

## Individual Meet Results

ÍRB Metamót 25 21-des-12 [Ageup: 31.12.2012] SC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
<b>Natalía Nótt Adamsdóttir (7) W</b>					
1:22.23S 43	F # 17	Women 50 Breast	IRB	2	---
<b>Sólveig María Baldursdóttir (8) W</b>					
4:19.00S 79	F # 9	Women 200 Free	IRB	10	---
	59.44	2:09.51 3:17.60 4:19.00			
	(59.44)	(1:10.07) (1:08.09) (1:01.40)			
<b>Pröstur Bjarnason (15) M</b>					
2:20.58S 430	F # 10	Men 200 Back	IRB	1	---
	33.22	1:09.28 1:44.72 2:20.58			1.79
	(33.22)	(36.06) (35.44) (35.86)			
32.24S 345	F # 14	Men 50 Back	IRB	1	---
1:04.67S 433	F # 28	Men 100 Back	IRB	2	---
	31.64	1:04.67			-0.08
	(31.64)	(33.03)			-3.12
31.64S 365	F # 528	Men 50 Back	IRB		---
					-0.68
<b>Berglind Björgvinsdóttir (15) W</b>					
2:12.30S 593	F # 9	Women 200 Free	IRB	1	---
	30.18	1:04.14 1:38.66 2:12.30			-3.53
	(30.18)	(33.96) (34.52) (33.64)			
1:13.63S 482	F # 19	Women 100 IM	IRB	3	---
	34.74	1:13.63			2.44
	(34.74)	(38.89)			
<b>Elva Rún Davíðsdóttir (10) W</b>					
3:41.74S 126	F # 9	Women 200 Free	IRB	8	---
	44.05	1:39.01 2:40.38 3:41.74			---
	(44.05)	(54.96) (1:01.37) (1:01.36)			
1:39.01S 137	F # 1009	Women 100 Free	IRB		---
					-6.92
<b>Ólöf Edda Eðvarðsdóttir (15) W</b>					
38.50S 419	F # 17	Women 50 Breast	IRB	1	---
					3.27
<b>Jóna Halla Egilsdóttir (13) W</b>					
2:29.43S 412	F # 9	Women 200 Free	IRB	5	---
	33.44	1:11.42 1:50.85 2:29.43			-2.85
	(33.44)	(37.98) (39.43) (38.58)			
1:10.20S 384	F # 23	Women 100 Free	IRB	1	---
	33.28	1:10.20			-2.11
	(33.28)	(36.92)			
<b>Sandra Ósk Elíasdóttir (13) W</b>					
2:36.02S 362	F # 9	Women 200 Free	IRB	6	---
	34.87	1:14.25 1:55.36 2:36.02			-4.88
	(34.87)	(39.38) (41.11) (40.66)			
1:10.60S 377	F # 23	Women 100 Free	IRB	2	---
	33.62	1:10.60			-4.26
	(33.62)	(36.98)			
<b>Birta María Falsdóttir (14) W</b>					
4:33.76S 632	F # 29	Women 400 Free	IRB	1	---
	30.53	1:04.13 1:38.60 2:13.50 2:48.75 3:24.15 3:59.49 4:33.76			1.01
	(30.53)	(33.60) (34.47) (34.90) (35.25) (35.40) (35.34) (34.27)			

