

Individual Meet Results

Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv	
Gunnar Örn Arnarson (19) M						
1:01.84S 553	P # 6	Men 100 IM	IRB	8	---	0.64
	28.93	1:01.84				
	(28.93)	(32.91)				
2:22.05S 613	F # 12	Men 200 Breast	IRB	4	---	-0.70
	31.73	1:07.37 1:43.92				
	(31.73)	(35.64) (36.55)				(38.13)
1:06.13S 595	F # 22	Men 100 Breast	IRB	2	---	0.15
	31.26	1:06.13				
	(31.26)	(34.87)				
2:10.25S 628	F # 32	Men 200 IM	IRB	3	---	0.04
	28.63	1:02.52 1:38.39				
	(28.63)	(33.89) (35.87)				(31.86)
31.29S 525	F # 34	Men 50 Breast	IRB	6	---	0.05
2:12.73S 511	P # 40	Men 200 Back	IRB	5	---	0.38
	30.59	1:03.99 1:37.95				
	(30.59)	(33.40) (33.96)				(34.78)
58.21S 460	F # 42	400 Free Relay Lead Off	IRB	---	---	1.53
	27.64					
	(27.64)					
Jóna Helena Bjarnadóttir (19) W						
9:13.96S 669	F # 1	Women 800 Free	IRB	2	---	0.90
	31.15	1:04.98 1:39.53				
	(31.15)	(33.83) (34.55)				(34.89)
	5:08.73	5:43.88 6:18.94				
	(35.12)	(35.15) (35.06)				(34.86)
2:23.93S 591	F # 9	Women 200 Fly	IRB	4	---	1.66
	32.24	1:08.35 1:45.21				
	(32.24)	(36.11) (36.86)				(38.72)
4:54.56S 696	F # 17	Women 400 IM	IRB	2	---	-0.96
	32.06	1:08.07 1:46.13				
	(32.06)	(36.01) (38.06)				(37.63)
	3:05.83	3:48.97 4:22.25				
	(42.07)	(43.14) (33.28)				(32.31)
1:15.23S 579	F # 21	Women 100 Breast	IRB	3	---	-1.90
	35.91	1:15.23				
	(35.91)	(39.32)				
2:21.05S 689	F # 31	Women 200 IM	IRB	2	---	-1.87
	31.82	1:07.33 1:48.93				
	(31.82)	(35.51) (41.60)				(32.12)
4:25.13S 696	F # 35	Women 400 Free	IRB	4	---	-3.91
	31.39	1:04.76 1:38.59				
	(31.39)	(33.37) (33.83)				(33.54)
	2:45.69	3:19.60 3:52.92				
	(33.56)	(33.91) (33.32)				(32.21)
2:24.75S 572	P # 39	Women 200 Back	IRB	4	---	2.37
	34.69	1:10.77 1:47.70				
	(34.69)	(36.08) (36.93)				(37.05)

