

Individual Meet Results

Langsundmót 50 03-des-11 [Ageup: 31.12.2011] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
Karen Mist Arngeirsdóttir (11) W					
24:21.73L 268	F # 3	Women 1500 Free	IRB	12	---
40.56	1:27.30	2:16.02	3:04.38	3:52.52	4:41.06
(40.56)	(46.74)	(48.72)	(48.36)	(48.14)	(48.54)
7:05.17	7:53.86	8:42.24	9:30.47	10:19.50	11:08.65
(48.07)	(48.69)	(48.38)	(48.23)	(49.03)	(49.15)
13:35.94	14:26.11	15:16.32	16:06.54	16:56.80	17:46.99
(48.96)	(50.17)	(50.21)	(50.22)	(50.26)	(50.19)
20:15.71	21:04.59	21:54.07	22:44.20	23:33.55	24:21.73
(49.90)	(48.88)	(49.48)	(50.13)	(49.35)	(48.18)
12:46.98L 267	F # 9	Women 800 Free	IRB	---	---
Gunnhildur Björg Baldursdóttir (11) W					
23:56.07L 283	F # 3	Women 1500 Free	IRB	11	---
43.07	1:31.06	2:17.84	3:05.51	3:53.83	4:41.34
(43.07)	(47.99)	(46.78)	(47.67)	(48.32)	(47.51)
7:07.18	7:55.24	8:43.61	9:31.54	10:20.60	11:08.84
(48.39)	(48.06)	(48.37)	(47.93)	(49.06)	(48.24)
13:33.56	14:21.31	15:09.71	15:57.13	16:46.21	17:33.95
(47.97)	(47.75)	(48.40)	(47.42)	(49.08)	(47.74)
19:59.24	20:47.52	21:36.17	22:23.91	23:11.91	23:56.07
(48.38)	(48.28)	(48.65)	(47.74)	(48.00)	(44.16)
12:45.59L 269	F # 9	Women 800 Free	IRB	---	---
Pröstur Bjarnason (14) M					
18:17.59L 506	F # 6	Men 1500 Free	IRB	1	---
31.42	1:06.39	1:42.22	2:18.34	2:54.93	3:31.07
(31.42)	(34.97)	(35.83)	(36.12)	(36.59)	(36.14)
5:20.48	5:56.81	6:33.69	7:10.33	7:47.88	8:24.34
(36.44)	(36.33)	(36.88)	(36.64)	(37.55)	(36.46)
10:14.60	10:52.00	11:29.90	12:07.46	12:44.57	13:21.99
(37.08)	(37.40)	(37.90)	(37.56)	(37.11)	(37.42)
15:13.68	15:50.71	16:27.56	17:04.51	17:41.46	18:17.59
(37.41)	(37.03)	(36.85)	(36.95)	(36.95)	(36.13)
9:37.52L 480	F # 11	Men 800 Free	IRB	---	---
Berglind Björgvinsdóttir (14) W					
20:44.34L 435	F # 3	Women 1500 Free	IRB	3	---
36.23	1:15.57	1:56.67	2:37.63	3:18.67	4:00.10
(36.23)	(39.34)	(41.10)	(40.96)	(41.04)	(41.43)
6:04.65	6:45.79	7:27.15	8:08.22	8:49.96	9:32.02
(41.23)	(41.14)	(41.36)	(41.07)	(41.74)	(42.06)
11:37.26	12:19.42	13:01.65	13:43.86	14:26.24	15:08.50
(42.23)	(42.16)	(42.23)	(42.21)	(42.38)	(42.26)
17:16.42	17:58.66	18:40.83	19:22.96	20:04.36	20:44.34
(43.08)	(42.24)	(42.17)	(42.13)	(41.40)	(39.98)
10:55.03L 429	F # 9	Women 800 Free	IRB	---	---
Ólöf Edda Eðvarðsdóttir (14) W					
2:27.04L 631	F # 1	Women 200 IM	IRB	1	---
31.63	1:09.44	1:52.25	2:27.04		
(31.63)	(37.81)	(42.81)	(34.79)		

