

Results summary

Men, Long Course (50m)

Lastname, Firstname	YOB	Distance,Stroke	Pl.	Time	Round	Distance,Stroke	Pl.	Time	Round
<b>Afrekshópur</b>									
Pröstur Bjarnason	97	50 Freestyle		27.77		200 Freestyle		2:04.33	
		50 Freestyle		28.72		400 Freestyle	1	4:12.10	
		100 Freestyle		57.52		50 Butterfly		28.60	
		100 Freestyle		1:00.70		100 Butterfly	1	59.84	PB
		200 Freestyle	2	1:56.90	PB				
Björgvin Theodór Hilmarsson	98	50 Freestyle	10	26.66	PB	50 Butterfly		31.94	
		50 Backstroke	7	31.67	PB	50 Butterfly	9	29.30	PB
		50 Breaststroke		39.57		100 Butterfly		1:09.19	
		50 Breaststroke	10	36.54	PB	100 Butterfly	11	1:10.30	
		100 Breaststroke	9	1:23.95	PB	200 Butterfly	2	2:30.34	PB
	50 Butterfly		32.28						
Ingi Þór Ólafsson	99	50 Freestyle		27.74		100 Backstroke	3	1:08.93	PB
		50 Freestyle	14	27.23		50 Breaststroke	6	35.53	PB
		100 Freestyle	4	59.12		50 Butterfly	5	28.50	PB
		50 Backstroke	10	32.79	PB	50 Butterfly		28.94	PB
		50 Backstroke		33.05	PB	100 Butterfly	4	1:04.50	
Baldvin Sigmarsson	97	50 Freestyle	13	27.22		200 Breaststroke	2	2:36.43	
		50 Backstroke	4	30.54		50 Butterfly		29.75	
		50 Breaststroke		34.17		50 Butterfly	2	28.09	
		50 Breaststroke	1	32.31		200 Medley	2	2:18.99	
		100 Breaststroke		1:13.40					
Tristan Þór K Wium	02	50 Freestyle		32.55		400 Freestyle	15	4:56.99	PB
		50 Freestyle		33.31		50 Backstroke		38.07	PB
		50 Freestyle	36	29.84	PB	100 Backstroke	7	1:18.51	PB
		100 Freestyle		1:08.00	PB	50 Butterfly		34.54	
		100 Freestyle		1:10.01	PB	50 Butterfly		34.12	
		200 Freestyle	9	2:20.33	PB	100 Butterfly	13	1:14.54	
		200 Freestyle		2:26.31		200 Medley	12	2:40.94	PB
<b>Framtíðarhópur</b>									
Kári Snær Halldórsson	04	50 Freestyle		37.93		50 Breaststroke		40.93	PB
		50 Freestyle	82	36.84	PB	50 Breaststroke	19	41.68	
		100 Freestyle	26	1:18.85	PB	100 Breaststroke		1:32.75	
		50 Backstroke		43.15	PB	100 Breaststroke	8	1:28.89	
		50 Backstroke	34	41.93	PB	200 Breaststroke	6	3:11.23	PB
		100 Backstroke	19	1:27.15	PB	50 Butterfly	43	40.23	PB
		50 Breaststroke		42.67					
Fannar Snævar Hauksson	04	50 Freestyle	5	29.17	F PB	200 Backstroke	3	2:38.33	PB
		50 Freestyle		32.56		50 Breaststroke	24	43.99	PB
		50 Freestyle	39	30.01	PB	50 Butterfly	21	32.49	PB
		100 Freestyle		1:09.94		50 Butterfly		35.07	PB
		200 Freestyle	8	2:23.25	PB	50 Butterfly		38.50	
		50 Backstroke		36.32		100 Butterfly	3	1:15.89	PB
		50 Backstroke	15	34.23	PB	100 Butterfly		1:25.79	
	100 Backstroke		1:16.97		200 Butterfly	3	3:07.97	PB	
Alexander Logi Jónsson	04	50 Freestyle	101	45.27	PB	50 Breaststroke	43	56.28	PB
		50 Freestyle		48.27	PB	50 Butterfly		52.39	PB
		50 Freestyle		47.17	PB	50 Butterfly		50.93	PB
		100 Freestyle		1:43.53	PB	50 Butterfly	54	48.84	PB
		100 Freestyle	39	1:39.20	PB	100 Butterfly		1:50.72	PB
		200 Freestyle	35	3:28.23	PB	100 Butterfly	15	1:48.66	PB
		50 Backstroke	48	50.97	PB	200 Butterfly	10	3:53.24	PB
Aron Fannar Kristínarson	03	50 Freestyle	48	31.05		200 Breaststroke	7	3:12.02	PB
		50 Backstroke		36.73		50 Butterfly		36.51	PB
		50 Backstroke	19	36.67		50 Butterfly		36.16	PB
		100 Backstroke	4	1:16.26		50 Butterfly	30	35.45	PB
		50 Breaststroke		44.00	PB	100 Butterfly	5	1:18.20	PB
		100 Breaststroke		1:32.16	PB	200 Medley	6	2:43.43	PB