Individual Meet Results

Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv	
Þróstur Bjarnason (14) M						
16:58.77S	581	F # 2 Men 1500 Free	IRB	11	---	-47.54
		30.30 1:03.60 1:37.60 2:11.76 2:45.81 3:20.24 3:54.91 4:29.28				
		(30.30) (33.30) (34.00) (34.16) (34.05) (34.43) (34.67) (34.37)				
		5:03.59 5:37.56 6:11.73 6:45.95 7:20.22 7:54.60 8:28.89 9:03.07				
		(34.31) (33.97) (34.17) (34.22) (34.27) (34.38) (34.29) (34.18)				
		9:37.50 10:11.90 10:45.90 11:19.80 11:54.02 12:28.22 13:02.33 13:36.14				
		(34.43) (34.40) (34.00) (33.90) (34.22) (34.20) (34.11) (33.81)				
		14:10.26 14:44.18 15:18.26 15:52.34 16:26.17 16:58.77				
		(34.12) (33.92) (34.08) (34.08) (33.83) (32.60)				
2:29.70S	387	P # 10 Men 200 Fly	IRB	14	---	-3.02
		31.64 1:09.49 1:49.15 2:29.70				
		(31.64) (37.85) (39.66) (40.55)				
33.25S	314	P # 14 Men 50 Back	IRB	26	---	-0.81
5:07.07S	461	P # 18 Men 400 IM	IRB	11	---	-29.58
		31.83 1:09.38 1:48.77 2:26.90 3:12.53 3:58.75 4:33.66 5:07.07				
		(31.83) (37.55) (39.39) (38.13) (45.63) (46.22) (34.91) (33.41)				
2:08.46S	463	P # 26 Men 200 Free	IRB	22	---	-2.06
		30.05 1:02.88 1:36.12 2:08.46				
		(30.05) (32.83) (33.24) (32.34)				
4:26.80S	507	F # 36 Men 400 Free	IRB	17	---	-7.68
		29.96 1:03.33 1:37.45 2:11.38 2:45.64 3:20.12 3:53.96 4:26.80				
		(29.96) (33.37) (34.12) (33.93) (34.26) (34.48) (33.84) (32.84)				
2:26.54S	380	P # 40 Men 200 Back	IRB	15	---	-6.20
		35.10 1:12.98 1:49.82 2:26.54				
		(35.10) (37.88) (36.84) (36.72)				
9:03.07S	544	F # 43 Mixed 800 Free	IRB	---	---	-24.35
Berglind Björgvinsdóttir (14) W						
1:13.61S	483	P # 5 Women 100 IM	IRB	16	---	-0.88
		34.92 1:13.61				
		(34.92) (38.69)				
2:46.49S	528	F # 11 Women 200 Breast	IRB	5	---	-2.86
		38.21 1:20.37 2:03.32 2:46.49				
		(38.21) (42.16) (42.95) (43.17)				
5:27.84S	505	P # 17 Women 400 IM	IRB	10	---	-13.07
		35.02 1:15.47 1:58.46 2:40.31 3:24.64 4:09.74 4:49.69 5:27.84				
		(35.02) (40.45) (42.99) (41.85) (44.33) (45.10) (39.95) (38.15)				
1:20.38S	475	P # 21 Women 100 Breast	IRB	9	---	-0.09
		38.53 1:20.38				
		(38.53) (41.85)				
2:34.21S	527	F # 31 Women 200 IM	IRB	7	---	-5.51
		34.58 1:15.15 1:58.72 2:34.21				
		(34.58) (40.57) (43.57) (35.49)				
37.80S	442	P # 33 Women 50 Breast	IRB	13	---	-0.38
1:14.27S	407	P # 37 Women 100 Fly	IRB	16	---	0.91
		34.86 1:14.27				
		(34.86) (39.41)				

Individual Meet Results

Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv
Ólöf Edda Eðvarðsdóttir (14) W					
2:10.56S 617	F # 3	800 Free Relay Lead Off	IRB	---	-3.74
	29.90	1:02.86 1:37.10			
	(29.90)	(32.96) (34.24)			
1:07.68S 621	P # 5	Women 100 IM	IRB	6	---
	31.66	1:07.68			
	(31.66)	(36.02)			
2:23.24S 600	P # 9	Women 200 Fly	IRB	2	---
	31.22	1:07.83 1:45.19 2:23.24			
	(31.22)	(36.61) (37.36) (38.05)			
2:37.75S 621	F # 11	Women 200 Breast	IRB	2	---
	36.04	1:15.92 1:56.87 2:37.75			
	(36.04)	(39.88) (40.95) (40.88)			
5:00.57S 655	F # 17	Women 400 IM	IRB	3	---
	31.49	1:07.90 1:46.26 2:23.56 3:06.31 3:49.61 4:25.72 5:00.57			
	(31.49)	(36.41) (38.36) (37.30) (42.75) (43.30) (36.11) (34.85)			
1:15.11S 582	F # 21	Women 100 Breast	IRB	2	---
	35.86	1:15.11			
	(35.86)	(39.25)			
30.80S 496	P # 23	Women 50 Fly	IRB	9	---
2:25.10S 633	P # 31	Women 200 IM	IRB	4	---
	31.74	1:09.26 1:51.41 2:25.10			
	(31.74)	(37.52) (42.15) (33.69)			
35.23S 546	F # 33	Women 50 Breast	IRB	5	---
1:06.75S 561	P # 37	Women 100 Fly	IRB	5	---
	31.33	1:06.75			
	(31.33)	(35.42)			
1:03.39S 521	P # 41	400 Free Relay Lead Off	IRB	---	1.08
	30.50				
	(30.50)				