Individual Meet Results

Langsundmót 50 03-des-11 [Ageup: 31.12.2011] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
Jóna Halla Egilsdóttir (12) W					
23:53.02L 285	F # 3	Women 1500 Free	IRB	10	---
41.65	1:28.82	2:16.93	3:04.93	3:53.26	4:40.88
(41.65)	(47.17)	(48.11)	(48.00)	(48.33)	(47.62)
7:06.20	7:53.92	8:42.71	9:30.82	10:19.22	11:08.12
(48.67)	(47.72)	(48.79)	(48.11)	(48.40)	(48.90)
13:32.80	14:20.64	15:08.86	15:56.55	16:44.88	17:32.27
(47.67)	(47.84)	(48.22)	(47.69)	(48.33)	(47.39)
19:57.10	20:44.74	21:32.76	22:21.46	23:07.66	23:53.02
(48.45)	(47.64)	(48.02)	(48.70)	(46.20)	(45.36)
12:45.13L 269	F # 9	Women 800 Free	IRB	---	---
Sandra Ósk Elíasdóttir (12) W					
12:50.37L 264	F # 5	Women 800 Free	IRB	3	---
41.94	1:29.08	2:17.89	3:07.72	3:56.81	4:45.90
(41.94)	(47.14)	(48.81)	(49.83)	(49.09)	(49.09)
7:13.01	8:01.98	8:50.85	9:40.08	10:28.58	11:17.28
(48.55)	(48.97)	(48.87)	(49.23)	(48.50)	(48.70)
6:24.46L 241	F # 8	Women 400 Free	IRB	---	---
Birta María Falsdóttir (13) W					
19:18.06L 539	F # 3	Women 1500 Free	IRB	1	---
34.33	1:12.01	1:48.91	2:30.14	3:09.22	3:48.38
(34.33)	(37.68)	(36.90)	(41.23)	(39.08)	(39.16)
5:44.81	6:23.71	7:02.78	7:41.97	8:21.20	9:00.23
(39.01)	(38.90)	(39.07)	(39.19)	(39.23)	(39.03)
10:56.99	11:35.68	12:14.82	12:53.98	13:33.26	14:12.36
(38.91)	(38.69)	(39.14)	(39.16)	(39.28)	(39.10)
16:09.70	16:48.20	17:26.66	18:04.29	18:41.59	19:18.06
(38.87)	(38.50)	(38.46)	(37.63)	(37.30)	(36.47)
Sunneva Dögg Friðriksdóttir (12) W					
20:05.64L 478	F # 3	Women 1500 Free	IRB	2	---
36.05	1:14.92	1:55.29	2:35.47	3:16.33	3:56.56
(36.05)	(38.87)	(40.37)	(40.18)	(40.86)	(40.23)
5:57.47	6:37.44	7:17.21	7:57.48	8:38.18	9:18.38
(40.38)	(39.97)	(39.77)	(40.27)	(40.70)	(40.20)
11:19.97	12:00.86	12:41.68	13:22.63	14:03.95	14:44.96
(41.00)	(40.89)	(40.82)	(40.95)	(41.32)	(41.01)
16:46.76	17:26.81	18:07.16	18:47.63	19:27.14	20:05.64
(40.67)	(40.05)	(40.35)	(40.47)	(39.51)	(38.50)
5:17.09L 429	F # 8	Women 400 Free	IRB	---	---
10:38.97L 462	F # 9	Women 800 Free	IRB	---	---
Sigmar Maríjón Friðriksson (10) M					
25:17.51L 191	F # 6	Men 1500 Free	IRB	4	---
44.45	1:34.95	2:26.32	3:16.20	4:07.97	4:59.34
(44.45)	(50.50)	(51.37)	(49.88)	(51.77)	(51.37)
7:31.81	8:23.54	9:15.03	10:07.16	10:58.71	11:51.19
(50.05)	(51.73)	(51.49)	(52.13)	(51.55)	(52.48)
14:25.30	15:16.99	16:08.86	16:59.96	17:51.65	18:42.94
(51.15)	(51.69)	(51.87)	(51.10)	(51.69)	(51.29)
21:15.81	22:05.96	22:56.35	23:45.78	24:33.92	25:17.51
(51.47)	(50.15)	(50.39)	(49.43)	(48.14)	(43.59)
13:34.15L 171	F # 11	Men 800 Free	IRB	---	---