Enriko Mousta	04 : 50 Freestyle	69	34.37	PB	50 Butterfly	41	39.19	PB
	50 Backstroke	39	44.92	PB	100 Butterfly	13	1:35.77	PB
	50 Butterfly		44.43	PB	200 Medley	17	3:25.00	PB
	50 Butterfly		43.15	PB				
Flosi Ómarsson	03 : 50 Freestyle		35.82	PB	100 Backstroke	9	1:20.36	PB
	50 Freestyle	65	33.56	PB	100 Backstroke		1:23.95	PB
	100 Freestyle		1:17.67	PB	200 Backstroke	5	2:50.80	PB
	200 Freestyle	20	2:38.81	PB	50 Breaststroke		43.57	PB
	50 Backstroke	25	38.61	PB	50 Breaststroke	21	42.54	PB
	50 Backstroke		39.35	PB	100 Breaststroke	9	1:30.47	PB
	50 Backstroke		39.70	PB	50 Butterfly	32	36.44	PB
Daníel Patrick Riley	03 : 50 Freestyle	57	32.75	PB	50 Butterfly		34.90	PB
	50 Backstroke	32	41.12	PB	50 Butterfly	25	33.51	PB
	50 Breaststroke	18	40.54	PB	100 Butterfly	2	1:15.34	PB
	50 Butterfly		35.63		200 Medley	9	2:50.78	PB
Gabríel Þór Sigurmundsson	03 : 50 Freestyle		39.00	PB	50 Breaststroke		53.56	PB
	50 Freestyle	87	38.22	PB	50 Breaststroke	40	51.87	PB
	100 Freestyle	32	1:20.22	PB	100 Breaststroke	18	1:50.86	PB
	50 Backstroke	40	45.18	PB				

## Háhyrningar

Ómar Magni Egilsson	06 : 50 Freestyle		42.80	PB	100 Backstroke	20	1:50.43	PB
	50 Freestyle		45.96		200 Backstroke	17	3:55.60	PB
	100 Freestyle	29	1:32.84	PB	50 Breaststroke		1:03.50	PB
	100 Freestyle		3:28.22		50 Breaststroke		1:08.28	PB
	200 Freestyle	27	3:28.22	PB	100 Breaststroke		2:15.90	PB
	50 Backstroke		55.22		100 Breaststroke	28	2:18.58	PB
	50 Backstroke		55.40		200 Breaststroke	15	4:42.20	PB
100 Backstroke		1:54.78	PB					
Denas Kazulis	08 : 50 Freestyle	2	39.92	PB	100 Backstroke	19	1:48.83	PB
	50 Backstroke	1	49.17	PB	50 Breaststroke	2	56.15	
	50 Backstroke		51.88	PB				
Sigmundur Þór Sigurmundarson	05 : 50 Freestyle		55.54	PB	100 Backstroke	32	2:07.59	PB
	100 Freestyle		1:54.94	PB	50 Breaststroke		1:09.36	PB
	200 Freestyle	33	3:55.89	PB	100 Breaststroke	34	2:23.60	PB
	50 Backstroke		1:03.13	PB				