Individual Meet Results

Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv	
Birta María Falsdóttir (13) W						
9:39.09S	586	F # 1 Women 800 Free	IRB	8	---	-11.08
		33.38 1:09.42 1:45.69 2:22.33 2:59.06 3:35.98 4:12.75 4:49.33				
		(33.38) (36.04) (36.27) (36.64) (36.73) (36.92) (36.77) (36.58)				
		5:25.52 6:02.10 6:38.87 7:15.40 7:52.08 8:28.49 9:04.21 9:39.09				
		(36.19) (36.58) (36.77) (36.53) (36.68) (36.41) (35.72) (34.88)				
2:37.02S	455	P # 9 Women 200 Fly	IRB	10	---	-2.73
		35.40 1:15.51 1:55.68 2:37.02				
		(35.40) (40.11) (40.17) (41.34)				
5:29.12S	499	F # 17 Women 400 IM	IRB	8	---	-3.45
		35.08 1:15.04 1:58.10 2:39.41 3:28.11 4:16.94 4:53.70 5:29.12				
		(35.08) (39.96) (43.06) (41.31) (48.70) (48.83) (36.76) (35.42)				
2:22.17S	478	P # 25 Women 200 Free	IRB	21	---	0.93
		33.41 1:09.60 1:45.98 2:22.17				
		(33.41) (36.19) (36.38) (36.19)				
2:43.64S	441	P # 31 Women 200 IM	IRB	15	---	2.77
		35.39 1:18.30 2:07.83 2:43.64				
		(35.39) (42.91) (49.53) (35.81)				
4:49.84S	532	F # 35 Women 400 Free	IRB	13	---	-2.01
		32.98 1:08.98 1:45.38 2:22.41 2:59.62 3:36.51 4:13.36 4:49.84				
		(32.98) (36.00) (36.40) (37.03) (37.21) (36.89) (36.85) (36.48)				
1:15.31S	391	P # 37 Women 100 Fly	IRB	19	---	0.41
		35.52 1:15.31				
		(35.52) (39.79)				
Sunneva Dögg Friðriksdóttir (12) W						
10:08.96S	504	F # 1 Women 800 Free	IRB	16	---	-8.67
		34.09 1:12.49 1:51.21 2:29.87 3:08.48 3:46.43 4:25.45 5:04.37				
		(34.09) (38.40) (38.72) (38.66) (38.61) (37.95) (39.02) (38.92)				
		5:42.62 6:20.87 6:59.75 7:38.15 8:15.84 8:54.45 9:32.53 10:08.96				
		(38.25) (38.25) (38.88) (38.40) (37.69) (38.61) (38.08) (36.43)				
2:48.18S	DQ	P # 9 Women 200 Fly	IRB	---	---	---
		36.69 1:19.99 2:04.61 2:48.18				
		(36.69) (43.30) (44.62) (43.57)				
31.25S	412	F # 15 200 Free Relay Lead Off	IRB	---	---	-0.42
5:38.41S	459	P # 17 Women 400 IM	IRB	12	---	-14.93
		38.00 1:21.11 2:03.48 2:45.84 3:34.41 4:23.37 5:01.73 5:38.41				
		(38.00) (43.11) (42.37) (42.36) (48.57) (48.96) (38.36) (36.68)				
2:20.78S	492	P # 25 Women 200 Free	IRB	17	---	-2.39
		32.67 1:08.42 1:44.75 2:20.78				
		(32.67) (35.75) (36.33) (36.03)				
4:57.62S	492	F # 35 Women 400 Free	IRB	19	---	-4.43
		34.02 1:11.30 1:49.27 2:27.33 3:04.95 3:42.77 4:21.15 4:57.62				
		(34.02) (37.28) (37.97) (38.06) (37.62) (37.82) (38.38) (36.47)				

Individual Meet Results
Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points
Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv
Alexander Páll Friðriksson (15) M					
1:08.55S 406	P # 6	Men 100 IM	IRB	22	---
	31.78	1:08.55			-3.42
	(31.78)	(36.77)			
30.94S 390	P # 14	Men 50 Back	IRB	16	---
1:03.96S 448	P # 20	Men 100 Back	IRB	9	---
	31.79	1:03.96			-4.50
	(31.79)	(32.17)			
2:13.31S 504	P # 40	Men 200 Back	IRB	6	---
	32.43	1:05.37	1:39.60	2:13.31	-5.86
	(32.43)	(32.94)	(34.23)	(33.71)	
Hólmfríður Rún Guðmundsdóttir (15) W					
1:14.20S 471	P # 5	Women 100 IM	IRB	21	---
	32.92	1:14.20			-1.07
	(32.92)	(41.28)			
33.14S 466	P # 13	Women 50 Back	IRB	11	---
1:11.46S 462	P # 19	Women 100 Back	IRB	10	---
	33.87	1:11.46			1.12
	(33.87)	(37.59)			
2:32.21S 492	P # 39	Women 200 Back	IRB	8	---
	35.17	1:13.21	1:52.39	2:32.21	3.88
	(35.17)	(38.04)	(39.18)	(39.82)	