Individual Meet Results

Langsundmót 50 03-des-11 [Ageup: 31.12.2011] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
Kjartan Óli Guðbjartsson (11) M					
26:56.31L 158	F # 6	Men 1500 Free	IRB	5	---
41.37	1:34.82	2:27.03	3:20.32	4:13.03	5:07.34
(41.37)	(53.45)	(52.21)	(53.29)	(52.71)	(54.31)
7:48.96	8:44.95	9:36.43	10:30.80	11:26.69	12:23.30
(55.52)	(55.99)	(51.48)	(54.37)	(55.89)	(56.61)
15:07.59	16:02.82	16:56.40	17:52.53	18:51.17	19:45.97
(54.07)	(55.23)	(53.58)	(56.13)	(58.64)	(54.80)
22:30.89	23:25.92	24:22.46	25:18.77	26:11.68	26:56.31
(55.44)	(55.03)	(56.54)	(56.31)	(52.91)	(44.63)
6:53.44L 151	F # 10	Men 400 Free	IRB	---	---
14:13.52L 149	F # 11	Men 800 Free	IRB	---	---
Ísól Hanna Guðmundsdóttir (10) W					
NS	F # 3	Women 1500 Free	IRB	---	---
Anton Vigfús Guðmundsson (12) M					
21:57.10L 293	F # 6	Men 1500 Free	IRB	3	---
38.89	1:23.30	2:07.72	2:52.01	3:38.30	4:23.28
(38.89)	(44.41)	(44.42)	(44.29)	(46.29)	(44.98)
6:38.94	7:23.26	8:08.27	8:52.70	9:37.28	10:21.39
(44.78)	(44.32)	(45.01)	(44.43)	(44.58)	(44.11)
12:33.55	13:17.64	14:01.23	14:44.63	15:28.45	16:11.95
(43.95)	(44.09)	(43.59)	(43.40)	(43.82)	(43.50)
18:21.78	19:05.39	19:48.31	20:31.73	21:14.73	21:57.10
(43.28)	(43.61)	(42.92)	(43.42)	(43.00)	(42.37)
11:49.60L 259	F # 11	Men 800 Free	IRB	---	---
Jón Ágúst Guðmundsson (16) M					
9:09.97L 556	F # 4	Men 800 Free	IRB	2	2.48
29.15	1:02.44	1:36.98	2:11.54	2:46.17	3:20.70
(29.15)	(33.29)	(34.54)	(34.56)	(34.63)	(34.53)
5:04.10	5:38.57	6:13.39	6:48.27	7:24.42	8:00.13
(34.48)	(34.47)	(34.82)	(34.88)	(36.15)	(35.71)
Björgvin Theódór Hilmarsson (13) M					
11:36.04L 274	F # 4	Men 800 Free	IRB	6	35.98
37.19	1:18.83	2:01.33	2:44.42	3:28.68	4:12.71
(37.19)	(41.64)	(42.50)	(43.09)	(44.26)	(44.03)
6:27.75	7:12.93	7:57.77	8:42.21	9:27.52	10:11.64
(44.75)	(45.18)	(44.84)	(44.44)	(45.31)	(44.12)
Diljá Rún Ívarsdóttir (9) W					
27:52.38L 179	F # 3	Women 1500 Free	IRB	18	---
44.54	1:38.24	2:32.75	3:27.65	4:23.21	5:18.04
(44.54)	(53.70)	(54.51)	(54.90)	(55.56)	(54.83)
8:06.87	9:04.27	10:00.48	10:58.14	11:53.56	12:49.91
(56.66)	(57.40)	(56.21)	(57.66)	(55.42)	(56.35)
15:42.27	16:40.76	17:37.77	18:34.31	19:32.68	20:28.23
(58.41)	(58.49)	(57.01)	(56.54)	(58.37)	(55.55)
23:19.49	24:15.78	25:11.98	26:08.24	27:01.80	27:52.38
(56.27)	(56.29)	(56.20)	(56.26)	(53.56)	(50.58)
7:10.21L 172	F # 8	Women 400 Free	IRB	---	---
14:43.86L 175	F # 9	Women 800 Free	IRB	---	---