## Sverðfiskar

Arnar Milos Arnbjörnsson	08 : 50 Backstroke		1:04.31	PB	50 Breaststroke		1:07.20	PB
	100 Backstroke	37	2:12.00	PB	100 Breaststroke	29	2:18.74	PB
Gabríel Ingi Derti	08 : 50 Freestyle		53.38	PB	50 Backstroke		1:07.70	PB
	50 Freestyle	10	52.04	PB	100 Backstroke	40	2:25.82	PB
	100 Freestyle	47	2:03.40	PB	50 Breaststroke		1:12.91	PB
	50 Backstroke	9	1:07.75	PB	100 Breaststroke	36	2:32.22	PB
Bergur Snær Einarsson	08 : 50 Freestyle	15	1:05.81	PB	50 Breaststroke	12	1:14.35	PB
	50 Backstroke	12	1:18.57	PB	50 Breaststroke		1:18.40	PB
	50 Backstroke		1:19.42	PB	100 Breaststroke	38	2:40.13	PB
	100 Backstroke	42	2:37.26	PB				
Alexander Grétar Grétarsson	08 : 50 Freestyle	9	51.83	PB				
Sigurður Bjarni Gunnarsson	05 : 50 Freestyle		56.33	PB	50 Backstroke		1:06.72	PB
	50 Freestyle		57.59	PB	100 Backstroke	41	2:26.72	PB
	100 Freestyle	46	2:00.87	PB	50 Breaststroke		1:17.49	PB
	100 Freestyle		2:04.67	PB	100 Breaststroke		2:39.81	PB
	200 Freestyle	29	3:40.20	PB	200 Breaststroke	16	5:32.10	PB
Nikolai Leo Jónsson	08 : 50 Freestyle		1:13.86	PB	50 Breaststroke	13	1:21.40	PB
	50 Freestyle	16	1:07.09	PB	50 Breaststroke		1:19.67	PB
	100 Freestyle	50	2:38.78	PB	100 Breaststroke	39	2:47.56	PB
	50 Backstroke	10	1:10.62	PB				
Bjarni Ívar Ragnarsson	08 : 50 Freestyle		47.12	PB	50 Backstroke	3	53.47	PB
	50 Freestyle	4	44.85	PB	100 Backstroke	24	1:57.02	PB
	100 Freestyle	37	1:42.24	PB	50 Breaststroke		1:06.15	PB
	50 Backstroke		57.62	PB	100 Breaststroke	30	2:19.37	PB

Jakob Ingi Reynisson	06 : 50 Freestyle		49.15	PB	50 Backstroke		1:00.99	PB
	50 Freestyle		51.38	PB	100 Backstroke		2:08.03	PB
	100 Freestyle	38	1:44.14	PB	100 Backstroke	30	2:06.26	PB
	100 Freestyle		1:50.20	PB	200 Backstroke	20	4:19.39	PB
	200 Freestyle	32	3:49.08	PB	50 Breaststroke		1:02.99	PB
	50 Backstroke		1:01.51	PB	100 Breaststroke	25	2:17.54	PB
Kári Siguringason	08 : 50 Freestyle		50.46	PB	100 Backstroke	25	1:58.08	PB
	50 Freestyle	6	46.98	PB	50 Breaststroke		1:06.07	PB
	100 Freestyle	40	1:47.10	PB	100 Breaststroke	27	2:17.82	PB
	50 Backstroke	6	59.57	PB	50 Butterfly		1:03.11	PB
	50 Backstroke		1:01.05	PB	100 Butterfly	12	2:15.66	PB
Baltasar Óðinn Sigurmundarson	07 : 50 Backstroke		1:10.78		100 Backstroke	39	2:24.78	PB

### Vatnaveröld

Guðmundur Leo Rafnsson	06 : 50 Freestyle		40.45		100 Backstroke	14	1:41.29	PB
	50 Freestyle		42.43		200 Backstroke	13	3:35.10	PB
	100 Freestyle	23	1:26.55		50 Breaststroke		59.26	PB
	100 Freestyle		1:32.22		50 Breaststroke		59.09	PB
	200 Freestyle	20	3:09.68	PB	100 Breaststroke		2:05.16	
	50 Backstroke		49.82		100 Breaststroke	20	2:02.74	PB
	50 Backstroke		49.13		200 Breaststroke	13	4:19.86	PB
	100 Backstroke		1:46.77	PB				

Total 255 individual results, average performance: 109.9%  
0 new record(s), 195 new personal best(s)  
Biggest improvement: Enriko Moustá, 50 Freestyle 34.37

Results summary

Women, Long Course (50m)