Individual Meet Results

Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv
Jón Ágúst Guðmundsson (16) M					
16:29.43S 634	F # 2	Men 1500 Free	IRB 5	---	-26.48
	28.35	1:00.36 1:32.76 2:05.28	2:37.94 3:10.77 3:43.75 4:16.88		
	(28.35)	(32.01) (32.40) (32.52)	(32.66) (32.83) (32.98) (33.13)		
	4:49.95	5:22.84 5:56.51 6:29.42	7:02.55 7:36.10 8:09.38 8:42.82		
	(33.07)	(32.89) (33.67) (32.91)	(33.13) (33.55) (33.28) (33.44)		
	9:16.56	9:50.35 10:23.84 10:57.64	11:31.34 12:05.14 12:38.87 13:12.24		
	(33.74)	(33.79) (33.49) (33.80)	(33.70) (33.80) (33.73) (33.37)		
	13:45.21	14:18.42 14:52.26 15:25.62	15:58.40 16:29.43		
	(32.97)	(33.21) (33.84) (33.36)	(32.78) (31.03)		
57.50S 477	P # 8	Men 100 Free	IRB 25	---	-0.20
	27.41	57.50			
	(27.41)	(30.09)			
2:35.30S 469	P # 12	Men 200 Breast	IRB 9	---	-2.93
	35.15	1:14.71 1:54.85 2:35.30			
	(35.15)	(39.56) (40.14) (40.45)			
26.41S 454	P # 16	200 Free Relay Lead Off	IRB ---	---	-0.43
4:43.69S 585	F # 18	Men 400 IM	IRB 3	---	-7.82
	30.97	1:07.69 1:44.68 2:20.85	3:01.42 3:42.38 4:13.50 4:43.69		
	(30.97)	(36.72) (36.99) (36.17)	(40.57) (40.96) (31.12) (30.19)		
1:15.47S 400	P # 22	Men 100 Breast	IRB 13	---	1.80
	35.74	1:15.47			
	(35.74)	(39.73)			
2:05.03S 502	P # 26	Men 200 Free	IRB 16	---	2.76
	28.19	1:00.02 1:32.93 2:05.03			
	(28.19)	(31.83) (32.91) (32.10)			
4:14.83S 582	F # 36	Men 400 Free	IRB 9	---	-4.86
	27.82	59.44 1:31.63 2:04.19	2:36.98 3:10.07 3:43.07 4:14.83		
	(27.82)	(31.62) (32.19) (32.56)	(32.79) (33.09) (33.00) (31.76)		
2:19.99S 435	P # 40	Men 200 Back	IRB 9	---	-1.42
	32.00	1:07.44 1:43.93 2:19.99			
	(32.00)	(35.44) (36.49) (36.06)			
8:42.82S 610	F # 43	Mixed 800 Free	IRB ---	---	-17.51
Sóley Ósk Hafsteinsdóttir (15) W					
1:18.85S 393	P # 5	Women 100 IM	IRB 35	---	-0.28
	37.23	1:18.85			
	(37.23)	(41.62)			
2:50.55S 355	P # 9	Women 200 Fly	IRB 16	---	-2.90
	35.63	1:17.39 2:04.64 2:50.55			
	(35.63)	(41.76) (47.25) (45.91)			
34.44S 355	P # 23	Women 50 Fly	IRB 23	---	0.53
1:16.41S 374	P # 37	Women 100 Fly	IRB 21	---	-0.23
	35.01	1:16.41			
	(35.01)	(41.40)			

Individual Meet Results

Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv
Íris Ósk Hilmarsdóttir (13) W					
1:16.13S 436	P # 5	Women 100 IM	IRB	25	---
	35.06	1:16.13			
	(35.06)	(41.07)			
3:05.94S 379	P # 11	Women 200 Breast	IRB	16	---
	42.78	1:31.02 2:18.96 3:05.94			
	(42.78)	(48.24) (47.94) (46.98)			
32.74S 484	F # 13	Women 50 Back	IRB	8	---
5:38.74S 458	P # 17	Women 400 IM	IRB	13	---
	36.82	1:21.38 2:03.53 2:43.97 3:34.25 4:25.21 5:03.68 5:38.74			
	(36.82)	(44.56) (42.15) (40.44) (50.28) (50.96) (38.47) (35.06)			
1:08.99S 513	F # 19	Women 100 Back	IRB	6	---
	34.19	1:08.99			
	(34.19)	(34.80)			
4:56.62S 497	F # 35	Women 400 Free	IRB	18	---
	33.62	1:11.70 1:49.55 2:27.59 3:05.97 3:43.80 4:21.57 4:56.62			
	(33.62)	(38.08) (37.85) (38.04) (38.38) (37.83) (37.77) (35.05)			
2:28.46S 530	F # 39	Women 200 Back	IRB	5	---
	35.56	1:13.53 1:51.70 2:28.46			
	(35.56)	(37.97) (38.17) (36.76)			
Björgvin Theodór Hilmarsson (13) M					
20:10.15S 347	F # 2	Men 1500 Free	IRB	20	---
	34.81	1:13.61 1:53.20 2:33.18 3:12.49 3:52.45 4:32.17 5:12.51			
	(34.81)	(38.80) (39.59) (39.98) (39.31) (39.96) (39.72) (40.34)			
	5:53.24	6:33.89 7:14.61 7:55.43 8:35.69 9:16.25 9:57.19 10:38.53			
	(40.73)	(40.65) (40.72) (40.82) (40.26) (40.56) (40.94) (41.34)			
	11:20.25	12:01.12 12:42.06 13:23.35 14:04.82 14:46.53 15:27.93 16:08.57			
	(41.72)	(40.87) (40.94) (41.29) (41.47) (41.71) (41.40) (40.64)			
	16:50.20	17:31.81 18:12.42 18:52.99 19:32.34 20:10.15			
	(41.63)	(41.61) (40.61) (40.57) (39.35) (37.81)			
10:38.53S 335	F # 43	Mixed 800 Free	IRB	---	---
					6.68