Individual Meet Results

Langsundmót 50 03-des-11 [Ageup: 31.12.2011] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv				
Einar Þór Ívarsson (15) M									
9:14.35L 543	F # 4	Men 800 Free	IRB	3	---				
30.93	1:04.51	1:39.25	2:14.38	2:48.87	3:22.69	3:57.90	4:33.02	---	1.31
(30.93)	(33.58)	(34.74)	(35.13)	(34.49)	(33.82)	(35.21)	(35.12)		
5:07.72	5:43.47	6:18.99	6:54.60	7:28.77	8:04.89	8:40.19	9:14.35		
(34.70)	(35.75)	(35.52)	(35.61)	(34.17)	(36.12)	(35.30)	(34.16)		
Jóhanna Matthea Jóhannesdóttir (10) W									
24:26.43L 266	F # 3	Women 1500 Free	IRB	13	---				
41.30	1:27.85	2:15.24	3:03.97	3:52.62	4:41.55	5:27.57	6:18.09	---	---
(41.30)	(46.55)	(47.39)	(48.73)	(48.65)	(48.93)	(46.02)	(50.52)		
7:07.29	7:56.42	8:46.15	9:34.09	10:23.47	11:12.68	12:02.65	12:51.37		
(49.20)	(49.13)	(49.73)	(47.94)	(49.38)	(49.21)	(49.97)	(48.72)		
13:40.24	14:29.11	15:19.61	16:09.37	16:59.83	17:49.64	18:39.17	19:29.72		
(48.87)	(48.87)	(50.50)	(49.76)	(50.46)	(49.81)	(49.53)	(50.55)		
20:20.43	21:10.11	22:00.23	22:48.53	23:38.05	24:26.43				
(50.71)	(49.68)	(50.12)	(48.30)	(49.52)	(48.38)				
6:18.09L 253	F # 8	Women 400 Free	IRB	---	---	---	---		
12:51.37L 263	F # 9	Women 800 Free	IRB	---	---	---	---		
Guðrún Eir Jónsdóttir (13) W									
21:16.54L 403	F # 3	Women 1500 Free	IRB	6	---				
35.47	1:15.80	1:57.88	2:39.56	3:21.26	4:03.40	4:45.02	5:27.50	---	-226.14
(35.47)	(40.33)	(42.08)	(41.68)	(41.70)	(42.14)	(41.62)	(42.48)		
6:10.17	6:53.12	7:35.96	8:18.42	9:01.61	9:44.48	10:27.89	11:11.03		
(42.67)	(42.95)	(42.84)	(42.46)	(43.19)	(42.87)	(43.41)	(43.14)		
11:54.88	12:37.77	13:21.20	14:04.88	14:47.87	15:31.23	16:14.88	16:58.05		
(43.85)	(42.89)	(43.43)	(43.68)	(42.99)	(43.36)	(43.65)	(43.17)		
17:41.70	18:25.35	19:09.07	19:52.48	20:35.64	21:16.54				
(43.65)	(43.65)	(43.72)	(43.41)	(43.16)	(40.90)				
5:27.50L 389	F # 8	Women 400 Free	IRB	---	---	---	---		-24.65
11:11.03L 399	F # 9	Women 800 Free	IRB	---	---	---	---		-49.98
Heiðrún Katla Jónsdóttir (11) W									
27:48.92L 180	F # 3	Women 1500 Free	IRB	17	---				
49.15	1:43.53	2:37.98	3:33.36	4:28.05	5:23.67	6:18.69	7:15.05	---	---
(49.15)	(54.38)	(54.45)	(55.38)	(54.69)	(55.62)	(55.02)	(56.36)		
8:10.36	9:06.80	10:03.72	11:00.12	11:56.71	12:53.30	13:48.56	14:44.66		
(55.31)	(56.44)	(56.92)	(56.40)	(56.59)	(56.59)	(55.26)	(56.10)		
15:40.64	16:37.36	17:33.80	18:30.09	19:26.50	20:23.14	21:19.98	22:16.93		
(55.98)	(56.72)	(56.44)	(56.29)	(56.41)	(56.64)	(56.84)	(56.95)		
23:13.23	24:09.45	25:05.67	26:01.56	26:56.40	27:48.92				
(56.30)	(56.22)	(56.22)	(55.89)	(54.84)	(52.52)				
14:44.66L 174	F # 9	Women 800 Free	IRB	---	---	---	---		