Lastname, Firstname	YOB	Distance,Stroke	Pl.	Time	Round	Distance,Stroke	Pl.	Time	Round
<b>Afrekshópur</b>									
Þórdís M Aðalsteinsdóttir	03	50 Freestyle		34.97		100 Freestyle		1:14.60	
		50 Freestyle		35.50		200 Freestyle		2:33.97	
		50 Freestyle	60	33.70	PB	400 Freestyle	13	5:10.57	PB
		100 Freestyle	8	1:11.40	PB	50 Butterfly	38	38.04	
Þórunn Kolbrún Árnadóttir	02	50 Freestyle		35.89		100 Freestyle	20	1:13.02	PB
		50 Freestyle		34.55		200 Freestyle	6	2:36.06	
		50 Freestyle	48	32.90	PB	50 Backstroke		42.33	
		100 Freestyle		1:16.18		100 Backstroke	12	1:28.94	PB
Karen Mist Arngæisdóttir	00	50 Freestyle		31.97		50 Butterfly		34.90	
		100 Freestyle	6	1:06.87		50 Butterfly	15	32.60	PB
		50 Breaststroke		36.16		100 Butterfly		1:16.57	
		50 Breaststroke	1	35.43		200 Butterfly	3	2:43.08	PB
	100 Breaststroke	1	1:16.49						
Gunnhildur Björg Baldursdóttir	00	50 Backstroke		37.47		50 Butterfly		32.40	
		50 Backstroke	12	35.87	PB	50 Butterfly		31.55	PB
		100 Backstroke		1:18.30		100 Butterfly		1:08.94	
		200 Backstroke	6	2:43.01	PB	100 Butterfly	2	1:07.85	
		50 Breaststroke	9	40.17		200 Butterfly	1	2:25.05	PB
Ástrós Elísa Eypórsdóttir	02	50 Freestyle	36	32.02	PB	100 Breaststroke	6	1:27.70	PB
		50 Breaststroke		41.78	PB	200 Breaststroke	2	3:00.55	PB
		50 Breaststroke		41.92	PB	50 Butterfly		37.72	
		50 Breaststroke	14	41.29	PB	50 Butterfly	28	35.43	PB
		100 Breaststroke		1:27.33	PB	200 Medley	10	2:48.76	
Guðný Birna Falsdóttir	03	50 Freestyle		35.54		50 Breaststroke		44.66	
		50 Freestyle	57	33.40	PB	100 Breaststroke	4	1:32.59	PB
		100 Freestyle		1:14.30	PB	50 Butterfly		40.35	
		200 Freestyle		2:32.95	PB	200 Medley	10	2:54.75	
		400 Freestyle	10	5:06.64	PB				
Birna Hilmarsdóttir	02	50 Freestyle		32.26		100 Breaststroke		1:36.97	
		50 Freestyle	23	30.97	PB	200 Breaststroke	8	3:22.52	PB
		100 Freestyle	9	1:07.96	PB	50 Butterfly		37.99	
		50 Backstroke		38.43	PB	100 Butterfly	12	1:23.00	PB
		100 Backstroke	7	1:20.18	PB	100 Butterfly		1:27.99	PB
	50 Breaststroke		44.82	PB	400 Medley	6	6:01.78	PB	
Íris Ósk Hilmarsdóttir	98	50 Backstroke		32.68		100 Backstroke	1	1:08.17	
		50 Backstroke	1	31.73					
Eydís Ósk Kolbeinsdóttir	00	50 Freestyle	5	28.80	PB	50 Butterfly		31.59	
		50 Backstroke		35.42		50 Butterfly	5	31.11	PB
		50 Backstroke	23	38.21		100 Butterfly		1:09.69	
		100 Backstroke		1:14.08		100 Butterfly	5	1:09.76	
		200 Backstroke	3	2:33.61		200 Butterfly	2	2:30.32	PB
	50 Butterfly		32.38						
Kolbrún Eva Pálmadóttir	02	50 Freestyle		34.06		50 Butterfly		37.38	
		50 Freestyle	42	32.53		50 Butterfly	34	36.38	
		100 Freestyle	13	1:09.49		100 Butterfly		1:22.44	
		50 Backstroke	28	39.11		200 Butterfly	4	3:01.00	
		50 Breaststroke	26	43.18		200 Medley	9	2:48.08	PB
	50 Butterfly		37.74						
Sunneva Dögg Robertson	99	50 Freestyle	4	27.91	F	50 Butterfly		31.47	
		50 Freestyle	4	27.91		50 Butterfly	3	30.10	PB
		50 Freestyle	3	28.26		100 Butterfly		1:08.33	
		50 Backstroke		35.65		200 Medley	1	2:27.66	
		100 Backstroke		1:13.14		400 Medley	1	5:10.20	PB
		200 Backstroke	1	2:29.17	PB				
Sylwia Sienkiewicz	99	50 Freestyle	8	29.31	F	100 Breaststroke	3	1:21.40	
		50 Freestyle	11	29.60		50 Butterfly		33.27	
		50 Backstroke		35.40		50 Butterfly	6	31.28	
		100 Backstroke	4	1:12.76	PB	200 Medley	5	2:38.52	
		50 Breaststroke		37.96					