Individual Meet Results

Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv
Einar Þór Ívarsson (15) M					
16:40.12S 614	F # 2	Men 1500 Free	IRB 7	---	-9.68
		30.22 1:02.74 1:35.37 2:08.01 2:40.95 3:13.35 3:46.29 4:19.17			
		(30.22) (32.52) (32.63) (32.64) (32.94) (32.40) (32.94) (32.88)			
		4:52.20 5:25.24 5:58.32 6:32.01 7:04.94 7:38.44 8:12.06 8:45.54			
		(33.03) (33.04) (33.08) (33.69) (32.93) (33.50) (33.62) (33.48)			
		9:19.48 9:53.27 10:26.89 11:00.70 11:34.63 12:08.55 12:42.38 13:15.93			
		(33.94) (33.79) (33.62) (33.81) (33.93) (33.92) (33.83) (33.55)			
		13:50.30 14:24.76 14:58.55 15:33.05 16:06.93 16:40.12			
		(34.37) (34.46) (33.79) (34.50) (33.88) (33.19)			
2:07.61S 472	F # 4	800 Free Relay Lead Off	IRB ---	---	4.04
		29.80 1:02.46 1:35.56			
		(29.80) (32.66) (33.10)			
2:20.14S 472	P # 10	Men 200 Fly	IRB 10	---	0.73
		31.07 1:06.16 1:42.79 2:20.14			
		(31.07) (35.09) (36.63) (37.35)			
2:34.27S 479	P # 12	Men 200 Breast	IRB 8	---	-1.21
		35.09 1:14.97 1:54.44 2:34.27			
		(35.09) (39.88) (39.47) (39.83)			
4:51.39S 540	F # 18	Men 400 IM	IRB 7	---	0.25
		30.65 1:06.56 1:44.62 2:22.15 3:02.80 3:45.07 4:18.81 4:51.39			
		(30.65) (35.91) (38.06) (37.53) (40.65) (42.27) (33.74) (32.58)			
1:14.62S 414	P # 22	Men 100 Breast	IRB 10	---	0.23
		35.15 1:14.62			
		(35.15) (39.47)			
29.94S 386	P # 24	Men 50 Fly	IRB 19	---	-0.90
2:19.53S 511	P # 32	Men 200 IM	IRB 15	---	-1.24
		30.38 1:07.07 1:47.66 2:19.53			
		(30.38) (36.69) (40.59) (31.87)			
4:15.43S 578	F # 36	Men 400 Free	IRB 10	---	-6.36
		29.90 1:01.91 1:34.82 2:07.36 2:40.07 3:12.26 3:44.41 4:15.43			
		(29.90) (32.01) (32.91) (32.54) (32.71) (32.19) (32.15) (31.02)			
1:04.79S 419	P # 38	Men 100 Fly	IRB 13	---	1.05
		30.10 1:04.79			
		(30.10) (34.69)			
8:45.54S 601	F # 43	Mixed 800 Free	IRB ---	---	-7.08
Guðrún Eir Jónsdóttir (13) W					
5:54.06S 401	P # 17	Women 400 IM	IRB 20	---	-3.88
		38.23 1:24.36 2:08.89 2:53.17 3:44.40 4:34.60 5:15.15 5:54.06			
		(38.23) (46.13) (44.53) (44.28) (51.23) (50.20) (40.55) (38.91)			
2:45.42S 383	P # 39	Women 200 Back	IRB 23	---	-1.22
		38.69 1:20.66 2:03.28 2:45.42			
		(38.69) (41.97) (42.62) (42.14)			
Ingunn Eva Júlíusdóttir (12) W					
3:07.25S 371	P # 11	Women 200 Breast	IRB 18	---	1.39
		41.87 1:28.94 2:18.41 3:07.25			
		(41.87) (47.07) (49.47) (48.84)			
38.26S 427	P # 33	Women 50 Breast	IRB 14	---	-1.38