Individual Meet Results

Langsundmót 50 03-des-11 [Ageup: 31.12.2011] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
Laufey Jóna Jónsdóttir (13) W					
20:46.28L 433	F # 3	Women 1500 Free	IRB	4	---
36.58	1:16.98	1:58.88	2:40.65	3:22.65	4:04.14
(36.58)	(40.40)	(41.90)	(41.77)	(42.00)	(41.49)
6:10.88	6:53.10	7:35.43	8:17.47	8:59.59	9:41.53
(42.56)	(42.22)	(42.33)	(42.04)	(42.12)	(41.94)
11:48.79	12:31.18	13:12.50	13:54.36	14:35.92	15:17.26
(42.27)	(42.39)	(41.32)	(41.86)	(41.56)	(41.34)
17:21.19	18:02.60	18:43.79	19:25.68	20:06.55	20:46.28
(41.23)	(41.41)	(41.19)	(41.89)	(40.87)	(39.73)
5:28.32L 386	F # 8	Women 400 Free	IRB	---	---
11:06.52L 407	F # 9	Women 800 Free	IRB	---	---
Aníka Mjöll Júlíusdóttir (10) W					
25:46.58L 226	F # 3	Women 1500 Free	IRB	14	---
42.77	1:31.50	2:23.77	3:17.32	4:10.58	5:03.44
(42.77)	(48.73)	(52.27)	(53.55)	(53.26)	(52.86)
7:41.77	8:33.75	9:25.17	10:16.28	11:08.07	11:57.96
(52.68)	(51.98)	(51.42)	(51.11)	(51.79)	(49.89)
14:31.32	15:24.19	16:16.23	17:09.98	18:03.61	18:55.15
(52.07)	(52.87)	(52.04)	(53.75)	(53.63)	(51.54)
21:33.61	22:26.90	23:19.14	24:10.81	24:59.15	25:46.58
(53.19)	(53.29)	(52.24)	(51.67)	(48.34)	(47.43)
6:49.09L 200	F # 8	Women 400 Free	IRB	---	---
13:39.25L 219	F # 9	Women 800 Free	IRB	---	---
Ingunn Eva Júlíusdóttir (12) W					
12:07.13L 314	F # 5	Women 800 Free	IRB	2	---
38.65	1:22.23	2:07.69	2:53.71	3:40.86	4:27.22
(38.65)	(43.58)	(45.46)	(46.02)	(47.15)	(46.36)
6:47.96	7:34.02	8:20.54	9:06.28	9:52.84	10:37.86
(46.83)	(46.06)	(46.52)	(45.74)	(46.56)	(45.02)
6:01.13L 290	F # 8	Women 400 Free	IRB	---	---
Eydís Ósk Kolbeinsdóttir (11) W					
21:46.86L 375	F # 3	Women 1500 Free	IRB	7	---
38.66	1:22.35	2:05.74	2:49.85	3:34.37	4:18.42
(38.66)	(43.69)	(43.39)	(44.11)	(44.52)	(44.05)
6:29.14	7:13.40	7:57.61	8:41.49	9:25.17	10:08.68
(43.38)	(44.26)	(44.21)	(43.88)	(43.68)	(43.51)
12:20.46	13:04.42	13:48.28	14:32.15	15:15.88	16:00.48
(43.70)	(43.96)	(43.86)	(43.87)	(43.73)	(44.60)
18:12.17	18:56.32	19:40.30	20:24.16	21:06.69	21:46.86
(43.66)	(44.15)	(43.98)	(43.86)	(42.53)	(40.17)
5:45.76L 331	F # 8	Women 400 Free	IRB	---	---
11:36.76L 357	F # 9	Women 800 Free	IRB	---	---
2:49.85L 294	F # 12	Women 200 Free	IRB	---	---

