
10:51.14	11:29.81	12:08.64	12:47.28	13:26.19	14:04.91	14:43.61	15:22.36
(38.74)	(38.67)	(38.83)	(38.64)	(38.91)	(38.72)	(38.70)	(38.75)
16:01.20	16:39.87	17:18.15	17:56.92	18:35.07	19:11.38		
(38.84)	(38.67)	(38.28)	(38.77)	(38.15)	(36.31)		
2:29.55L 317	F # 2006	Men 200 Free	IRB	---	-0.66		
5:03.34L 382	F # 4006	Men 400 Free	IRB	---	-9.44		
10:12.40L 402	F # 8006	Men 800 Free	IRB	---	-15.96		

Individual Meet Results

ÍRB Langsundsmót 50 Nov 2012 24-nóv-12 [Ageup: 31.12.2012] LC Meters - FINA Points
Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv		
Ingi Þór Ólafsson (13) M							
19:12.17L 437	F # 6	Men 1500 Free	IRB	5	---		
34.31	1:12.20	1:50.58	2:29.82	3:07.95	3:46.71	4:25.13	5:04.42
(34.31)	(37.89)	(38.38)	(39.24)	(38.13)	(38.76)	(38.42)	(39.29)
5:43.19	6:22.42	7:00.64	7:39.88	8:17.90	8:57.01	9:34.87	10:13.84
(38.77)	(39.23)	(38.22)	(39.24)	(38.02)	(39.11)	(37.86)	(38.97)
10:52.31	11:31.48	12:10.16	12:48.86	13:27.05	14:06.02	14:45.10	15:24.52
(38.47)	(39.17)	(38.68)	(38.70)	(38.19)	(38.97)	(39.08)	(39.42)
16:02.85	16:42.38	17:19.92	17:58.87	18:37.57	19:12.17		
(38.33)	(39.53)	(37.54)	(38.95)	(38.70)	(34.60)		
1:12.20L 274	F # 1006	Men 100 Free	IRB		---		-2.28
2:29.82L 316	F # 2006	Men 200 Free	IRB		---		-1.15
5:04.42L 378	F # 4006	Men 400 Free	IRB		---		-11.47
34.31L 227	F # 506	Men 50 Free	IRB		---		-1.16
10:13.84L 400	F # 8006	Men 800 Free	IRB		---		-46.49
Kolbrún Eva Pálmadóttir (10) W							
27:48.01L 180	F # 5	Women 1500 Free	IRB	29	---		---
48.94	1:43.25	---	3:36.57	4:34.10	5:31.37	6:29.64	7:25.01
(48.94)	(54.31)	---	(3:36.57)	(57.53)	(57.27)	(58.27)	(55.37)
8:21.78	9:18.32	10:15.58	11:12.68	12:10.59	13:09.52	14:05.59	15:01.26
(56.77)	(56.54)	(57.26)	(57.10)	(57.91)	(58.93)	(56.07)	(55.67)
15:58.31	16:55.21	17:53.23	18:48.45	19:44.98	20:40.43	21:35.01	22:29.40
(57.05)	(56.90)	(58.02)	(55.22)	(56.53)	(55.45)	(54.58)	(54.39)
23:25.66	24:20.99	25:16.87	26:09.81	27:01.52	27:48.01		
(56.26)	(55.33)	(55.88)	(52.94)	(51.71)	(46.49)		
3:36.57L 142	F # 2005	Women 200 Free	IRB		---		-1.48
7:25.01L 155	F # 4005	Women 400 Free	IRB		---		-11.98
15:01.26L 165	F # 8005	Women 800 Free	IRB		---		-15.47
Steinunn Rúna Ragnarsdóttir (13) W							
24:26.28L 266	F # 5	Women 1500 Free	IRB	22	---		-169.90
41.26	1:27.93	2:16.82	3:05.50	3:54.50	4:43.55	5:33.80	6:24.19
(41.26)	(46.67)	(48.89)	(48.68)	(49.00)	(49.05)	(50.25)	(50.39)
7:14.51	8:04.05	8:52.03	9:41.29	10:30.87	11:19.97	12:09.01	12:59.39
(50.32)	(49.54)	(47.98)	(49.26)	(49.58)	(49.10)	(49.04)	(50.38)
13:48.84	14:39.54	15:28.96	16:19.50	17:09.52	17:57.21	18:46.97	19:36.59
(49.45)	(50.70)	(49.42)	(50.54)	(50.02)	(47.69)	(49.76)	(49.62)
20:26.64	21:17.49	22:07.10	22:56.89	23:42.89	24:26.28		
(50.05)	(50.85)	(49.61)	(49.79)	(46.00)	(43.39)		
3:05.50L 226	F # 2005	Women 200 Free	IRB		---		-1.16
6:24.19L 241	F # 4005	Women 400 Free	IRB		---		-4.48
12:59.39L 255	F # 8005	Women 800 Free	IRB		---		-2.42
Hreiðar Máni Ragnarsson (13) M							
25:47.81L 180	F # 6	Men 1500 Free	IRB	13	---		---
40.77	1:28.33	2:18.34	3:07.36	3:56.46	4:46.88	5:37.81	6:28.79
(40.77)	(47.56)	(50.01)	(49.02)	(49.10)	(50.42)	(50.93)	(50.98)
7:20.82	8:10.56	9:02.63	9:55.17	10:48.39	11:41.78	12:33.59	13:26.18
(52.03)	(49.74)	(52.07)	(52.54)	(53.22)	(53.39)	(51.81)	(52.59)
14:18.88	15:12.10	16:02.81	16:56.26	17:50.47	18:43.94	19:38.15	20:30.36
(52.70)	(53.22)	(50.71)	(53.45)	(54.21)	(53.47)	(54.21)	(52.21)
21:24.32	22:17.16	23:10.07	24:02.64	24:56.30	25:47.81		
(53.96)	(52.84)	(52.91)	(52.57)	(53.66)	(51.51)		