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<b>Sunneva Dögg Friðriksdóttir (13) W</b>					
4:43.02S 572	F # 29	Women 400 Free	IRB	2	9.65
	30.91	1:05.11 1:40.75 2:16.84	2:53.51 3:30.40	4:06.95 4:43.02	
	(30.91)	(34.20) (35.64) (36.09)	(36.67) (36.89)	(36.55) (36.07)	
<b>Alexander Páll Friðriksson (16) M</b>					
1:04.75S 432	F # 6	400 Medley Relay Lead Off	IRB	---	2.07
	31.75				
	(31.75)				
NS	F # 7	Men 200 Fly	IRB	---	---
1:03.84S 451	F # 28	Men 100 Back	IRB	1	1.16
	31.37	1:03.84			
	(31.37)	(32.47)			
<b>Anton Vigfús Guðmundsson (13) M</b>					
3:27.25S DQ	F # 7	Men 200 Fly	IRB	---	---
	44.05	1:37.61 2:33.23 3:27.25			
	(44.05)	(53.56) (55.62) (54.02)			
2:25.78S 317	F # 22	Men 200 Free	IRB	2	-5.54
	34.00	1:11.44 1:49.49 2:25.78			
	(34.00)	(37.44) (38.05) (36.29)			
3:34.53S 132	F # 31	Men 200 Fly	IRB	1	0.93
	44.06	1:40.69 2:37.89 3:34.53			
	(44.06)	(56.63) (57.20) (56.64)			
<b>Jón Ágúst Guðmundsson (17) M</b>					
30.63S 402	F # 8	200 Medley Relay Lead Off	IRB	---	-0.66
26.69S 440	F # 12	Men 50 Free	IRB	2	0.28
29.47S 405	F # 25	Men 50 Fly	IRB	1	-0.45
<b>Daníel Diego Gullien (14) M</b>					
2:51.59S 275	F # 11	Men 200 IM	IRB	1	-16.78
	37.62	1:19.55 2:11.14 2:51.59			
	(37.62)	(41.93) (51.59) (40.45)			
34.68S 277	F # 14	Men 50 Back	IRB	2	-2.31
<b>Fannar Snævar Hauksson (8) M</b>					
4:12.18S 74	F # 10	Men 200 Back	IRB	3	---
	53.37	1:58.58 3:06.93 4:12.18			
	(53.37)	(1:05.21) (1:08.35) (1:05.25)			
1:58.58S 70	F # 1010	Men 100 Back	IRB	---	---
53.37S 76	F # 510	Men 50 Back	IRB	---	-4.96
<b>Birna Hilmarsdóttir (10) W</b>					
34.26S 313	F # 13	Women 50 Free	IRB	2	-0.44
<b>Íris Ósk Hilmarsdóttir (14) W</b>					
1:43.64S 151	F # 5	400 Medley Relay Lead Off	IRB	---	39.74
	32.01				
	(32.01)				
1:12.38S 508	F # 19	Women 100 IM	IRB	2	0.05
	32.64	1:12.38			
	(32.64)	(39.74)			
NS	F # 30	Women 50 Back	IRB	---	---

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<b>Björgvin Theodór Hilmarsson (14) M</b>					
3:04.52S 207	F # 7	Men 200 Fly	1	---	-32.62
	43.49	1:29.64 2:18.34			
	(43.49)	(46.15) (48.70)			(46.18)
38.36S 205	F # 14	Men 50 Back	3	---	1.86
<b>Agata Jóhannsdóttir (14) W</b>					
3:34.05S 180	F # 3	Women 200 Fly	2	---	---
	41.40	1:33.39 2:32.13			
	(41.40)	(51.99) (58.74)			(1:01.92)
1:17.83S 282	F # 23	Women 100 Free	3	---	-1.05
	35.80	1:17.83			
	(35.80)	(42.03)			
1:33.39S 205	F # 1003	Women 100 Fly		---	-1.15
<b>Guðrún Eir Jónsdóttir (14) W</b>					
2:16.28S 543	F # 18	Women 200 Free	2	---	-3.62
	31.84	1:06.41 1:41.74			
	(31.84)	(34.57) (35.33)			(34.54)
1:13.35S 427	F # 20	Women 100 Back	1	---	-3.44
	36.06	1:13.35			
	(36.06)	(37.29)			
36.06S 362	F # 520	Women 50 Back		---	-0.71
<b>Laufey Jóna Jónsdóttir (14) W</b>					
2:15.77S 549	F # 18	Women 200 Free	1	---	-3.60
	31.78	1:06.02 1:41.23			
	(31.78)	(34.24) (35.21)			(34.54)
<b>Ingunn Eva Júlíusdóttir (13) W</b>					
5:50.78S 412	F # 1	Women 400 IM	1	---	-19.13
	36.78	1:20.57 2:05.30			
	(36.78)	(43.79) (44.73)			(45.21) 3:40.11 4:30.91 5:11.15 5:50.78
					(49.60) (50.80) (40.24) (39.63)
<b>Katla Rún Júlíusdóttir (7) W</b>					
NS	F # 15	Women 50 Back	---	---	---
1:31.20S 31	F # 17	Women 50 Breast	3	---	---
<b>Kristín Embla Magnúsdóttir (6) W</b>					
DQ	F # 13	Women 50 Free	---	---	---
<b>Rakel Ýr Ottósdóttir (12) W</b>					
1:23.27S 333	F # 2	Women 100 IM	1	---	---
	39.23	1:23.27			
	(39.23)	(44.04)			
<b>Eiríkur Ingi Ólafsson (13) M</b>					
29.32S 332	F # 12	Men 50 Free	4	---	-0.76
2:18.50S 369	F # 22	Men 200 Free	1	---	-0.92
	32.24	1:07.78 1:43.15			
	(32.24)	(35.54) (35.37)			(35.35)
<b>Ingi Þór Ólafsson (13) M</b>					
2:40.00S 292	F # 10	Men 200 Back	2	---	-0.16
	38.54	1:19.58 2:00.58			
	(38.54)	(41.04) (41.00)			(39.42)
29.16S 337	F # 12	Men 50 Free	3	---	-1.34