Individual Meet Results

Langsundmót 50 03-des-11 [Ageup: 31.12.2011] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
Aníta Katrín Kristjánsdóttir (10) W					
25:56.95L 222	F # 3	Women 1500 Free	IRB	15	---
41.05	1:29.13	2:20.28	3:11.86	4:02.86	4:54.23
(41.05)	(48.08)	(51.15)	(51.58)	(51.00)	(51.37)
7:31.44	8:23.14	9:16.40	10:08.07	11:02.56	11:56.74
(52.68)	(51.70)	(53.26)	(51.67)	(54.49)	(54.18)
14:34.71	15:27.56	16:21.27	17:14.75	18:08.86	19:02.54
(53.00)	(52.85)	(53.71)	(53.48)	(54.11)	(53.68)
21:41.39	22:35.01	23:28.40	24:20.80	25:08.17	25:56.95
(53.04)	(53.62)	(53.39)	(52.40)	(47.37)	(48.78)
6:38.76L 216	F # 8	Women 400 Free	IRB	---	---
13:41.71L 217	F # 9	Women 800 Free	IRB	---	---
Sveinn Ólafur Lúðvíksson (15) M					
9:42.53L 468	F # 4	Men 800 Free	IRB	4	---
31.06	1:06.77	1:43.22	2:20.09	2:57.34	3:34.30
(31.06)	(35.71)	(36.45)	(36.87)	(37.25)	(36.96)
5:25.90	6:03.58	6:41.09	7:18.58	7:55.69	8:33.27
(37.15)	(37.68)	(37.51)	(37.49)	(37.11)	(37.58)
4:11.21	4:48.75	5:26.92	6:05.04	6:42.53	7:20.02
(36.91)	(37.54)	(38.27)	(38.00)	(37.73)	(37.46)
9:08.39	9:42.53	10:16.67	10:50.81	11:24.95	11:59.09
(35.12)	(34.14)	(34.87)	(34.60)	(34.33)	(34.06)
Eiríkur Ingi Ólafsson (12) M					
20:43.28L 348	F # 6	Men 1500 Free	IRB	2	---
35.84	1:16.50	1:57.96	2:39.89	3:21.37	4:03.32
(35.84)	(40.66)	(41.46)	(41.93)	(41.48)	(41.95)
6:08.72	6:50.49	7:32.85	8:14.49	8:56.19	9:37.68
(41.80)	(41.77)	(42.36)	(41.64)	(41.70)	(41.49)
11:42.82	12:23.90	13:05.47	13:47.78	14:30.13	15:12.53
(42.42)	(41.08)	(41.57)	(42.31)	(42.35)	(42.40)
17:18.73	18:00.65	18:41.96	19:23.71	20:04.20	20:43.28
(42.02)	(41.92)	(41.31)	(41.75)	(40.49)	(39.08)
11:00.40L 321	F # 11	Men 800 Free	IRB	---	---
Sandra Óskarsdóttir (12) W					
27:58.88L 177	F # 3	Women 1500 Free	IRB	19	---
46.57	1:40.90	2:36.43	3:30.99	4:26.61	5:22.12
(46.57)	(54.33)	(55.53)	(54.56)	(55.62)	(55.51)
8:09.83	9:04.70	10:01.89	10:58.45	11:55.02	12:51.81
(56.05)	(54.87)	(57.19)	(56.56)	(56.57)	(56.79)
15:40.26	16:37.82	17:35.33	18:33.46	19:31.47	20:28.90
(55.69)	(57.56)	(57.51)	(58.13)	(58.01)	(57.43)
23:24.36	24:22.34	25:22.06	26:19.32	27:13.68	27:58.88
(59.18)	(57.98)	(59.72)	(57.26)	(54.36)	(45.20)
7:13.78L 168	F # 8	Women 400 Free	IRB	---	---
14:44.57L 174	F # 9	Women 800 Free	IRB	---	---