Stefanía Sigurpórsdóttir	01 : 50 Freestyle		31.62		50 Breaststroke	3	37.12	PB
	100 Freestyle		1:07.48		50 Butterfly		33.23	PB
	200 Freestyle		2:20.66		50 Butterfly		33.37	PB
	400 Freestyle	2	4:53.05		100 Butterfly	7	1:14.21	PB
	50 Backstroke		34.29		200 Medley	2	2:31.29	
	100 Backstroke	2	1:10.44	PB				

### Framtíðarhópur

Bergþóra Sif Árnadóttir	05 : 50 Freestyle	4	33.51	F PB	50 Backstroke	37	41.44	PB
	50 Freestyle		35.34		100 Backstroke		1:30.66	PB
	50 Freestyle		35.41		200 Backstroke	3	3:03.41	PB
	50 Freestyle	58	33.46	PB	50 Breaststroke	52	51.03	PB
	100 Freestyle	3	1:13.78	PB	50 Butterfly		42.23	PB
	100 Freestyle		1:14.98	PB	50 Butterfly	38	38.04	PB
	200 Freestyle	2	2:33.26	PB	100 Butterfly	2	1:31.08	PB
	50 Backstroke		43.92	PB				
Rebekka Marín Arngeirsdóttir	05 : 50 Freestyle		37.74	PB	100 Backstroke	5	1:32.27	PB
	50 Freestyle	90	36.72	PB	200 Backstroke	7	3:17.82	PB
	100 Freestyle	13	1:20.74	PB	50 Breaststroke		50.24	PB
	50 Backstroke		46.91	PB	50 Breaststroke	43	49.27	PB
	50 Backstroke		45.47	PB	100 Breaststroke	8	1:43.03	PB
	50 Backstroke	47	44.77	PB	50 Butterfly	53	41.81	PB
100 Backstroke		1:37.16	PB					
Sólveig María Baldursdóttir	04 : 50 Freestyle	46	32.86	PB	50 Butterfly		35.67	
	50 Backstroke	33	40.03	PB	50 Butterfly		35.07	
	50 Breaststroke		44.05	PB	50 Butterfly	20	34.26	PB
	50 Breaststroke	27	43.43	PB	100 Butterfly		1:17.44	
	100 Breaststroke		1:32.20	PB	100 Butterfly	1	1:14.23	PB
	200 Breaststroke	2	3:07.31	PB	200 Butterfly	1	2:43.13	PB
	50 Butterfly		36.54		200 Medley	4	2:46.88	PB
Katla María Brynjarsdóttir	07 : 50 Freestyle	2	40.30	PB	50 Breaststroke	3	57.48	PB
	50 Backstroke	2	47.13	PB	50 Butterfly		56.31	PB
	100 Backstroke	13	1:43.24	PB	100 Butterfly	11	1:57.80	PB
Natalía Dögg Brynjarsdóttir	07 : 50 Freestyle	6	44.11	PB	100 Backstroke	21	1:55.94	PB
	50 Backstroke	6	54.65	PB	50 Breaststroke	4	57.89	PB
	50 Backstroke		59.21	PB	100 Butterfly	13	2:10.95	PB
Thelma Lind Einarsdóttir	05 : 50 Freestyle	6	33.72	F PB	100 Backstroke	1	1:25.42	PB
	50 Freestyle	71	34.53	PB	200 Backstroke	2	2:58.84	PB
	50 Backstroke	RL	41.43	PB	50 Butterfly		40.21	PB
	50 Backstroke		42.89	PB	50 Butterfly		41.53	PB
	50 Backstroke		41.76	PB	100 Butterfly	3	1:33.69	PB
	100 Backstroke		1:28.56	PB	200 Medley	1	2:54.62	PB
Eva Margrét Falsdóttir	05 : 50 Freestyle	1	31.28	F PB	50 Backstroke	19	37.56	PB
	50 Freestyle		32.95		100 Backstroke		1:23.60	PB
	50 Freestyle		34.56		200 Backstroke	1	2:52.20	PB
	50 Freestyle	44	32.70		50 Breaststroke		40.63	
	100 Freestyle	1	1:10.38	PB	50 Breaststroke	7	38.89	PB
	100 Freestyle		1:13.51		100 Breaststroke	1	1:25.57	
	200 Freestyle	1	2:30.51	PB	50 Butterfly	29	35.52	
50 Backstroke		39.76	PB					
Stefanía Ósk Halldórsdóttir	06 : 50 Freestyle		38.73		50 Breaststroke	37	46.43	PB
	50 Freestyle	100	38.29	PB	100 Breaststroke		1:39.81	PB
	100 Freestyle		1:22.79		100 Breaststroke	4	1:37.15	PB
	200 Freestyle	10	2:50.12	PB	200 Breaststroke	3	3:27.57	PB
	50 Backstroke	50	45.53	PB	50 Butterfly		44.98	
	50 Breaststroke		48.38	PB	50 Butterfly	48	41.09	PB
	50 Breaststroke		46.90	PB	200 Medley	4	3:12.90	PB
Briet Björk Hauksdóttir	06 : 50 Freestyle		39.45	PB	50 Backstroke	65	56.42	
	50 Freestyle		40.29	PB	100 Backstroke		1:42.47	PB
	50 Freestyle	109	39.94	PB	200 Backstroke	13	3:29.66	PB
	100 Freestyle	15	1:23.16	PB	50 Breaststroke		52.83	PB
	100 Freestyle		1:25.55	PB	50 Breaststroke	54	51.18	PB
	200 Freestyle	15	2:56.85	PB	100 Breaststroke	18	1:52.07	PB
	50 Backstroke		49.04	PB	50 Butterfly	65	50.42	