Individual Meet Results

ÍRB Langsundsmót 50 Nov 2012 24-nóv-12 [Ageup: 31.12.2012] LC Meters - FINA Points
Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv				
Magnþór Breki Ragnarsson (14) M									
21:37.60L 306	F # 6	Men 1500 Free	IRB	9	---				
38.34	1:21.17	2:04.18	2:47.16	3:31.64	4:15.22	4:58.83	5:42.28	---	---
(38.34)	(42.83)	(43.01)	(42.98)	(44.48)	(43.58)	(43.61)	(43.45)		
6:25.14	7:07.79	7:51.50	8:34.80	9:18.24	10:02.14	10:46.26	11:29.10		
(42.86)	(42.65)	(43.71)	(43.30)	(43.44)	(43.90)	(44.12)	(42.84)		
12:12.59	12:56.41	13:40.93	14:24.44	15:09.00	15:53.03	16:37.18	17:20.97		
(43.49)	(43.82)	(44.52)	(43.51)	(44.56)	(44.03)	(44.15)	(43.79)		
18:04.70	18:48.43	19:32.06	20:14.49	20:56.67	21:37.60				
(43.73)	(43.73)	(43.63)	(42.43)	(42.18)	(40.93)				
Ólafur Garðar Reynisson (11) M									
7:02.45L 141	F # 2	Men 400 Free	IRB	3	---				
45.57	1:38.06	2:33.93	3:27.10	4:22.57	5:16.86	6:10.43	7:02.45		-39.46
(45.57)	(52.49)	(55.87)	(53.17)	(55.47)	(54.29)	(53.57)	(52.02)		
1:38.06L 109	F # 1002	Men 100 Free	IRB					---	-5.24
3:27.10L 119	F # 2002	Men 200 Free	IRB					---	-17.61
45.57L 97	F # 502	Men 50 Free	IRB					---	-2.06
Sylwia Sienkiewicz (13) W									
21:29.45L 391	F # 5	Women 1500 Free	IRB	12	---				
37.59	1:19.85	2:03.38	2:46.24	3:30.44	4:14.70	4:57.96	5:41.68		-319.73
(37.59)	(42.26)	(43.53)	(42.86)	(44.20)	(44.26)	(43.26)	(43.72)		
6:25.48	7:08.49	7:51.53	8:34.96	9:19.01	10:02.21	10:45.23	11:28.50		
(43.80)	(43.01)	(43.04)	(43.43)	(44.05)	(43.20)	(43.02)	(43.27)		
12:11.91	12:55.75	13:38.96	14:21.74	15:05.04	15:47.94	16:31.40	17:14.94		
(43.41)	(43.84)	(43.21)	(42.78)	(43.30)	(42.90)	(43.46)	(43.54)		
17:59.00	18:42.25	19:25.45	20:08.05	20:49.51	21:29.45				
(44.06)	(43.25)	(43.20)	(42.60)	(41.46)	(39.94)				
Baldvin Sigmarsson (15) M									
17:36.40L 567	F # 6	Men 1500 Free	IRB	2	---				
31.03	1:05.24	1:40.08	2:14.73	2:49.80	3:25.28	4:00.38	4:35.83		6.61
(31.03)	(34.21)	(34.84)	(34.65)	(35.07)	(35.48)	(35.10)	(35.45)		
5:11.01	5:46.55	6:22.02	6:57.55	7:33.42	8:08.99	8:44.72	9:20.41		
(35.18)	(35.54)	(35.47)	(35.53)	(35.87)	(35.57)	(35.73)	(35.69)		
9:55.96	10:31.74	11:07.43	11:43.24	12:18.93	12:54.93	13:30.35	14:06.52		
(35.55)	(35.78)	(35.69)	(35.81)	(35.69)	(36.00)	(35.42)	(36.17)		
14:41.91	15:17.52	15:53.05	16:28.45	17:02.92	17:36.40				
(35.39)	(35.61)	(35.53)	(35.40)	(34.47)	(33.48)				
Kristófer Sigurðsson (17) M									
4:19.39L 611	F # 2	Men 400 Free	IRB	1	---				
28.67	1:00.42	1:32.26	2:04.73	2:37.57	3:11.10	3:45.16	4:19.39		7.68
(28.67)	(31.75)	(31.84)	(32.47)	(32.84)	(33.53)	(34.06)	(34.23)		
Erla Sigurjónsdóttir (17) W									
NS	F # 5	Women 1500 Free	IRB	---	---				

