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**Individual Meet Results**
**The Nordic Age Group Champs 13-júl-13 to 14-júl-13 [Ageup: 31.12.2013] LC Meters - FINA Points**
**Location: Laugardalslaug**

Time	F/P/S	Event	Place	Points	Improv
<b>Þröstur Bjarnason (16) M</b>					
4:14.06L 649	F # 9	Men 400 Free	IRB	8	---
	28.25	58.48 1:30.50	2:02.82	2:35.85 3:08.99	3:42.21 4:14.06
	(28.25)	(30.23) (32.02)	(32.32)	(33.03) (33.14)	(33.22) (31.85)
16:39.20L 669	F # 17	Men 1500 Free	IRB	3	---
4:56.70L 555	F # 25	Men 400 IM	IRB	6	---
	30.49	1:06.03 1:44.35	2:21.67	3:06.19 3:49.75	4:23.93 4:56.70
	(30.49)	(35.54) (38.32)	(37.32)	(44.52) (43.56)	(34.18) (32.77)
2:02.82L 572	F # 2009	Men 200 Free	IRB		---
<b>Eydís Ósk Kolbeinsdóttir (13) W</b>					
5:37.09L 510	F # 18	Women 400 IM	IRB	10	---
	34.57	1:15.82 1:59.72	2:41.13	3:30.59 4:21.36	4:59.76 5:37.09
	(34.57)	(41.25) (43.90)	(41.41)	(49.46) (50.77)	(38.40) (37.33)
9:53.31L 577	F # 24	Women 800 Free	IRB	6	---
	32.43	1:08.68 1:46.19	2:23.83	3:01.41 3:39.28	4:16.88 4:54.47
	(32.43)	(36.25) (37.51)	(37.64)	(37.58) (37.87)	(37.60) (37.59)
	5:32.42	6:10.28 6:48.04	7:25.74	8:03.32 8:40.55	9:17.96 9:53.31
	(37.95)	(37.86) (37.76)	(37.70)	(37.58) (37.23)	(37.41) (35.35)
1:15.82L 404	F # 1018	Women 100 Fly	IRB		---