Individual Meet Results

Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv	
Jóhanna Júlía Júlíusdóttir (15) W						
1:07.25S 633	P # 5	Women 100 IM	IRB	5	---	-0.74
	31.32	1:07.25				
	(31.32)	(35.93)				
2:18.68S 661	F # 9	Women 200 Fly	IRB	3	---	-0.95
	31.46	1:06.75 1:42.80 2:18.68				
	(31.46)	(35.29) (36.05) (35.88)				
2:41.85S 575	P # 11	Women 200 Breast	IRB	2	---	2.86
	37.16	1:18.06 1:59.73 2:41.85				
	(37.16)	(40.90) (41.67) (42.12)				
29.32S 499	P # 15	200 Free Relay Lead Off	IRB	---	---	1.05
1:05.90S 589	P # 19	Women 100 Back	IRB	3	---	-0.98
	31.83	1:05.90				
	(31.83)	(34.07)				
1:15.91S 564	P # 21	Women 100 Breast	IRB	2	---	0.78
	36.37	1:15.91				
	(36.37)	(39.54)				
29.57S 560	P # 23	Women 50 Fly	IRB	5	---	-0.67
31.47S 545	P # 27	200 Medley Relay Lead Off	IRB	---	---	0.29
2:20.29S 701	F # 31	Women 200 IM	IRB	1	---	-2.84
	30.96	1:06.29 1:48.19 2:20.29				
	(30.96)	(35.33) (41.90) (32.10)				
1:04.64S 618	F # 37	Women 100 Fly	IRB	3	---	-0.33
	30.62	1:04.64				
	(30.62)	(34.02)				
2:20.71S 623	F # 39	Women 200 Back	IRB	3	---	-2.45
	33.56	1:09.00 1:44.99 2:20.71				
	(33.56)	(35.44) (35.99) (35.72)				
Sveinn Ólafur Lúðvíksson (15) M						
1:09.03S 398	P # 6	Men 100 IM	IRB	23	---	-0.71
	31.16	1:09.03				
	(31.16)	(37.87)				
1:00.24S 415	P # 8	Men 100 Free	IRB	36	---	0.39
	28.25	1:00.24				
	(28.25)	(31.99)				
2:35.72S 344	P # 10	Men 200 Fly	IRB	17	---	2.50
	33.37	1:12.36 1:54.68 2:35.72				
	(33.37)	(38.99) (42.32) (41.04)				
31.98S 353	P # 14	Men 50 Back	IRB	19	---	-0.09
1:07.02S 389	P # 20	Men 100 Back	IRB	12	---	-2.52
	32.37	1:07.02				
	(32.37)	(34.65)				
2:10.38S 443	P # 26	Men 200 Free	IRB	24	---	-0.01
	29.35	1:02.83 1:37.31 2:10.38				
	(29.35)	(33.48) (34.48) (33.07)				
4:29.86S 490	F # 36	Men 400 Free	IRB	13	---	-1.68
	30.68	1:04.32 1:39.50 2:14.38 2:49.54 3:24.39 3:58.14 4:29.86				
	(30.68)	(33.64) (35.18) (34.88) (35.16) (34.85) (33.75) (31.72)				
2:21.38S 423	P # 40	Men 200 Back	IRB	11	---	-5.78
	33.28	1:09.28 1:45.97 2:21.38				
	(33.28)	(36.00) (36.69) (35.41)				