Individual Meet Results

Langsundmót 50 03-des-11 [Ageup: 31.12.2011] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv		
Steinunn Rúna Ragnarsdóttir (12) W							
27:16.18L 191	F # 3	Women 1500 Free	IRB 16	---	---		
45.03	1:37.08	2:30.62	3:24.57	4:20.00	5:14.42	6:10.47	7:05.77
(45.03)	(52.05)	(53.54)	(53.95)	(55.43)	(54.42)	(56.05)	(55.30)
8:02.07	8:57.29	9:52.97	10:48.56	11:45.73	12:41.21	13:36.85	14:32.79
(56.30)	(55.22)	(55.68)	(55.59)	(57.17)	(55.48)	(55.64)	(55.94)
15:28.96	16:24.47	17:21.10	18:16.06	19:13.14	20:08.61	21:04.00	21:58.82
(56.17)	(55.51)	(56.63)	(54.96)	(57.08)	(55.47)	(55.39)	(54.82)
22:53.31	23:47.27	24:40.24	25:34.40	26:25.58	27:16.18		
(54.49)	(53.96)	(52.97)	(54.16)	(51.18)	(50.60)		
7:05.77L 177	F # 8	Women 400 Free	IRB	---	---		
14:32.79L 181	F # 9	Women 800 Free	IRB	---	---		
Hreiðar Máni Ragnarsson (12) M							
13:30.82L 173	F # 4	Men 800 Free	IRB 7	---	---		
39.90	1:28.00	2:18.99	3:09.49	4:00.90	4:50.73	5:42.36	6:35.33
(39.90)	(48.10)	(50.99)	(50.50)	(51.41)	(49.83)	(51.63)	(52.97)
7:25.67	8:16.26	9:09.72	10:01.56	10:55.24	11:49.61	12:40.28	13:30.82
(50.34)	(50.59)	(53.46)	(51.84)	(53.68)	(54.37)	(50.67)	(50.54)
6:35.33L 173	F # 10	Men 400 Free	IRB	---	---		
Magnþór Breki Ragnarsson (13) M							
11:12.64L 304	F # 4	Men 800 Free	IRB 5	---	-31.61		
37.46	1:19.09	2:01.17	2:43.11	3:24.70	4:07.28	4:49.17	5:32.13
(37.46)	(41.63)	(42.08)	(41.94)	(41.59)	(42.58)	(41.89)	(42.96)
6:15.08	6:57.12	7:40.20	8:23.28	9:05.59	9:48.79	10:31.50	11:12.64
(42.95)	(42.04)	(43.08)	(43.08)	(42.31)	(43.20)	(42.71)	(41.14)
5:32.13L 291	F # 10	Men 400 Free	IRB	---	---		
Ólafur Garðar Reynisson (10) M							
17:04.27L 86	F # 4	Men 800 Free	IRB 8	---	---		
49.66	1:49.90	2:54.02	3:57.07	5:02.62	6:06.60	7:11.01	10:27.52
(49.66)	(1:00.24)	(1:04.12)	(1:03.05)	(1:05.55)	(1:03.98)	(1:04.41)	(3:16.51)
9:22.55	12:40.63	11:36.10	14:57.15	13:48.75	---	16:01.34	17:04.27
(64.97)	(3:18.08)	(64.53)	(3:21.05)	(68.40)	---	(16:01.34)	(1:02.93)
8:16.33L 87	F # 10	Men 400 Free	IRB	---	---		
Sylwia Sienkiewicz (12) W							
11:33.07L 362	F # 5	Women 800 Free	IRB 1	---	-79.83		
36.86	1:19.67	2:03.89	2:48.02	3:32.07	4:17.11	5:01.05	5:45.27
(36.86)	(42.81)	(44.22)	(44.13)	(44.05)	(45.04)	(43.94)	(44.22)
6:29.56	7:14.11	7:58.32	8:43.27	9:26.26	10:10.23	10:53.40	11:33.07
(44.29)	(44.55)	(44.21)	(44.95)	(42.99)	(43.97)	(43.17)	(39.67)
Baldvin Sigmarsson (14) M							
2:23.23L 506	F # 2	Men 200 IM	IRB 1	---	-7.92		
30.78	1:08.75	1:50.29	2:23.23				
(30.78)	(37.97)	(41.54)	(32.94)				
1:03.83L 475	F # 7	Men 100 Fly	IRB 1	---	-0.05		
29.65	1:03.83						
(29.65)	(34.18)						
Kristófer Sigurðsson (16) M							
9:06.03L 568	F # 4	Men 800 Free	IRB 1	---	-6.91		
30.30	1:04.51	1:39.00	2:13.63	2:47.68	3:22.24	3:56.44	4:30.99
(30.30)	(34.21)	(34.49)	(34.63)	(34.05)	(34.56)	(34.20)	(34.55)
5:03.96	5:37.78	6:11.80	6:46.32	7:20.66	7:55.49	8:30.50	9:06.03
(32.97)	(33.82)	(34.02)	(34.52)	(34.34)	(34.83)	(35.01)	(35.53)