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<b>Steinunn Rúna Ragnarsdóttir (13) W</b>					
42.78S 217	F # 15	Women 50 Back	1	---	-0.23
42.54S 188	F # 21	Women 50 Fly	2	---	2.32
<b>Hreiðar Máni Ragnarsson (13) M</b>					
42.56S 150	F # 14	Men 50 Back	4	---	-2.33
44.94S 114	F # 25	Men 50 Fly	2	---	1.30
<b>Sylwia Sienkiewicz (13) W</b>					
2:21.70S 483	F # 9	Women 200 Free	3	---	-3.62
		32.07 1:08.33 1:45.47 2:21.70			
		(32.07) (36.26) (37.14) (36.23)			
1:16.57S 375	F # 20	Women 100 Back	2	---	0.57
		36.89 1:16.57			
		(36.89) (39.68)			
36.89S 338	F # 520	Women 50 Back	---	---	-0.05
<b>Ásta Kamilla Sigurðardóttir (8) W</b>					
3:58.25S 102	F # 9	Women 200 Free	9	---	-21.69
		51.38 1:54.64 2:58.41 3:58.25			
		(51.38) (1:03.26) (1:03.77) (59.84)			
1:54.64S 88	F # 1009	Women 100 Free	---	---	-10.94
<b>Erla Sigurjónsdóttir (17) W</b>					
2:16.52S 540	F # 9	Women 200 Free	2	---	1.99
		32.27 1:07.80 1:42.54 2:16.52			
		(32.27) (35.53) (34.74) (33.98)			
1:11.85S 519	F # 19	Women 100 IM	1	---	1.26
		32.82 1:11.85			
		(32.82) (39.03)			
<b>Stefanía Sigurþórsdóttir (11) W</b>					
3:25.77S 202	F # 3	Women 200 Fly	1	---	-17.86
		45.47 1:40.41 2:36.25 3:25.77			
		(45.47) (54.94) (55.84) (49.52)			
<b>Anika Rós Snorradóttir (7) W</b>					
1:26.13S 20	F # 13	Women 50 Free	3	---	---
<b>Svanfríður Steingrimsdóttir (13) W</b>					
2:25.20S 449	F # 9	Women 200 Free	4	---	0.71
		33.89 1:10.32 1:48.09 2:25.20			
		(33.89) (36.43) (37.77) (37.11)			
1:17.54S 413	F # 19	Women 100 IM	4	---	0.34
		37.01 1:17.54			
		(37.01) (40.53)			
<b>Aleksandra Wasilewska (16) W</b>					
3:09.71S 201	F # 9	Women 200 Free	7	---	53.67
		40.59 1:28.40 2:19.17 3:09.71			
		(40.59) (47.81) (50.77) (50.54)			
30.61S 438	F # 13	Women 50 Free	1	---	-0.67
32.40S 426	F # 21	Women 50 Fly	1	---	-0.17
<b>Guðmundur Elí Þórðarson (17) M</b>					
26.56S 446	F # 12	Men 50 Free	1	---	-0.91
NS	F # 24	Men 100 Fly	---	---	---