Individual Meet Results

Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv	
Stefán Örn Ólafsson (15) M						
1:08.24S 412	P # 6	Men 100 IM	IRB	21	---	0.04
	32.25	1:08.24				
	(32.25)	(35.99)				
58.94S 443	P # 8	Men 100 Free	IRB	33	---	-0.58
	28.57	58.94				
	(28.57)	(30.37)				
2:43.50S 402	P # 12	Men 200 Breast	IRB	13	---	4.63
	35.29	1:16.83 2:00.22				
	(35.29)	(41.54) (43.39)				(43.28)
1:15.21S 404	P # 22	Men 100 Breast	IRB	11	---	-0.53
	34.66	1:15.21				
	(34.66)	(40.55)				
2:07.91S 469	P # 26	Men 200 Free	IRB	20	---	-2.31
	28.92	1:00.89 1:34.82				
	(28.92)	(31.97) (33.93)				(33.09)
34.19S 403	P # 34	Men 50 Breast	IRB	13	---	-0.34
4:27.23S 505	F # 36	Men 400 Free	IRB	18	---	-7.96
	29.84	1:03.22 1:37.43				
	(29.84)	(33.38) (34.21)				(34.27)
				2:45.96	3:20.42	3:54.22
				(34.26)	(34.46)	(33.80)
						4:27.23
						(33.01)
Sylwia Sienkiewicz (12) W						
5:55.36S 396	P # 17	Women 400 IM	IRB	21	---	-8.85
	37.67	1:22.58 2:10.24				
	(37.67)	(44.91) (47.66)				(45.88)
				3:44.55	4:34.42	5:16.85
				(48.43)	(49.87)	(42.43)
						5:55.36
						(38.51)
Baldvin Sigmarsson (14) M						
1:03.33S 515	P # 6	Men 100 IM	IRB	10	---	-2.59
	29.68	1:03.33				
	(29.68)	(33.65)				
2:13.08S 551	P # 10	Men 200 Fly	IRB	3	---	-9.77
	29.39	1:03.13 1:37.99				
	(29.39)	(33.74) (34.86)				(35.09)
2:29.57S 525	F # 12	Men 200 Breast	IRB	7	---	-6.95
	34.12	1:12.34 1:51.11				
	(34.12)	(38.22) (38.77)				(38.46)
4:41.69S 598	F # 18	Men 400 IM	IRB	2	---	-18.78
	29.55	1:05.01 1:41.70				
	(29.55)	(35.46) (36.69)				(36.17)
				2:57.98	3:38.84	4:10.78
				(40.11)	(40.86)	(31.94)
						4:41.69
						(30.91)
1:09.46S 513	F # 22	Men 100 Breast	IRB	7	---	-3.67
	33.14	1:09.46				
	(33.14)	(36.32)				
28.09S 467	P # 24	Men 50 Fly	IRB	12	---	-0.86
2:17.14S 538	P # 32	Men 200 IM	IRB	13	---	-2.10
	29.36	1:05.30 1:45.56				
	(29.36)	(35.94) (40.26)				(31.58)
32.63S 463	P # 34	Men 50 Breast	IRB	10	---	-0.06
1:01.64S 487	P # 38	Men 100 Fly	IRB	10	---	-2.70
	28.96	1:01.64				
	(28.96)	(32.68)				

Individual Meet Results

Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points

Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv
Kristófer Sigurðsson (16) M					
16:46.63S 602	F # 2	Men 1500 Free	IRB 9	---	-0.89
	29.14	1:01.69 1:34.90 2:07.98	2:40.73 3:13.77 3:47.00	4:20.28	
	(29.14)	(32.55) (33.21) (33.08)	(32.75) (33.04) (33.23)	(33.28)	
	4:53.34	5:26.64 5:59.93 6:32.69	7:06.43 7:39.77 8:13.46	8:47.16	
	(33.06)	(33.30) (33.29) (32.76)	(33.74) (33.34) (33.69)	(33.70)	
	9:20.90	9:54.84 10:28.81 11:03.45	11:37.72 12:12.09 12:46.53	13:21.27	
	(33.74)	(33.94) (33.97) (34.64)	(34.27) (34.37) (34.44)	(34.74)	
	13:56.09	14:30.33 15:04.89 15:39.55	16:13.68 16:46.63		
	(34.82)	(34.24) (34.56) (34.66)	(34.13) (32.95)		
54.49S 561	P # 8	Men 100 Free	IRB 11	---	-0.53
	26.10	54.49			
	(26.10)	(28.39)			
30.15S 422	P # 14	Men 50 Back	IRB 14	---	-0.18
1:03.80S 451	P # 20	Men 100 Back	IRB 8	---	-0.34
	31.27	1:03.80			
	(31.27)	(32.53)			
1:58.87S 584	F # 26	Men 200 Free	IRB 6	---	-1.16
	27.03	57.40 1:27.86 1:58.87			
	(27.03)	(30.37) (30.46) (31.01)			
25.60S 499	P # 30	Men 50 Free	IRB 12	---	-0.21
2:18.30S 525	P # 32	Men 200 IM	IRB 14	---	-2.06
	30.53	1:05.05 1:46.56 2:18.30			
	(30.53)	(34.52) (41.51) (31.74)			
4:10.80S 611	F # 36	Men 400 Free	IRB 5	---	-5.31
	28.81	1:00.59 1:32.04 2:03.79	2:35.14 3:07.02 3:38.84	4:10.80	
	(28.81)	(31.78) (31.45) (31.75)	(31.35) (31.88) (31.82)	(31.96)	
2:16.62S 469	F # 40	Men 200 Back	IRB 6	---	-2.01
	31.45	1:05.40 1:40.63 2:16.62			
	(31.45)	(33.95) (35.23) (35.99)			
8:47.16S 595	F # 43	Mixed 800 Free	IRB ---	---	-5.16
Erla Sigurjónsdóttir (16) W					
1:13.12S 492	P # 5	Women 100 IM	IRB 15	---	0.02
	33.32	1:13.12			
	(33.32)	(39.80)			
1:05.27S 477	P # 7	Women 100 Free	IRB 26	---	2.93
	30.95	1:05.27			
	(30.95)	(34.32)			
30.66S 503	P # 23	Women 50 Fly	IRB 7	---	0.42
29.55S 487	P # 29	Women 50 Free	IRB 18	---	0.71
1:09.47S 498	F # 37	Women 100 Fly	IRB 5	---	2.70
	31.80	1:09.47			
	(31.80)	(37.67)			
Svanfríður Steingrimsdóttir (12) W					
2:57.79S 434	P # 11	Women 200 Breast	IRB 10	---	-5.41
	41.66	1:26.77 2:12.55 2:57.79			
	(41.66)	(45.11) (45.78) (45.24)			
1:24.62S 407	P # 21	Women 100 Breast	IRB 15	---	-1.81
	40.45	1:24.62			
	(40.45)	(44.17)			
39.62S 384	P # 33	Women 50 Breast	IRB 18	---	-0.03