Elísabet Jóhannesdóttir	06 : 50 Freestyle		37.85	PB	50 Backstroke	45	43.38	PB
	50 Freestyle		39.83	PB	100 Backstroke		1:34.66	PB
	50 Freestyle	99	37.87	PB	200 Backstroke	5	3:11.67	PB
	100 Freestyle	12	1:20.07	PB	50 Breaststroke		50.66	PB
	100 Freestyle		1:25.01	PB	50 Breaststroke	55	51.48	PB
	200 Freestyle	13	2:55.14	PB	100 Breaststroke	12	1:46.70	PB
	50 Backstroke		45.33	PB	50 Butterfly	51	41.45	PB
Birta Líf Ólafsdóttir	02 : 50 Freestyle		35.64		50 Breaststroke	40	47.84	
	50 Freestyle	75	34.81		50 Butterfly		38.22	
	100 Freestyle	24	1:15.59		50 Butterfly	37	37.48	
	50 Backstroke	38	41.52		100 Butterfly	15	1:25.08	
Hafdís Eva Pálsdóttir	04 : 50 Freestyle	33	31.86	PB	50 Breaststroke		44.34	PB
	50 Backstroke		35.97		50 Breaststroke		44.08	PB
	50 Backstroke		37.09		50 Breaststroke	24	42.89	PB
	50 Backstroke	13	36.14		100 Breaststroke		1:33.21	PB
	100 Backstroke	3	1:15.88	PB	100 Breaststroke	5	1:33.22	PB
	100 Backstroke		1:18.49	PB	200 Breaststroke	5	3:13.88	PB
	200 Backstroke	2	2:43.80	PB	50 Butterfly	20	34.26	PB
Ásta Kamilla Sigurðardóttir	04 : 50 Freestyle		37.68		50 Backstroke	29	39.26	PB
	50 Freestyle		35.50		50 Breaststroke	31	44.89	PB
	50 Freestyle	61	33.76		50 Butterfly		39.16	
	100 Freestyle		1:19.94		50 Butterfly	35	37.04	
	100 Freestyle	13	1:13.93		100 Butterfly	7	1:27.28	PB
	200 Freestyle	8	2:42.60					
Athena Líf Þrastardóttir	07 : 50 Freestyle	1	38.28	PB	50 Breaststroke	2	55.40	PB
	50 Backstroke		47.55	PB	50 Butterfly		50.11	PB
	50 Backstroke	1	45.21	PB	100 Butterfly	7	1:48.55	PB
	100 Backstroke	8	1:37.29	PB				