Individual Meet Results

Langsundmót 50 03-des-11 [Ageup: 31.12.2011] LC Meters - FINA Points

Location: Reykjanesbær

Time	F/P/S	Event	Place	Points	Improv
Erla Sigurjónsdóttir (16) W					
20:56.82L 422	F # 3	Women 1500 Free	IRB	5	---
34.39	1:14.09	1:56.28	2:37.95	3:20.36	4:02.62
(34.39)	(39.70)	(42.19)	(41.67)	(42.41)	(42.26)
6:07.01	6:49.21	7:31.32	8:13.98	8:56.69	9:39.34
(42.08)	(42.20)	(42.11)	(42.66)	(42.71)	(42.65)
11:47.98	12:31.25	13:14.37	13:58.13	14:40.66	15:23.70
(42.23)	(43.27)	(43.12)	(43.76)	(42.53)	(43.04)
17:30.94	18:13.94	18:55.47	19:38.62	20:18.14	20:56.82
(42.41)	(43.00)	(41.53)	(43.15)	(39.52)	(38.68)
Stefanía Sigurbórsdóttir (10) W					
23:15.41L 308	F # 3	Women 1500 Free	IRB	9	---
39.44	1:23.80	2:09.44	2:54.94	3:41.07	4:27.56
(39.44)	(44.36)	(45.64)	(45.50)	(46.13)	(46.49)
6:49.04	7:35.86	8:23.00	9:08.87	9:55.11	10:42.02
(46.96)	(46.82)	(47.14)	(45.87)	(46.24)	(46.91)
13:05.23	13:53.72	14:41.47	15:29.43	16:17.57	17:05.89
(48.02)	(48.49)	(47.75)	(47.96)	(48.14)	(48.32)
19:30.66	20:17.82	21:02.55	21:48.12	22:32.79	23:15.41
(48.38)	(47.16)	(44.73)	(45.57)	(44.67)	(42.62)
6:03.30L 285	F # 8	Women 400 Free	IRB	---	---
12:14.04L 305	F # 9	Women 800 Free	IRB	---	---
Svanfríður Steingrimsdóttir (12) W					
23:04.17L 316	F # 3	Women 1500 Free	IRB	8	---
40.96	1:26.10	2:11.53	2:57.33	3:44.06	4:30.20
(40.96)	(45.14)	(45.43)	(45.80)	(46.73)	(46.14)
6:50.61	7:36.62	8:22.95	9:08.91	9:54.96	10:41.33
(47.31)	(46.01)	(46.33)	(45.96)	(46.05)	(46.37)
13:01.49	13:48.47	14:35.49	15:22.53	16:10.02	16:57.53
(47.45)	(46.98)	(47.02)	(47.04)	(47.49)	(47.51)
19:18.70	20:05.47	20:51.07	21:36.44	22:20.85	23:04.17
(46.71)	(46.77)	(45.60)	(45.37)	(44.41)	(43.32)
Tristan Þór K Wium (9) M					
28:30.51L 134	F # 6	Men 1500 Free	IRB	6	---
44.76	---	2:33.87	3:30.12	4:24.90	5:21.52
(44.76)	---	(2:33.87)	(56.25)	(54.78)	(56.62)
8:11.23	9:07.49	10:05.56	11:00.13	---	12:56.02
(56.91)	(56.26)	(58.07)	(54.57)	---	(12:56.02)
15:48.72	16:46.53	17:44.87	18:42.31	19:41.00	20:42.33
(58.04)	(57.81)	(58.34)	(57.44)	(58.69)	(1:01.33)
23:44.18	24:44.73	25:45.44	26:47.47	27:39.60	28:30.51
(1:01.09)	(1:00.55)	(1:00.71)	(1:02.03)	(52.13)	(50.91)
7:14.32L 130	F # 10	Men 400 Free	IRB	---	---
14:50.68L 131	F # 11	Men 800 Free	IRB	---	---