Individual Meet Results
Islandsmeistaramót 25m 2011 10-nóv-11 to 13-nóv-11 [Ageup: 31.12.2011] SC Meters - FINA Points
Location: Laugardalslaug

Time	F/P/S	Event	Place	Points	Improv	
Helga Kristín Sverrisdóttir (17) W						
1:11.17S 368	P # 7	Women 100 Free	IRB	35	---	4.70
	33.91	1:11.17				
	(33.91)	(37.26)				
1:21.59S 310	P # 19	Women 100 Back	IRB	30	---	3.24
	39.72	1:21.59				
	(39.72)	(41.87)				
2:34.61S 372	P # 25	Women 200 Free	IRB	32	---	15.49
	34.99	1:14.14 1:54.44 2:34.61				
	(34.99)	(39.15) (40.30) (40.17)				
2:51.16S 346	P # 39	Women 200 Back	IRB	29	---	12.81
	39.75	1:22.03 2:06.44 2:51.16				
	(39.75)	(42.28) (44.41) (44.72)				
Aleksandra Wasilewska (15) W						
9:26.81S 625	F # 1	Women 800 Free	IRB	4	---	-4.82
	32.30	1:07.25 1:42.31 2:17.74 2:53.35 3:28.90 4:04.29 4:40.13				
	(32.30)	(34.95) (35.06) (35.43) (35.61) (35.55) (35.39) (35.84)				
	5:16.12	5:52.24 6:28.15 7:03.91 7:39.83 8:16.12 8:52.21 9:26.81				
	(35.99)	(36.12) (35.91) (35.76) (35.92) (36.29) (36.09) (34.60)				
2:32.46S 497	F # 9	Women 200 Fly	IRB	7	---	1.56
	33.46	1:12.06 1:51.84 2:32.46				
	(33.46)	(38.60) (39.78) (40.62)				
5:14.83S 570	F # 17	Women 400 IM	IRB	5	---	-3.36
	33.81	1:11.85 1:52.41 2:31.86 3:18.02 4:03.81 4:40.00 5:14.83				
	(33.81)	(38.04) (40.56) (39.45) (46.16) (45.79) (36.19) (34.83)				
2:16.95S 535	P # 25	Women 200 Free	IRB	14	---	-2.28
	32.00	1:06.95 1:42.33 2:16.95				
	(32.00)	(34.95) (35.38) (34.62)				
2:33.96S 530	P # 31	Women 200 IM	IRB	9	---	-1.61
	33.57	1:12.51 1:58.78 2:33.96				
	(33.57)	(38.94) (46.27) (35.18)				
4:41.07S 584	F # 35	Women 400 Free	IRB	8	---	-1.01
	32.33	1:07.65 1:43.65 2:19.65 2:55.62 3:31.11 4:06.46 4:41.07				
	(32.33)	(35.32) (36.00) (36.00) (35.97) (35.49) (35.35) (34.61)				
1:11.66S 453	P # 37	Women 100 Fly	IRB	10	---	0.63
	33.65	1:11.66				
	(33.65)	(38.01)				
1:04.57S 493	F # 41	400 Free Relay Lead Off	IRB	---	---	-2.58
	31.39					
	(31.39)					