Individual Meet Results

ÍRB Langsundsmót 50 Nov 2012 24-nóv-12 [Ageup: 31.12.2012] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv					
Stefanía Sigurþórsdóttir (11) W										
21:32.11L 388	F # 5	Women 1500 Free	IRB	13	---					
					-103.30					
	37.24	1:18.11	2:00.81	2:43.71	3:26.20	4:08.77	4:51.41	5:34.01		
	(37.24)	(40.87)	(42.70)	(42.90)	(42.49)	(42.57)	(42.64)	(42.60)		
	6:16.84	6:59.62	7:41.24	8:24.03	9:06.47	9:48.12	10:30.52	11:11.91		
	(42.83)	(42.78)	(41.62)	(42.79)	(42.44)	(41.65)	(42.40)	(41.39)		
	11:54.66	12:37.82	13:21.68	14:05.31	14:49.67	15:34.58	16:19.52	17:03.60		
	(42.75)	(43.16)	(43.86)	(43.63)	(44.36)	(44.91)	(44.94)	(44.08)		
	17:48.44	18:33.56	19:18.66	20:02.63	20:47.23	21:32.11				
	(44.84)	(45.12)	(45.10)	(43.97)	(44.60)	(44.88)				
5:34.01L 367	F # 4005	Women 400 Free	IRB		---	-15.16				
11:11.91L 398	F # 8005	Women 800 Free	IRB		---	-32.55				
Svanfríður Steingrimsdóttir (13) W										
20:44.23L 435	F # 5	Women 1500 Free	IRB	9	---					
						-139.94				
	37.16	1:18.49	2:00.69	2:42.78	3:24.55	4:06.76	4:48.51	5:30.90		
	(37.16)	(41.33)	(42.20)	(42.09)	(41.77)	(42.21)	(41.75)	(42.39)		
	6:12.65	6:54.85	7:36.45	8:18.52	9:00.58	9:42.25	10:24.61	11:06.19		
	(41.75)	(42.20)	(41.60)	(42.07)	(42.06)	(41.67)	(42.36)	(41.58)		
	11:48.34	12:30.20	13:12.06	13:53.41	14:35.46	15:17.67	15:59.69	16:41.28		
	(42.15)	(41.86)	(41.86)	(41.35)	(42.05)	(42.21)	(42.02)	(41.59)		
	17:23.27	18:04.56	18:45.97	19:26.72	20:06.11	20:44.23				
	(41.99)	(41.29)	(41.41)	(40.75)	(39.39)	(38.12)				
Birgitta Rún Vignisdóttir (10) W										
7:16.08L 165	F # 1	Women 400 Free	IRB	5	---	---				
	45.52	1:39.62	2:35.98	3:31.26	4:28.19	5:25.48	6:24.25	7:16.08		
	(45.52)	(54.10)	(56.36)	(55.28)	(56.93)	(57.29)	(58.77)	(51.83)		
1:39.62L 143	F # 1001	Women 100 Free	IRB		---	-20.18				
3:31.26L 153	F # 2001	Women 200 Free	IRB		---	-44.21				
45.52L 142	F # 501	Women 50 Free	IRB		---	-7.90				
Aleksandra Wasilewska (16) W										
19:14.80L 544	F # 5	Women 1500 Free	IRB	3	---	4.98				
	33.86	1:10.06	1:46.99	2:24.38	3:02.18	3:39.67	4:17.86	4:56.01		
	(33.86)	(36.20)	(36.93)	(37.39)	(37.80)	(37.49)	(38.19)	(38.15)		
	5:34.07	6:12.40	6:51.43	7:30.28	8:09.15	8:48.07	9:27.57	10:06.84		
	(38.06)	(38.33)	(39.03)	(38.85)	(38.87)	(38.92)	(39.50)	(39.27)		
	10:46.09	11:25.23	12:05.12	12:44.50	13:24.49	14:03.81	14:43.16	15:22.43		
	(39.25)	(39.14)	(39.89)	(39.38)	(39.99)	(39.32)	(39.35)	(39.27)		
	16:02.20	16:41.14	17:20.94	18:00.08	18:37.65	19:14.80				
	(39.77)	(38.94)	(39.80)	(39.14)	(37.57)	(37.15)				