## Háhyrningar

Kara Sól Gunnlaugsdóttir	05 : 50 Freestyle		52.66	PB	100 Backstroke	37	2:14.94	PB
	100 Freestyle		1:56.00	PB	50 Breaststroke		1:04.14	PB
	200 Freestyle	33	4:00.11	PB	100 Breaststroke	47	2:11.86	PB
	50 Backstroke		1:04.28	PB				
Rebekka Rós Magnadóttir	07 : 50 Freestyle		46.93	PB	100 Backstroke	28	2:04.02	PB
	50 Freestyle	8	45.39	PB	50 Butterfly		54.25	PB
	100 Freestyle	36	1:40.42	PB	100 Butterfly	12	2:01.61	PB
	50 Backstroke		1:01.77	PB				
Fjóla Margrét Viðarsdóttir	07 : 50 Freestyle		52.63	PB	100 Backstroke	30	2:05.62	PB
	50 Freestyle	11	46.68	PB	50 Breaststroke		1:08.15	PB
	100 Freestyle	45	1:45.88	PB	100 Breaststroke	53	2:20.47	PB
	50 Backstroke	12	59.46	PB	50 Butterfly		1:05.42	PB
	50 Backstroke		1:03.24	PB	100 Butterfly	14	2:25.51	PB

## Sverðfiskar

Ástrós Lovísa Hauksdóttir	08 : 50 Freestyle		1:03.76	PB	50 Backstroke	14	1:01.84	PB
	50 Freestyle	21	57.99	PB	50 Backstroke		1:05.09	PB
	100 Freestyle	64	2:08.91	PB	100 Backstroke	38	2:15.34	PB

## Vatnaveröld

Þórey Una Arnlaugsdóttir	06 : 50 Freestyle		41.36	PB	50 Backstroke	57	50.51	PB
	50 Freestyle		43.63		100 Backstroke		1:43.18	
	50 Freestyle	107	39.64	PB	200 Backstroke	12	3:27.91	PB
	100 Freestyle	17	1:26.01	PB	50 Breaststroke	62	53.80	PB
	100 Freestyle		1:31.46	PB	50 Butterfly		48.96	PB
	200 Freestyle	19	3:03.12	PB	50 Butterfly	63	47.75	PB
	50 Backstroke		49.29	PB	100 Butterfly	5	1:44.27	PB
Sunneva Bergmann Ásbjörnsdóttir	07 : 50 Freestyle		48.38	PB	50 Backstroke		59.33	PB
	50 Freestyle	7	44.59	PB	100 Backstroke	26	2:03.20	PB
	100 Freestyle	35	1:39.89	PB	50 Breaststroke		1:03.32	PB
	50 Backstroke	11	59.02	PB	100 Breaststroke	41	2:10.29	PB

Jóhanna Arna Gunnarsdóttir	06 : 50 Freestyle	42.59	PB	100 Backstroke		1:44.71	
	50 Freestyle	43.10	PB	200 Backstroke	14	3:32.12	PB
	50 Freestyle	111 40.80	PB	50 Breaststroke		56.95	PB
	100 Freestyle	20 1:28.46	PB	50 Breaststroke	74	57.04	PB
	100 Freestyle	1:34.07	PB	100 Breaststroke	22	1:56.21	PB
	200 Freestyle	20 3:13.04	PB	50 Butterfly	66	50.43	PB
	50 Backstroke	49.29	PB				
4 x 50 Freestyle	:	Thelma Lind Einarsdóttir	05	Eva Margrét Falsdóttir	05	1	2:22.40
		Bergþóra Sif Árnadóttir	05	Rebekka Marín Arngeirsdóttir	05		
4 x 50 Medley	:	Thelma Lind Einarsdóttir	05	Eva Margrét Falsdóttir	05	1	2:38.32
		Stefanía Ósk Halldórsdóttir	06	Bergþóra Sif Árnadóttir	05		

Total 350 individual results, average performance: 112.7%  
 0 new record(s), 235 new personal best(s)  
 Biggest improvement: Þórey Una Arnlaugsdóttir, 50 Butterfly 47.75